

Republic of the Philippines
DEPARTMENT OF EDUCATION, CULTURE AND SPORTS
UL Complex, Pasig City

January 3, 1996

DECS O R D E R
No. 2, s. 1996

REVISED TECHNICAL RULES AND REGULATIONS AND CLARIFICATORY
GUIDELINES ON THE NEW SPORTS EVENTS IN THE 1996
PALARONG PAMBANSA FOR ELEMENTARY
AND SECONDARY DIVISIONS

To: Bureau and Regional Directors
Presidents of State Colleges and Universities
Heads of Private and Vocational Schools
Schools Superintendents
School Administrators

1. After evaluating the recommendations, comments and suggestions of the different DECS Divisions and Regional Offices, as well as the different concerned National Sports Associations (NSAs) the following revised rules, regulations and clarificatory guidelines are issued to suit local conditions and the capability of participating athletes.

2. As contained in DECS Memorandum No. 315, s. 1995 the following rules for the new sports events in the 1996 Palarong Pambansa are revised and amended:

2.1 ARCHERY - Secondary Division (Boys and Girls) shall adopt the FITA Indoor Round of 18 meter distance instead of the standard Olympic discouraging to beginners because it needs more time for training and sophisticated costly equipment. To develop Archery among the "grassroots" which is the aim of the Palaro, we are adopting the 18M distance which is tailored for beginners and will require affordable equipment.

Entries shall be 3 (three) boys and 3 (three) girls for the secondary division and competition shall consist of the following rounds: 1. Qualification Round, 2. Elimination Round, 3. Final Round for Individual and Team Final Round (Please see Annex A-1).

2.2 ATHLETICS - (Elementary Division boys and girls) Athletics for boys and girls in the elementary division shall have 10 (ten) events each. The maximum number of athletes are 10 boys and 10 girls per delegation with a coach and chaperon each (Annex A-2).

2.3 BADMINTON - (Secondary Division boys and girls)
Badminton shall be played in accordance with the rules used by the Tertiary division in the 1995 Palarong Pambansa (DECS Order No. 81 and 93, s. 1993)

2.4 BOXING - (Secondary Division)
secondary boxing (Annex A-3).

2.5 CHESS - (Elementary Division)
Chess shall be played by two players, one boy or one girl or both boys or both girls. The word "open" in DECS Memorandum No. 315 shall be omitted to avoid confusion. No changes with the existing rules governing the secondary division tournament which will be used by the elementary division.

2.6 LAWN TENNIS - (Elementary Division boys and girls)
Lawn Tennis shall be played the same as the existing rules in secondary division.

2.7 SOCCER FOOTBALL - (Elementary Division)
Soccer Football shall be played in accordance with the existing rules of the secondary division except that the time limit will be 20 (twenty) minutes per half with 5 (five) minutes interval between halves.

2.8 SWIMMING - (Elementary and Secondary Division Boys and Girls)
There shall be 14 (fourteen) events each for the elementary and secondary division boys and girls (Annex A-4).

2.9 TAEKWONDO - (Secondary Division boys and girls)
There shall be 6 (six) events in secondary Taekwondo each for boys and girls based on weight category (Annex A-5).

2.10 VOLLEYBALL - (Elementary Division Boys and Girls)
Volleyball tournament shall be played in accordance with the existing rules governing the secondary division except that the height of the net shall be lowered to 2.05 meters for boys and 2.00 meters for girls.

3. Corrigendum for Little League Baseball as contained in DECS Memorandum No. 184, s. 1995 and Softball Girls as contained in DECS Order No. 81, s. 1993 are presented in Annex B-1 and B-2.

4. To facilitate the implementation of this Order, all regional PESS Division Chiefs and Regional Technical Managers with the BPESS Director and Tournament Managers shall undergo a two-day management seminar workshop in General Santos City High School in Calumpang, General Santos City on January 16 and 17.

Likewise, all Regional Directors shall have a meeting with the Palaro Board on January 15 and 16 at Sarangani province and General Santos City to discuss the final guidelines regarding Regional participation for the 1996 Palarong Pambansa.

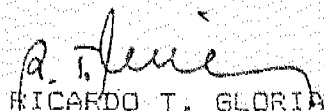
Transportation shall be charged against respective local funds, while the board and lodging, as well as local transportation shall be borne by the host division.

5. All regional offices shall conduct an echo-seminar to all coaches and officiating officials during their solidarity seminar before their respective regional athletic meet.

6. All rules, regulations and guidelines which are not amended or rescinded by this DECS Order shall still be in effect.

7. This Order is effective immediately. Any previous DECS issuances which are inconsistent with this Order are hereby revoked or modified accordingly.

