

Republika ng Pilipinas
(Republic of the Philippines)
KAGAWARAN NG EDUKASYON, KULTURA AT ISPORTS
(DEPARTMENT OF EDUCATION, CULTURE AND SPORTS)
Manila

February 8, 1968

DECS O R D E R
No. 13, s. 1968

POLICIES AND GUIDELINES FOR THE CONDUCT
OF THE PALARONG PAMBANSA

To: Bureau Directors
Regional Directors
Schools Superintendents
Presidents, State Colleges and Universities
Vocational School Superintendents/Administrators

I. Statement of Principles

The Palarong Pambansa shall:

1. provide equity of opportunity for participation of athletically-talented youth of the country;
2. inculcate moral, ethical and spiritual values among the participants, among them integrity, discipline, sportsmanship, honesty, and teamwork;
3. provide for the technical training of DECS physical education teachers and coaches in the management of sports competitions;
4. promote appreciation of our cultural heritage and traditions;
5. be managed in consonance with the instruction of President Corason C. Aquino to observe "efficiency, honesty, and frugality" in the conduct of government affairs; and
6. promote national integration and solidarity, and the Olympic doctrine: "Sports is Peace", while recognizing "the diversity of national qualities"

II. Organization

1. The National Committee for the Palarong Pambansa shall serve as both the policy-making, organizing and executive

body to oversee the total conduct of the Palarong Pambansa. The Committee shall be composed of the following:

Honorary Chairman : The Secretary of DECS
 Chairman : Undersecretary Minda C. Butaria
 Members : Asst. Secretary Jesus T. Manipula
 : Director Pedro O. Sanvicente
 : Dr. Frederick So. Pada
 : Father Ernesto Javier, S.J.
 : Supt. Florencio Buen
 : Supt. Erlinda G. Lolarga
 : Director, Host Region
 : Director Hernando Dizon
 Secretary General : Director Aparicio M. Megui

2. A Secretariat to be headed by the Director of BPESB shall be organized to assist the National Palara Committee in the organization and conduct of the games.

III. Venue and Date of Competition

Cagayan de Oro City (Misamis Oriental) in Region X is the site of the 1988 Palarong Pambansa. The games are scheduled to take place from 13 to 20 March 1988.

IV. General Policies

1. Participants in the Palarong Pambansa shall be limited to below 18 year-old (by 31 March 1988, or last day of the month when subsequent Palara is scheduled thereafter) boys and girls, enrolled in either the elementary or secondary schools, who have not participated in past Southeast Asian Games, Asian Games or Olympic Games. Participation in international competitions other than those indicated is not a cause for disqualification.
2. However, below 18 year-old athletes enrolled above and beyond the secondary level are disqualified. Pupils enrolled in nonformal education classes are allowed to participate, provided they have taken part in all the lower level competitions of the Palara.
3. The following sports events, including members of delegations shall be observed in the 1988 Palarong Pambansa:

	<u>Athletes</u>	<u>Coaches</u>	<u>Chaperone</u>	<u>Total</u>
a. Athletics (B)	15	1	0	16
Athletics (G)	12	1	1	14
b. Basketball (G)	10	1	1	12
c. Chess (B/G)	2	1	0	3
d. Children's Baseball (B)	12	1	0	13
e. Gymnastics (B)	3	1	0	4

Gymnastics (G)	3	1	1	5
f. Lawn Tennis (B)	3	1	0	4
Lawn Tennis (G)	3	1	1	5
g. Softball (G)	12	1	1	14
h. Swimming (B)	10	1	0	11
Swimming (G)	10	1	1	12
i. Table Tennis (B)	3	1	0	4
Table Tennis (G)	3	1	1	5
j. Volleyball (B)	9	1	0	10
Volleyball (G)	9	1	1	11
k. Football	14	1	0	15
	<hr/>	<hr/>	<hr/>	<hr/>
	136	17	9	161

1. Larong Lari (Demonstration Sports to be staged by the Host Region)

Officials of the Delegation:

Head of Delegation	-	1
Athletic Manager	-	1
Delegation Physician	-	1
Delegation Nurse	-	1
DECS Officials (From Region)	-	5
		<hr/>
		9

Summary:

Officials	<hr/>	9
Athletes, Coaches, Chaperones	<hr/>	151
		<hr/>
		170/Region

Grand Total - - 2,200
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4. Expenses for the transportation, food and uniforms of athletic delegations shall be sub-allocated to the 14 Regions from the Palara funds appropriated for the purpose.

