

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON, KULTURA AT ISPORTS
(MINISTRY OF EDUCATION, CULTURE AND SPORTS)
Maynila

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MECS O R D E R
No. 8, s. 1984

FAMILY PLANNING AS A THREE-UNIT COURSE
IN THE MIDWIFERY CURRICULUM

To: Bureau Directors
Regional Directors
Presidents, State Colleges and Universities
Heads of Private Schools, Colleges and Universities

1. An assessment of the extent of integration of family planning in the midwifery curriculum in 1979, revealed inadequacies in content and difficulties met by instructors in teaching the course due to lack of teaching materials and inadequate teacher preparation. Based on these findings, three major recommendations were made as: (a) the teaching of family planning as a separate unit of study, (b) development of resource materials, and (c) faculty development. These recommendations were carried out jointly by the Ministry of Education, Culture and Sports, and the Institute of Public Health, University of the Philippines, with financial assistance from the Population Center Foundation in a project called "Strengthening Family Planning in the Midwifery Curriculum."
2. Since faculty preparation for the nationwide implementation of the separate course in family planning in all midwifery schools has been completed, family planning as a separate three-unit course in the midwifery curriculum may now be offered starting school year 1984-85. Guidelines for its implementation as well as the course description are stated in the inclosures.
3. Immediate dissemination of this Order is desired.

(SGD.) JAIME C. LAYA
Minister

Incl. :
As stated

Reference: N o n e

Allotment: 1-3-4--(D.O. 1-76)

To be indicated in the Perpetual Index under the following subjects:

BUREAUS & OFFICES Course of Study, COLLEGIATE RULES & REGULATIONS

TWO-YEAR MIDWIFERY CURRICULUM

FIRST YEAR

<u>First Semester</u>	<u>Units</u>	<u>Second Semester</u>	<u>Units</u>
Fundamentals of Sociology ^{xxx} (including Taxation and Land Reform and the New Constitution)	3	General Psychology	3
Obstetrics I	2 ^x	Obstetrics II	2 ^x
Principles of Bacteriology	1	Nutrition	2 ^x
General Anatomy and Physiology	3 ^x	Principles of Community Work	3 ^x
Fundamentals of Health Care I	3 ^x	Fundamentals of Health Care II	3 ^x
Ethics I	1	Grammar and Composition II	3
Grammar and Composition 1	3	Physical Education 2	(1)
Physical Education I	(1)	Pilipino	
Pilipino I			
			Total - <u>3</u>
	Total - <u>3</u>		Total - <u>19</u>

SECOND YEAR

<u>First Semester</u>	<u>Units</u>	<u>Second Semester</u>	<u>Units</u>
Care of Infants and Children	3 ^x	Ethics II	2
Primary Health Care I	4 ^x	Primary Health Care II	4 ^x
Obstetrics III	2 ^x	Seminar in Maternal and Child Health	3
Rizal Course ^{xxx}	3	Career Development ^{xx}	2 ^x
Family Planning 1	3 ^x	Physical Education 4	(1)
Physical Education 3	(1)		
	Total - <u>(1)</u>		Total - <u>11</u>
	Total - 15		

^xWith clinical work or field practice

^{xx}Choice of Practice Field (Institution, Private Practice or Agencies with Family Planning)

^{xxx}May be taught in Pilipino whenever possible

GUIDELINES FOR IMPLEMENTATION OF THE
FAMILY PLANNING COURSE IN THE MIDWIFERY CURRICULUM

1. SCHEDULE OF IMPLEMENTATION

All schools shall implement the separate family planning course and utilize instructional materials developed for the course starting academic year 1984-1985.

2. CURRICULUM CHANGES

- 2.1 The three (3) units credited to the family planning subject are additional units to the existing midwifery curriculum.
- 2.2 The FP course will be offered in the first semester of the second year in the midwifery curriculum as shown in Annex 1.
- 2.3 The family planning objectives and content areas currently integrated in selected subjects in the midwifery curriculum will be deleted, since these are included in the family planning subject as indicated in attachment.
- 2.4 Although Family Planning will be taught as a separate course, it should be introduced in OBI, Ana & Physio, OB II, and PCW and reinforced in the learning experiences of midwifery students in all clinical areas including the community.

