

REPUBLICA NG PILIPINAS  
Republic of the Philippines  
KAGAWANAN NG EDUKASION AT KULTURA  
Department of Education and Culture  
MAYNILA

BUREAU OF PUBLIC SCHOOLS  
★ MANILA ★

DEC 12 1973

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ORDERS DIVISION

December 5, 1973

DEPARTMENT ORDER  
No. 445 S. 1973

GUIDELINES FOR THE DEC PHYSICAL FITNESS AND  
SPORTS DEVELOPMENT PROGRAM, 1973-1974

18. The Director of Public Schools  
The Director of Vocational Education  
The Director of Private Schools  
The Committee of State Colleges & Universities

19. The following guidelines adopted by the National Council  
for the effective implementation of the Physical Fitness and Sports  
Development (PFS) program in accordance with Department Order No.  
35, are now being promulgated for the information and guidance

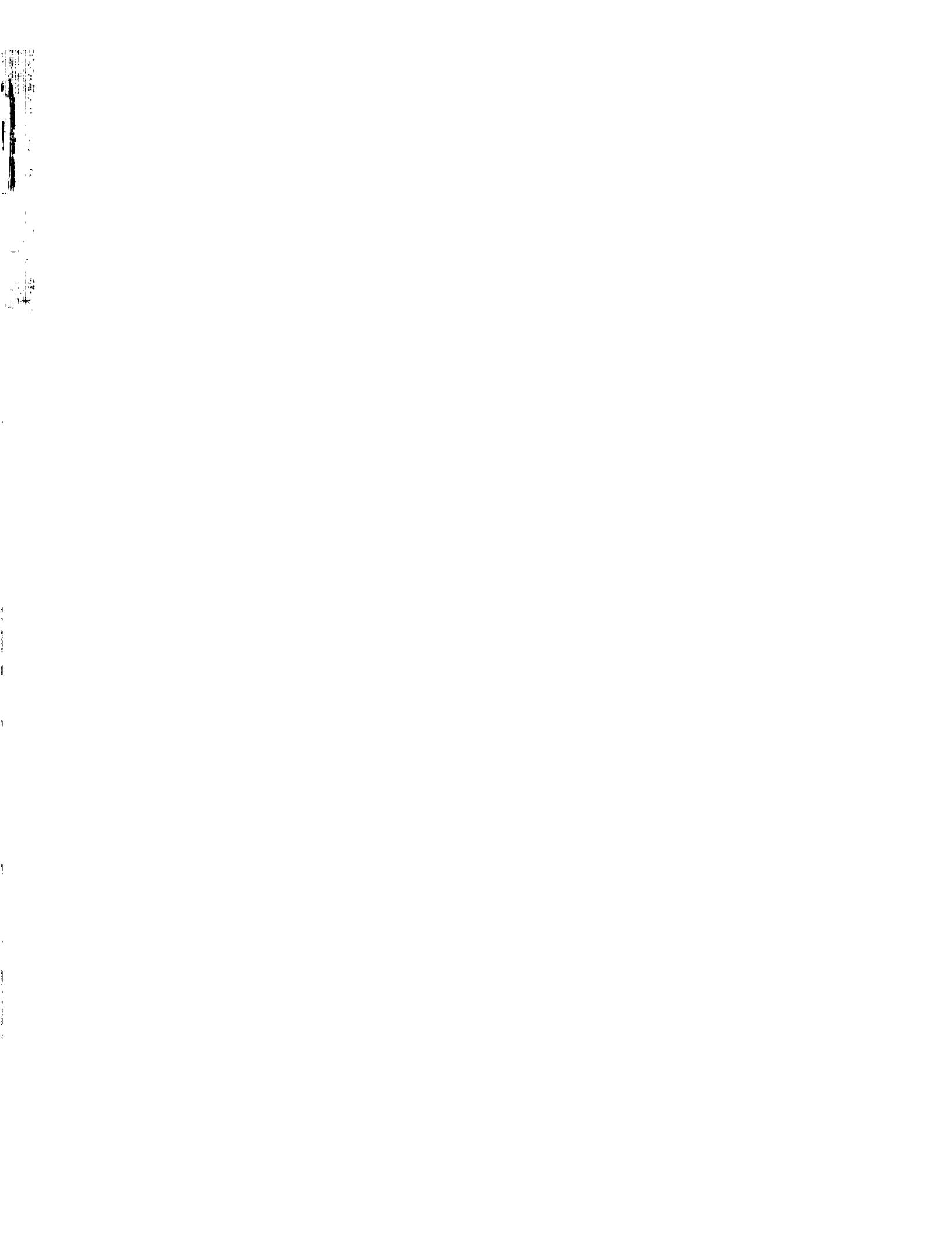
Composition of the (PFS) Provincial/ City Council

