

REPUBLIKA NG PILIPINAS
 Republic of the Philippines
 KAGAWARAN NG EDUKASYON AT KULTURA
 Department of Education and Culture
 Maynila

TANGGAPAN NG KALAHIM
 Office of the Secretary

January 30, 1975

DEPARTMENT ORDER
 No. 1, s. 1975

1975 PALARONG PAMBANSA

To The Director of Public Schools,
 The Director of Private Schools,
 The Director of Vocational Education, and
 The Coordinator of State Colleges & Universities:

1. The 1975 Palarong Pambansa will be held in Cagayan de Oro City on March 9-15, with Cagayan de Oro City, Gingoog City, and the Provinces of Oriental Misamis and Camiguin as hosts.

2. The international rules and regulations implemented by the Philippine Amateur Athletic Federation, as modified by this Office to meet the needs of the Department of Education and Culture and Department of Local Government and Community Development, shall govern the contests in the meet.

3. The sports which shall be included in the 1975 Palarong Pambansa and the maximum number of players, including the coaches and chaperons, of each regional delegation to the meet are as follows:

Baseball	12 players	... 1 coach	
Softball	12 players	... 1 coach	
Softball (W)	12 players	... 1 coach	... 1 chaperon
Little League Baseball ...	12 players	... 1 coach	
Volleyball	10 players	... 1 coach	
Volleyball (W)	10 players	... 1 coach	... 1 chaperon
Track and Field	18 players	... 2 coaches	
Track and Field (W)	15 players	... 1 coach	... 1 chaperon
Basketball	12 players	... 1 coach	
Swimming			
(10-M; 10-W)	20 players	... 1 coach	... 1 chaperon
Lawn Tennis			
(3-M; 3-W)	6 players	... 1 coach	
Archery			
(2-M; 2-W)	4 players	... 1 coach	
Table Tennis			
(2-M; 2-W)	4 players	... 1 coach	
Sipa	3 players	... 1 coach	
Cycling	4 players	... 1 coach	
Chess (Men or Women)	2 players		
	156 players	16 coaches	4 chaperons

4. Each delegation shall consist of not more than 182 persons, including the head of the delegation, one physician, one nurse, one mess supervisor, one finance officer, and one athletic manager. For every player listed in the teams, the maximum number of members of the delegation shall be reduced by one. For example, Juan Campos appears in both the lists of baseball and track and field players. Although Campos will take part in two separate sport events, baseball and track and field (M), he shall be counted as only one member. Entries in the Palarong Pambansa shall be submitted to the Office of the Secretary of Education and Culture immediately after each regional athletic association meet.
5. The official color of each association shall be strictly followed. The chairman of the regional athletic association shall see to it that strict economy is observed in providing athletes with uniforms.
6. The head of each delegation shall be held responsible for the conduct and discipline of the delegation.
7. Before departure for the Meet, the physician of each delegation shall give every athlete a thorough physical and medical examination, to determine the athlete's fitness to undergo physical strain. An athlete found suffering particularly from such ailments as weak heart, defective lungs, or some other diseases which will endanger his health or that of his fellow competitors, shall not be included in the delegation. Every unmarried athlete whose age is below 21 years shall have a written permission from his/her parents or guardians to participate in the athletic meet.
8. The chairman of each regional association shall make arrangements for the transportation of his association's delegation to Cagayan de Oro City and return payable from funds allotted for the purpose by the administration of Palarong Pambansa. Such arrangements will be based on third class transportation rates.
9. Athletes and other members of athletic delegation, professional referees and umpires shall be provided with quarters, beddings, and subsistence by the host division. School personnel designated as officials of the Meet who are not bona-fide members of a delegation shall charge their transportation expenses against the appropriation for the purpose from the administration of Palarong Pambansa. School superintendents who will officiate in the Meet shall charge their transportation expenses against their respective travel allotments. Other school officials not assigned to officiate but given permission to attend the Meet shall take care of their own transportation, board and lodging.
10. Heads of delegation, coaches, chaperons, physicians, nurses, finance officers, athletic managers, and mess supervisors shall stay with their delegation throughout the Meet.

11. Each delegation shall take care of its own mess. Any delegation which desires to engage the services of a local caterer shall make the necessary arrangements, as early as possible, with the Chairman of the Palarong Pambansa, the Division Superintendent of Schools for Oriental Misamis.
12. Each delegation shall be allowed ten pesos (₱10.00) a day per person for subsistence in Cagayan de Oro City. The number of meals for the duration of the Meet shall not exceed 27. Funds for messing shall be provided by the administration of Palarong Pambansa.
13. As a general rule, school personnel who have teaching assignments shall not be assigned to accompany athletic delegations to the Meet, or to act as meet officials. If unavoidable, arrangements should be made so that the teaching duties of such personnel are taken over by other teachers.
14. While officiating, male officials shall wear dark pants and white polo barong, with long or short sleeves. The female officials will wear a white blouse over blue pants. Meet officials shall be provided with Palarong Pambansa headgear to be worn while on duty.
15. The provisions of Department Order No. 44, s. 1973, and Nos. 2 and 34, s. 1974, shall prevail in all questions of eligibility of athletes and other matters concerning the Meet.

(SCD.) JUAN L. MANUEL
Secretary of Education and Culture