3. RESOURCE REQUIREMENTS

3.1 Faculty

- 3.1.1 Each midwifery school must assign one full-time faculty and one understudy to teach the family planning subject
- 3.1.2 The faculty so designated must be adequately prepared to teach the subject.

3.2 Facilities

- 3.2.1 The school shall maintain adequate family planning teaching and learning materials for the use of teachers and students. Copies of these will be distributed to schools.
- 3.2.2 The school shall provide adequate facilities for learning experiences of students by developing their own facilities and utilizing appropriate facilities which are available in the community.

COURSE SYLLABI

SOCIOLOGY (3 units)

OBJECTIVES : At the end of the course, the student can

1. Discuss the following :
 - a. structures and functions of the different social institutions
 - b. factors/forces that influence personality formation in man and those that influence structures and functions of society and its value system
 - c. development and characteristics of urban and rural communities
 - d. population growth, distribution, characteristics and programs
2. Identify socio-cultural factors that facilitate or act as constraints in the development and stability of any social unit
3. Utilize principles and processes of social interaction in ones relationship with individuals or group

CONTENT

1. Introduction : Meaning, Importance and Development
2. Man and His World
3. Man as a Social Being
4. Social Interaction and Social Processes
5. Culture
6. Contemporary Philippine Value Orientation (including Land Reform and Taxation, Philippine Constitution)
7. The Orientation of Society
8. Rural Suburban and Rural Community
9. Social Institutions : Family, Social, Political Economic
10. Population growth, Distribution, Characteristics, Programmes

OBSTETRICS I (2 units)

OBJECTIVES : At the end of the course, the student can :

1. Discuss socio-cultural factors that influence pre-marriage, marriage and family life as well as those that influence health care during pregnancy
2. Describe the structural, physiological and emotional changes occurring in the woman during pregnancy.
3. Differentiate signs and symptoms indicating normal pregnancy from pregnancies with complications.
4. Explain the causes/factors that contribute to the occurrence of these complications
5. Provide care to the woman/family with varying health and welfare needs which are

CONTENT

1. Sub-fertility - Infertility : Causes, Reactions, Measures
2. Menstrual Problems - Dysmenorrhia, Irregularity, Menorrhagia
3. Menopause - Signs and Symptoms, Reactions, Care
4. Infection - Moniliasis, Trichomonas Vaginalis, Cervicitis
5. Malpositions/Prolapse of Reproductive Organs
6. Problems During Pregnancy - Pseudocyesis; Ectopic Pregnancies; Abortion
7. Problems During Labor & Delivery : Uterine Rupture; Lacerations; Placenta
8. Accreta; Need for forceps or Caesarian Section; Still births
8. Newborns; Needing Special Care : Birth Injuries, Infection, Congenital Anomalies, Neonatal Respiratory Distress, Hemolytic Diseases of the Newborn; Low Birth Weight; Post mature infant.

SEMINAR IN MATERNAL AND CHILD HEALTH (3 units)

OBJECTIVES : At the end of the course, the student can :

1. Discuss trends and developments in Science, Technology, Medicine and other Health Fields, that influence maternal and child health and services
2. Identify these trends and developments that may have direct relationship with midwifery services in the hospital and/or community setting.

CONTENT

1. Maternal and Child Health Care in Developing and Developed Countries : Issues, Problem and Programme
2. Research : Prenatal Care; Labor and Delivery ; Newborn Care; New Drugs and Procedures; Nutrition; Selected Health Conditions of Mothers and Children
3. Population Education
4. Sex Education
5. Human Sexuality
6. Community Mental Health
7. Psychodynamics of Family/Groups
8. Health Education
9. Social Problems : Unweddedness, Drug Addiction, Juvenile Delinquents
10. Others