Provincial Governor/City Mayor	Honorary Chairman
Chairman of the Board of Education	Chairman
Representative of the Provincial Sports League	Member
Representative of the independent or separate schools	Member
Representative(s) of Vocational schools	Member(s)
Representatives of the Provincial Teachers Board	Member
Other(s) as may be designated	Member
Deputation Superintendent for Physical Education	Member and Secretary

The Provincial/City Councils shall be given sufficient "flexibility" in  
the composition of their Councils as allowed depending on

The Provincial/City Councils shall be immediately  
organized and go into effect.







b. Regional Council

The Regional Council shall follow the pattern of organization in Department Order No. 35, s. 1973. The governor of the province hosting the regional athletic meet shall be Honorary Chairman of the Regional Council. If the site of the meet is a city, the City Mayor shall be Honorary Vice Chairman.

c. Participation in Athletic Meets:

(1) Unit Meets

In-school and out-of-school teams shall independently participate in the municipal or district meet. Integration of in-school and out-of-school teams shall begin with the unit meet, i.e., municipal or district teams sent to the meet shall consist of selected in-school and out-of-school youths.

(2) Provincial/City Meets

The units participating in the provincial/city athletic meet shall likewise consist of in-school and out-of-school youths selected on the basis of their performances in the unit meets. However, state colleges and universities may compete in the senior division of provincial meets as independent units.

(3) Regional Athletic Meets

The list of participating units in regional athletic meets specified in the aforesighted Department Order No. 35 has been revised as shown in the inclosure to this Department Order.

d. Duties of the Regional Directors-Designate:

As members of the National Council, the Regional Directors-Designate shall exercise the function of consultants to the regional association in their respective jurisdictions. They may attend meetings of the regional association boards and act as an advisory capacity.







e. Unit Meet Administration:

It shall be the immediate concern of the RFSD Provincial/City Council to divide the province or city into four (4) to six (6) units for purposes of organizing unit meets. The mayor of the municipality hosting the unit meet shall be Honorary Chairman and the district supervisor Chairman of the Unit Council, with the other municipal mayors and district supervisors as members.

f. Funding:

(1) All athletic meets at the provincial level - district, unit, and provincial meets - shall be funded from local resources. The municipal/city school board may appropriate school board funds for athletic activities - which shall include athletic supplies and equipment and athletic uniforms - in accordance with existing rules and regulations.

(2) Teachers, students, and members of the community may be asked to sell tickets to athletic meets. In no case, however, shall teachers and students be compelled to buy tickets. Attention in this connection is invited to Department Order No. 19, s. 1969.

(3) Each province/city shall raise its own funds for the transportation and subsistence of its athletic delegation to the regional meet. A basic national subsidy of \$3,000 will be provided for each participating athletic delegation to the regional meet.

