



REPUBLIC OF THE PHILIPPINES  
DEPARTMENT OF EDUCATION, CULTURE AND SPORTS  
Meralco Avenue, Pasig, Metro Manila

OFFICE OF THE SECRETARY

December 3, 1996

DECS O R D E R  
No. 85, s. 1996

TIME ALLOTMENT FOR PHYSICAL EDUCATION  
IN SECONDARY EDUCATION CURRICULUM

To: Undersecretaries and Assistant Secretaries  
Bureau/Cultural Agency Directors  
Regional Directors  
Vocational School Superintendents/Administrators  
Heads of Private Elementary and Secondary Schools

1. DECS Order No. 35, s. 1996 entitled "Revised BPSS Program" provides for an increase in the time allotment of for Physical Education (PE) classes from 80 to 120 minutes per week for first to fourth year levels.
2. For school year 1997-1998, PE may be taught 2 times a week with the time allotment of sixty (60) minutes per session.
3. Schools where 2 or more shifts of classes are followed can make adjustments provided that the time allotments for Health, Music/Arts and CAT are not reduced. Inclosed is a suggested schedule.
4. Immediate dissemination of and compliance with this Order is desired.

*R. T. Gloria*  
RICARDO T. GLORIA  
Secretary

*[Handwritten signature]*  
12/2/96

Incl.: As stated  
Reference: DECS Order: (No. 35, s. 1996)  
Allotment: 1-2-3-4--(M.O. 1-87)  
To be indicated in the Perpetual Index  
under the following subjects:

- ✓ ATHLETICS
- ✓ BUREAUS & OFFICES
- ✓ CURRICULUM
- ✓ PROGRAM, SCHOOL
- ✓ SCHOOLS

## 1997 PEHM/CAT SCHEDULE

### First and Second Years

#### First Semester

	Monday	Tuesday	Wednesday	Thursday	Friday
Health	Health	Health	Music/Arts	P.E.	P.E.
Time Allotment	40 min.	40 min.	40 min.	60 min.	60 min.

#### Second Semester

	Monday	Tuesday	Wednesday	Thursday	Friday
Health	Music	Music/Arts	P.E.	P.E.	
Time Allotment	40 min.	40 min.	40 min.	60 min.	60 min.

### Third Year

#### First Semester

	Monday	Tuesday	Wednesday	Thursday	Friday
Health	Health	Music/Arts	P.E.	P.E.	
Time Allotment	40 min.	40 min.	40 min.	60 min.	60 min.

#### Second Semester

	Monday	Tuesday	Wednesday	Thursday	Friday
Health	Music	Music/Arts	P.E.	P.E.	
Time Allotment	40 min.	40 min.	40 min.	60 min.	60 min.

### Fourth Year - PEHM/CAT

	Monday	Tuesday	Wednesday	Thursday	Friday
Health	Music/Arts	P.E.	P.E.	CAT	
Time Allotment	40 min.	40 min.	60 min.	60 min.	80 min.