5. The Olympic system of awarding individual medals to winners shall be adopted. Hence, no general championships or trophies shall be awarded to any individual athlete or team.

6. All gold medalists in the individual events (athletics, gymnastics, swimming, chess, lawn tennis, table tennis) shall become part of an athletes pool which will undergo training for participation in international competitions, such as ASEAN and Asian schools sports programs. However, these gold medalists will no longer be permitted to participate in subsequent or future Palarong Pambansa.

7. The Palarong Pambansa is a medium for development and education for moral values. It is therefore expected of all participants, DECS officials, personnel, coaches and athletes to observe the regulations prescribed for the conduct of the games. Any transgressions shall be dealt with, as appropriate, at all levels of the DECS organization.

8. Inclosure No. 1 is the list of events in the Palarong Pambansa. Inclosure No. 2 are the Palarong Pambansa guidelines for the conduct of the DECS sports meet.

(SGD.) LOURDES R. OLISUMBING
Secretary

Incls.:
As stated

Reference:
None

Allotment: 1-2-3--(M.O. 1-87)

To be indicated in the Perpetual Index
under the following subjects:

ATHLETICS
OFFICIALS

(Inclosure No. 1 to DECS Order No. 15, s. 1988)

The following constitute the program of events in the Palarong Pambansa:

<u>ATHLETICS</u>	<u>JUNIOR DIVISION</u>	
	<u>BOYS</u>	<u>GIRLS</u>
1. 100 Meter	1	1
2. 200 Meter	1	1
3. 400 Meter	1	1
4. 800 Meter	1	1
5. 1,500 Meter	1	1
6. 3,000 Meter	1	1
7. 5,000 Meter	1	
8. 100 M Hurdles		1
9. 110 M Hurdles	1	
10. 400 M Hurdles	1	1
11. 3,000 Steeplechase	1	
12. 4 x 100 M	1	1
13. 4 x 400 M	1	1
14. High Jump	1	1
15. Long Jump	1	1
16. Triple Jump	1	1
17. Shot Put	1	1
18. Discus Throw	1	1
19. Javelin Throw	1	1
20. Pole Vault	1	

<u>SWIMMING</u>	<u>BOYS</u>	<u>GIRLS</u>
1. 100 M Freestyle	1	1
2. 200 M Freestyle	1	1
3. 100 M Breaststroke	1	1
4. 200 M Breaststroke	1	1
5. 100 M Backstroke	1	1
6. 200 M Backstroke	1	1
7. 100 M Butterfly	1	1
8. 200 M Butterfly	1	1
9. 4 x 100 Medley Relay	1	1
10. 4 x 100 Freestyle Relay	1	1
11. 200 M Individual Relay	1	1
12. 4 x 50 Medley Relay	1	1
13. 4 x 50 Freestyle Relay	1	1

<u>GYMNASTICS</u>	<u>BOYS</u>	<u>GIRLS</u>
1. Floor Exercise	1	1
2. Balance		1
3. Vault	1	

(Inclosure No. 2 to DECS Order No. 15, s. 1968)

PALARONG PAMBANSA GUIDELINES

To ensure effective and efficient organization, participation and management in the 1968 Palamong Pambansa, the following guidelines shall be observed:

1. ELIGIBILITY REQUIREMENTS

- a. Children's baseball - Elementary pupils who are eight (8) to thirteen (13) years of age as of March 31st of the current year.
- b. All other sports events included in the Palamong Pambansa - Elementary and high school students who are 13 and not more than 18 years of age as of March 31st of the current year. Students of nonformal education are allowed to participate provided they comply with the age requirement and have participated in the various lower meets of the Palamong Pambansa.
- c. Required Forms -
 - 1) DECS Form 137 accompanied by 3 pieces of 1 x 1 I.D. picture. This shall be authenticated by the Regional and Division P.E. supervisors concerned.
 - 2) Medical certificate signed by a government physician, guardian or parental consent, live birth certificate, baptismal or affidavit including AE - 1, 2, and 3 forms shall be the responsibility of the region. It shall be kept on file by the Regional Office for reference purposes.
 - 3) Only DECS Form 137 duly signed with three (3) pictures attached shall be submitted to the National Screening Committee.