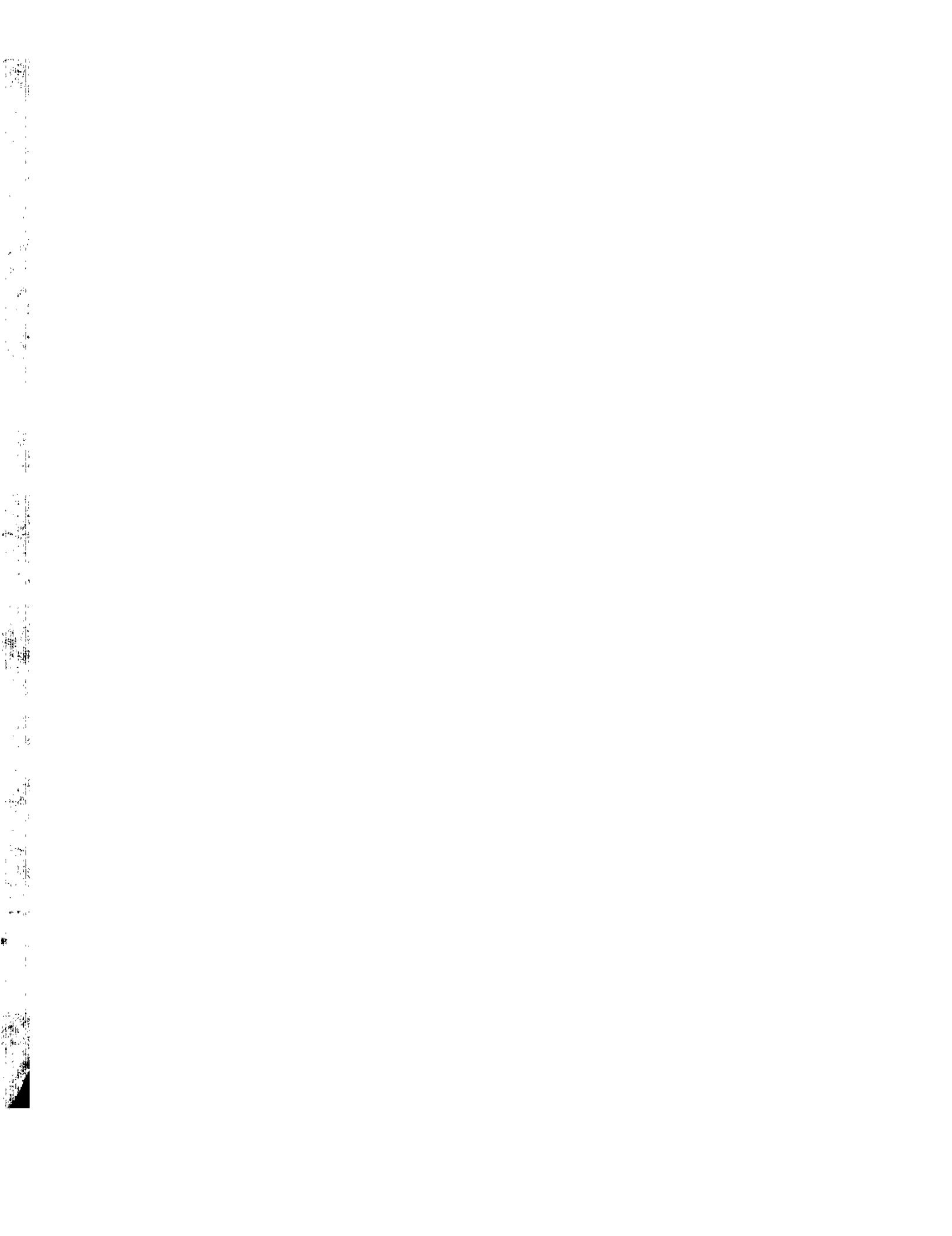
Additional guidelines for funding the regional and national meets will be issued later.

g. Events:

(1) The following is the list of events in the regional and national meets:

(a) Baseball	Boys
(b) Basketball	Boys
(c) Football	Boys and Girls
(d) Soccer	Boys and Girls
(e) Tennis	Boys and Girls
(f) Swimming	Boys and Girls
(g) Cycling	Boys and Girls
(h) Track and Field	Boys
(i) Chess	Boys and Girls
	Boys and Girls







(2) The following events are for exhibition purposes only:

- (a) Girls Basketball
- (b) Gymnastics

h. Eligibility Rules:

(1) No athlete, whether in school or out of school, shall be older than 25 years by January 1, 1974.

(2) Students duly enrolled in any school on any level are eligible to participate.

(3) Athletes who have played in games or meets of commercial leagues shall not be allowed to participate in the meet.

It shall be the responsibility of the delegation head to submit the documents required by the screening committee when the eligibility of any athlete listed as member of a delegation or team is under question. Until the eligibility of an athlete under question has finally been ascertained, he/she shall not, in the meantime, be allowed to participate in the meet.

i. Seats of the National and Regional Meets:

(1) The seat of the National Athletic Meet (Palarong Pambansa) is Bacolod City with Negros Occidental as the host province.