8. For compliance.


RICARDO T. GLORIA
Secretary

References:

DECS Order: (No. 81, s. 1993) and
DECS Memorandum: (No. 184 and 315, s. 1995)

Allotment: 1-2-3--(M.O. 1-87)

To be indicated in the Perpetual Index
under the following subjects:

- ✓ATHLETICS
- ✓OFFICIALS
- ✓RULES & REGULATIONS
- ✓SCHOOLS
- ✓STUDENTS

(ANNEX A-1 to DECS Order No. 2, s. 1996)

ARCHERY (SECONDARY OR HIGH SCHOOL DIVISION)

1. Archery Competitions in the secondary or high school level is the INDOOR OLYMPIC ROUND.
2. The Indoor Olympic Round shot entirely in the 40 cm diameter triple faces, is consist of:
 - 2.1 The Qualification Round being of the 18 meter FITA Indoor Round, consisting of 60 arrows on triple faces for all classes.
 - 2.2 The Elimination Round in which the top 32 (thirty-two) **girls** and top 32 (thirty-two) **boys** are seeded according to their position in the Qualification Round. They shoot a series of matches, each match consisting of 6 (six) ends or 3 (three) arrows shot in 2 (two) minutes of 18 meters.
 - 2.3 The Final Round, in which the top 8 (eight) **girls** and top 8 (eight) **boys** remaining from the Elimination Round shoot a series individual matches, each match consisting of 4 (four) ends of 3 (three) arrows shot at 18 meters, culminating in the Gold Medal match, the competitors shall alternate shooting one arrow at a time, 40 seconds per arrow.
 - 2.4 The Team Elimination Round in which the top 16 (sixteen) team of 3 (three) competitors (16 **girls** team and top 16 **boys** teams) seeded according to their positions as determined by their total scores in the Qualification Round, shoot simultaneously a series of matches, each match consisting of 3 (three) ends of 9 (nine) arrows shot in 3 (three) minutes of 18 meters, culminating in the Team Gold Medal match.
 - 2.5 The Team Finals Round, in which the to 4 (four) teams of **girls** and top teams of **boys** remaining from the Elimination Round shoot a series of individual matches, each match consisting of 3 (three) minutes of 9 (nine) arrows shot in 3 (three) minutes at 18 meters, culminating in the Team Gold Medal match.
3. Entries in the Indoor Olympic Round consist of not less than 3 (three) players for each of the boys and girls division.
4. The requirement for the FITA Standard Bow Equipment will be enforced in the FITA indoor Olympic Round.

ANNEX A-2

ATHLETICS (ELEMENTARY DIVISION)

1. The IAAF Rules (1992-1993) and the Ground Rules for Athletics Competition Adopted for tournament management shall govern the 1996 Palarong Pambansa athletic events.

2. Rules and Regulations on the conduct of Athletic competitions are provided for by the Palarong Pambansa Manual on Rules and Guidelines, 1994 edition pages 12-13.

3. Athletic events:

- a. 100 meters (Boys-Girls)
- b. 200 meters (Boys-Girls)
- c. 400 meters (Boys-Girls)
- d. 800 meters (Boys-Girls)
- e. 1,500 meters (Boys-Girls)
- f. 4 x 100 meter relay (Boys-Girls)
- g. 4 x 400 meter relay (Boys-Girls)
- h. Long Jump (Boys-Girls)
- i. High Jump (Boys-Girls)
- j. Shot Put (Boys-Girls)

ANNEX A-3

BOXING (SECONDARY DIVISION)

1. Weight Division:

- a. Mosquito Weight - not more than 36 kgs.
- b. Vacuum Weight - not more than 39 kgs.
- c. Paper Weight - not more than 42 kgs.
- d. Pin Weight - not more than 45 kgs.
- e. Light Fly Weight - not more than 48 kgs.

ANNEX A-4

SWIMMING (ELEMENTARY DIVISION BOYS AND GIRLS)

The Rules and Regulations used in the Secondary Swimming competitions in 1995 Palarong Pambansa as provided in the Palarong Pambansa Manual shall govern the elementary swimming competition.

The events for the elementary division are as follows:

- | | | |
|-----|-------------------------------|--------------|
| 1) | 50 Meter Freestyle | (Boys-Girls) |
| 2) | 50 Meter Backstroke | (Boys-Girls) |
| 3) | 50 Meter Breastroke | (Boys-Girls) |
| 4) | 50 Meter Butterfly | (Boys-Girls) |
| 5) | 100 Meter Freestyle | (Boys-Girls) |
| 6) | 200 Meter Freestyle | (Boys-Girls) |
| 7) | 100 Meter Backstroke | (Boys-Girls) |
| 8) | 100 Meter Breastroke | (Boys-Girls) |
| 9) | 100 Meter Butterfly | (Boys-Girls) |
| 10) | 200 Meter Individual Medley | (Boys-Girls) |
| 11) | 4 X 50 Meter Freestyle Relay | (Boys-Girls) |
| 12) | 4 X 100 Meter Freestyle Relay | (Boys-Girls) |
| 13) | 4 X 50 Meter Medley Relay | (Boys-Girls) |
| 14) | 4 X 100 Meter Medley Relay | (Boys-Girls) |

Entries per delegation is 10 (ten) boys and 10 (ten) girls with one coach and one chaperon.