2. SCREENING COMMITTEE

- a. A national screening committee shall be created headed by a Chairman and a Vice-Chairman. The thirteen (13) regional PEGS supervisors are automatic members of the Committee.
- b. The Screening Committee shall conduct personal interviews of all athletes to verify the authenticity of participants and supporting documents.
- c. All school levels shall be under the direct supervision of Division PEGS Supervisors for Palamong players.

- d. Foreign students are not allowed to participate in the Palarong Pambansa. However, students of dual citizenship (Filipino-American, Filipino-Chinese, etc.) are allowed to compete.

3. RULES OF PARTICIPATION -

- a. A team in children's baseball will play as many games as the system of elimination warrants. A team may play twice a day. However, the pitcher must be given the mandatory rest period of 24 hours after every pitching session. Scorers will record in the official scorebook the pitcher's assignment in every game. A team must name at least three (3) pitchers. Failure to observe any of these provisions will be a cause of disqualification or forfeiture of games played.
- b. An athlete is allowed to participate in only two team sports and three individual events, excluding the relays.
- c. Heads of delegations, coaches and chaperones are responsible for the discipline and observance of all rules and regulations related to the participation in the Palarong Pambansa. During the game, an athlete who is thrown out because of misbehavior, unnecessary roughness, unsportsmanlike attitude, and the like, will be suspended from further participation in all games for the duration of the current athletic meet and for a period of one (1) academic year, the count to start in the following school year. The period of suspension is observed even for an athlete graduating from high school.
- d. When an athlete who is ineligible or has violated any of the foregoing rules is inadvertently allowed to play, and his ineligibility or violation is subsequently established, the games in which he/she has taken part in will be declared forfeited to the opposing team, in case of ball games; and, in all individual events, the medals won will be awarded to the next in rank. The athlete and his coach will be banned from further participation in all levels of DECS sports meets, for a period of one (1) academic year, the count to start in the following school year.
- e. The head of delegation will submit its final list of athletes to the screening committee forty eight (48) hours before the start of the Opening Ceremonies. The official number of entries in each event specified will be strictly followed. Substitution or addition will not be allowed.

- f. No scholastic credit will be given for participation in school athletic activities. However, every athlete will be given legitimate opportunity to make up for any school work which he/she has missed, with the full assistance of the school administration and faculty.

4. SCHEDULE OF SCREENING

- a. First Screening - February 20, 1988
BPRESS, Training Center
(Amaranto Stadium)
Quezon City
- b. Second Screening - March 5, 1988
Pelaez Sports Complex
Cagayan de Oro City
- c. Final Screening - March 11, 1988
Pelaez Sports Complex
Cagayan de Oro City

5. GENERAL PROVISIONS

- a. General Championship - There will be no general championship. The Olympic Medal System will be adopted.
- b. Method of Competition - The double elimination scheme will be adopted for team sports.
- c. Composition of Technical Officials - The Bureau of Physical Education and School Sports (BPRESS) will coordinate and finalize the list of Technical Officials. Priority in assignment will be given to Physical Education Supervisors and DECS accredited officials/personnel.
- d. Sports Equipment and Uniforms - To promote the development of the local sports industry and in keeping with the spirit of the "Buy Filipino Movement", the use of locally manufactured sports equipment is encouraged. Sports equipment and uniforms made by vocational/technical schools and the Bureau of Nonformal Education through the Sariling Sikap Program will be patronized. However, locally-manufactured sports equipment to be used shall meet the specified quality standard defined by the Bureau of Standard and the BPRESS.
- e. The International Rules and Regulations of the different sports events, unless amended by ground rules, will govern all DECS sports competitions.

- f. Cultural presentations and playground exhibitions will be left to the discretion of the host region/division. Simplicity, and frugality will be observed. Presentation of the Kalisteniks ng Lahi during the Palarong Pambansa is encouraged.
- g. Computerized Data Bank - A new Athlete's Data Form will be used for the computerization of an sports data bank which will be established for the Palarong Pambansa. However, the success of this project will depend on the validity of information submitted for computerization.
- h. Solidarity Training Seminars/Workshops/Clinics - Solidarity training seminars/workshops/clinics in selected sports shall be held simultaneously with the Palarong Pambansa. These activities are held to update the professional status of physical education and school sports personnel.

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