(2) The seats of the regional meets are as follows:

Northern Luzon	.....	Lacag City
Central Luzon	.....	Malolos, Bulacan
Greater Manila (Manila-Pasay-Quezon-Caloocan Cities)	.....	Quezon City
Southern Tagalog	.....	Cavite City
Bicol	.....	Virac, Catanduanes
East Visayas	.....	Dumaguete City
West Visayas	.....	Roxas City
Northern Mindanao	.....	Cagayan de Oro City
Southern Mindanao	.....	Davao City







1. General Management

(1) Economy

Expenses for athletic meets shall be at the lowest minimum. Extravagance shall be avoided. Uniforms, trophies, medals, etc., shall be made of native or locally produced materials. Mimeographed programs and other printed matter for athletic meet shall suffice.

(2) Playground Demonstrations

Every effort should be exerted toward involving as many youths as possible in the playground demonstrations.

This Department Order amends Department Order No. 35 and Department Order No. 40, both series of 1973.

Immediate dissemination of this Department Order is desired.

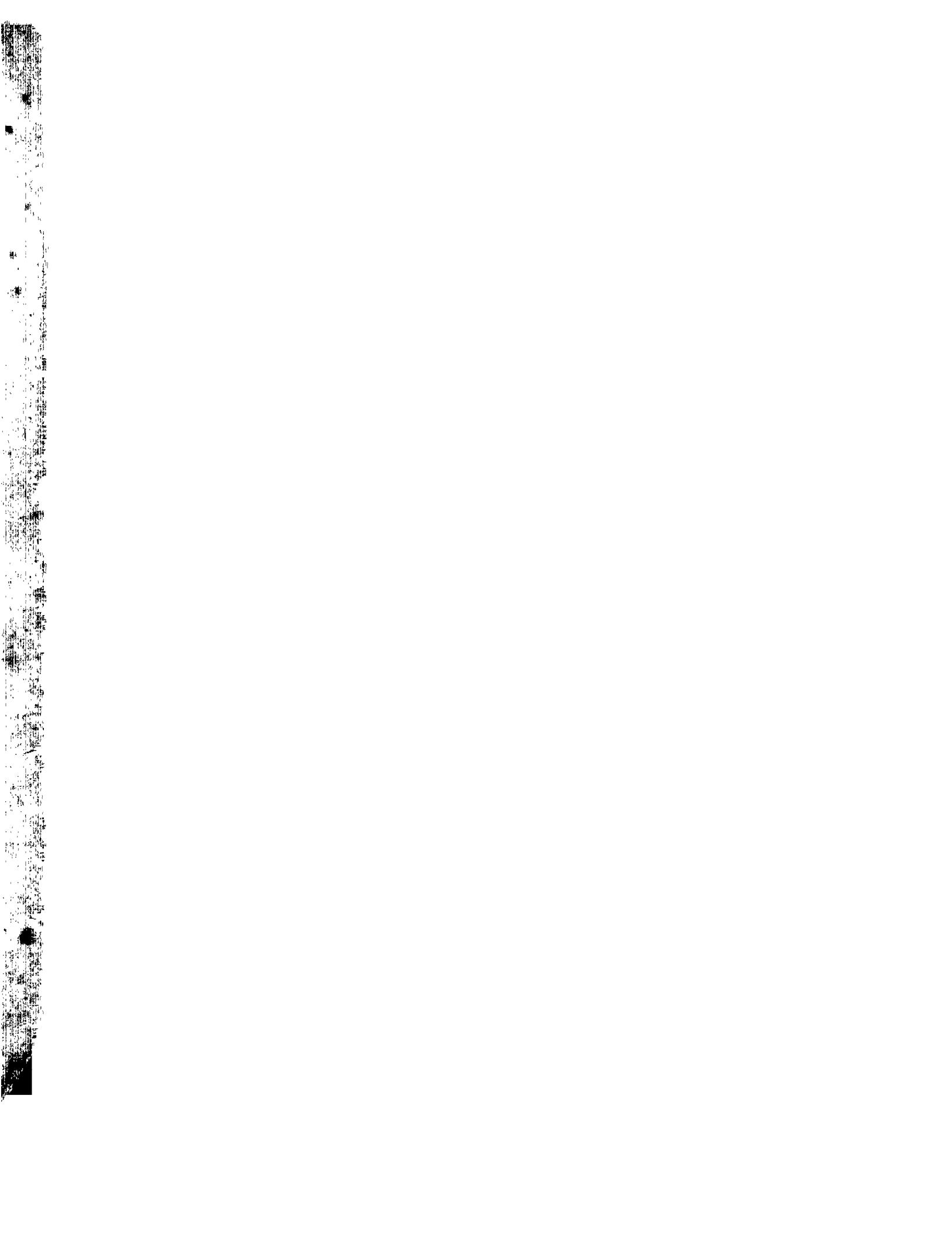
(SGD.) JUAN L. MANUEL  
Secretary

As stated

CONCURRED IN:

(SGD.) JOSE A. RONO  
Secretary of Local Government  
and Community Development







LIST OF REGIONAL ATHLETIC ASSOCIATIONS

NORTHERN LUZON ATHLETIC ASSOCIATION

1. Batanes
2. Ilocos Norte
3. Ilocos Sur
4. La Union
5. Laoag
6. Baguio City
7. Benguet
8. Cagayan
9. Cagayan I
10. Cagayan II
11. Isabela
12. Misamis Oriental
13. Quirino
14. Benguet
15. Ifugao
16. Mt. Province
17. Kalinga-Apayao

IV. SOUTHERN TAGALOG ATHLETIC ASSOCIATION

1. Batangas
2. Batangas I
3. Batangas II
4. Batangas City
5. Lipa City
6. Cavite
7. Laguna & San Pablo City
8. Quezon
9. Quezon I
10. Quezon II
11. Quezon III
12. Lucena City
13. Occidental Mindoro
14. Oriental Mindoro
15. Marinduque
16. Rizal
17. Palawan

CENTRAL LUZON ATHLETIC ASSOCIATION

1. Pangasinan
2. Pangasinan I
3. Pangasinan II
4. Zambales City
5. San Carlos City
6. Tayabas
7. Pampanga & Angeles City
8. Aurora - Cabanatuan City
9. San Jose City
10. Zambales & Olongapo City
11. Bataan
12. Bulacan