ANNEX A-5

TAEKWONDO (SECONDARY DIVISION BOYS AND GIRLS)

The rules and regulations used by the Tertiary Division during the 1995 Palarong Pambansa shall govern the Secondary Teakwondo Tournament. Except for the weight category, all provisions of the rules shall apply to the secondary division.

The Weight Category for Secondary Division boys and girls are as follows:

- | | (BOYS) | (GIRLS) |
|----|---------------------------------------|-----------------------|
| a. | Pin Weight - not more than 42 kgs. | not more than 35 kgs. |
| b. | Flyweight - not more than 46 kgs. | not more than 39 kgs. |
| c. | Bantamweight - not more than 50 kgs. | not more than 43 kgs. |
| d. | Featherweight - not more than 54 kgs. | not more than 47 kgs. |
| e. | Light Weigh - not more than 58 kgs. | not more than 51 kgs. |
| f. | Welterweight - not more than 64 kgs. | not more than 60 kgs. |

ANNEX B-1

LITTLE LEAGUE BASEBALL (ELEMENTARY BOYS)

1. Rules and Guidelines:

The conduct of the 1996 Palarong Pambansa Little League Baseball Tournament shall be governed by the Little League International Baseball Rules and the DECS Ground Rules as promulgated.

2. Ground Rules for the conduct of Little League Baseball:

These Ground Rules supersedes Item No. 5 of the Palarong Pambansa Manual, Rules and Guidelines, 1994 edition, page 14 to read:

- 2.1 Little League Baseball shall be played in 5 (five) innings for elimination round and 6 (six) innings for placement and championship games.
- 2.2 In case of a tie after the 6th inning, pitchers are allowed to pitch a maximum of 9 (nine) innings. If still tied after the 9th inning, mandatory relief of pitchers shall be effected. Refusal of the coach or manager to comply with these provision shall mean forfeiture in favor of the opposing team.
- 2.3 Application of the 10-Run Rule shall be after the bottom of the 4th inning of play or 3 1/2 as the case may be.
- 2.4 It is mandatory for a team who is behind by 10-runs to concede defeat after the 4th inning.
- 2.5 All games shall cease after 2 (two) hours of play and a team that is leading after regulation inning shall be declared a winner.

3. Discipline:

Players/coaches who are ejected from the game due to unsportsmanlike behavior/conduct, unnecessary roughness and the likes shall be suspended from further participation for the remaining games of the Palaro.

4. Age Requirement:

The age requirement shall be 9-13 years old as of August 1 of the current calendar year (CY) and not August 31 of the calendar year.

ANNEX B-2

SOFTBALL (SECONDARY GIRLS):

1. The game of Softball for girls and women shall be played for 5 (five) innings in the elimination round and 7 (seven) innings in the placement games.
2. The 10-run rule will be implemented only during the elimination round and not on the placement game.
3. Each team in the elimination and placement games is given 15 minutes grace period after the scheduled game.
4. Only the first game in the morning and afternoon will be given fixed scheduled time and the other games following should start 20 minutes after the preceding game.
5. The game that are not considered regulation or regulation tie game shall be resumed at the exact point where they were stopped.
6. Each team must have only 12 players, a coach and a chaperon.
 - 6.1 There shall be only 14 persons in the bench (12 players, a coach and a chaperon).
 - 6.1.1 the same uniforms as the players (they are the only ones who can direct the team during the progress of the game).
7. It is only the DH Rule that we must use, not the DP Rule.
8. Courtesy Runner and Jump Pitch are not allowed in the league.
9. The use of shoes with metal spikes is prohibited, only rubber cleats are allowed.
10. The use of bat.
 - 10.1 the use of one piece bat is mandatory, only bats that do not have holes on both ends should be used. (The bats that have holes which are covered with rubber or plastics are not allowed).
 - 10.2 the use of three-sided bat is not allowed, only the rounded bat is allowed.
11. The use of mask with throat protector, chest protector and shin guard is mandatory on the part of the catcher.
12. Use of batting and running helmet is mandatory on the part of the offensive player.

13. The pitcher should be ejected from pitching position if he accidentally hits the batter for three consecutive times in a single inning, and he should be ejected also if he happens to hit the batter for five consecutive times in the game.

14. The rule on the tie breaker will be applied from the elimination to the placement games.

14.1 in case of tie in the elimination round, at the top of the 8th inning, the last batter in the 7th inning will be placed as runner in the 2nd base. (Both teams).

In case of another tie, the same procedure should be done, until they break the tie.

14.2 in case of tie in the placement game, at the top the 10th inning, the last batter in the 9th inning, will be placed as runner in the 2nd base.

In case of another tie, the same procedure should be followed to break the tie.

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