MPOCCA

1. Manila
2. Pasay City
3. Quezon City
4. Caloocan City

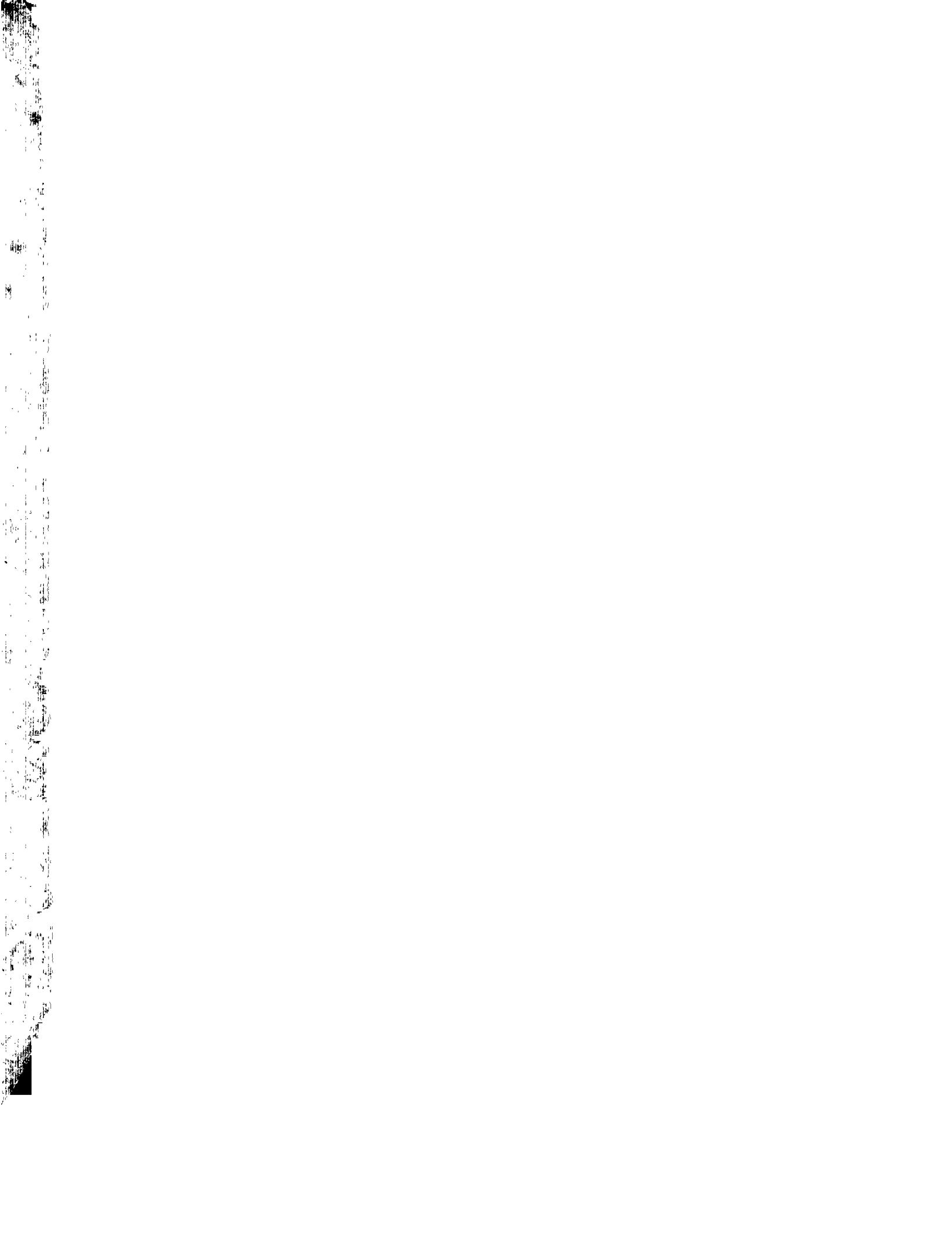
V. BICOL ATHLETIC ASSOCIATION

1. Albay and Legazpi City
2. Camarines Sur
3. Camarines Sur I
4. Camarines Sur II
5. Iriga City
6. Camarines Norte
7. Catanduanes
8. Masbate
9. Sorsogon

VI. EASTERN VISAYAS ATHLETIC ASSOCIATION

1. Cebu
2. Cebu City, Toledo City, Danao City, Lapu-Lapu City, Mandaue City
3. Bohol
4. Negros Oriental







**VI. EASTERN VISAYAS ATHLETIC ASSOCIATION  
(CONTINUATION)**

4. Leyte I, II, III, IV  
 Tacloban City  
 Southern Leyte  
 Ormoc City
5. Samar
6. Eastern Samar
7. Northern Samar  
 Calbayog City
8. Siquijor

**WESTERN VISAYAS ATHLETIC  
(CONTINUATION)**

1. Biliran
2. Antequera
3. Davao
4. Zamboanga  
 Davao City  
 Cotabato  
 Cotabato City  
 Southern Cotabato  
 Sultan Kudarat  
 Sarangani  
 Maguindanao  
 Lanao del Norte  
 Lanao del Sur  
 Davao City  
 Davao City  
 Caraga City  
 Caraga City  
 Zamboanga

**NORTHERN MINDANAO ATHLETIC  
(CONTINUATION)**

1. Agusan  
 Agusan del Norte  
 Agusan del Sur
2. Bukidnon
3. Lanao del Norte  
 Iligan City
4. Lanao del Sur & Marawi City
5. Misamis Occidental  
 Iligan City & Oroquieta City  
 Opol City  
 Tandag City

**IX. SOUTHERN MINDAUAN  
ATHLETIC ASSOCIATION**

1. Cotabato  
 Cotabato  
 Gen. Santos City  
 Cotabato City
2. Sulu  
 Sulu City
3. Davao City
4. Sulu  
 Sulu City
5. Zamboanga  
 Pagadian
6. Basilan
7. Davao
8. Davao
9. Davao
10. Zamboanga

6. Misamis Oriental  
 Gagayan de Oro
7. Surigao  
 Surigao del Norte  
 Surigao del Sur  
 Siargao  
 Davao  
 Davao
8. Zamboanga del Norte  
 Davao City  
 Dipulog City
9. Compostela

Note: Some cities join the province where they are located.  
Cebu, Pasay, Manila, Malabon, and Gabaldon, Pagadian.





