

Republic of the Philippines
Department of Education and Culture
OFFICE OF THE SECRETARY
Manila

★ MANILA ★

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October 5, 1973

DEPARTMENT ORDER
No. 35, s.1973

PHYSICAL FITNESS AND SPORTS DEVELOPMENT
PROGRAM FOR SCHOOL YEAR 1973-74

To All Bureau Directors
Heads of Offices and Agencies:

1. In line with the increased emphasis on physical fitness and sports development, the Department announces the Sports Development Program for school year 1973-74.
2. Enclosed as Annex 1 and 2 to this Department Order is a brief description of the "Physical Fitness and Sports Development Program for School Year 1973-74" for your information and guidance.
3. The following are its broad features:
 - a. A physical fitness program to make sports accessible to the broad mass of the population and provide for the active participation by the greater number of our youth in competitive sports, recreational and physical fitness activity;
 - b. A sports development program which will provide ample opportunities for participation of all sectors of youth, both those in-school and out-of-school;
 - c. An athletics program encompassing public schools including vocational schools and private schools, colleges and universities, but excluding state colleges and universities.
 - d. A national planning and coordinating body to be known as the National Council for Physical Fitness and Sports Development (PFSD) is created to organize, plan, and administer the national program. Provincial/city councils for physical Fitness and Sports Development will likewise be created along the lines

set by the National Council organized to administer the program in the provincial and city levels.

d. The athletic regional organization, more or less follow the PSIAA pattern to insure a more balanced representation and strength in athletic competitions. As usual, the school superintendent of the host division is the President of the Regional Athletic Association with the membership in the board of Directors expanded so as to include superintendents of vocational schools and private schools within the athletic region.

4. The National Council referred to in No. 3(d) is composed as follows:

The Secretary of Education and Culture, Chairman
The Undersecretary of Education & Culture, Vice-Chairman
The three (3) directors of promotional bureaus
The eleven (11) regional directors (designate)

In view of time constraints for the implementation of the program, steps shall be taken toward the immediate organization of the Provincial/City Councils, (PFSD) under the guidelines set by the National Council to make them operational as early as possible.

5. Immediate dissemination hereof is hereby desired.

(SGD) JUAN L. MANUEL
Secretary of Education & Culture

Encl.: As stated
CSS/rec
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PHYSICAL FITNESS AND SPORTS DEVELOPMENT PROGRAM FOR
SCHOOL YEAR 1973-1974

Rationale of the program:

"The State recognizes the vital role of the youth in nation building and shall promote their physical, intellectual and social well-being." (Art. II, Sec. 5, Phil. Constitution)

Youth as hereinabove used refers to those in-school as well as those out-of-school.

While physical fitness is the ultimate goal of well-planned physical activities program and therefore inherent in sports development, the term is used to indicate a reorientation of the sports program with due emphasis on the participation of the greatest number of in-school and out-school youth in competitive sports, recreational and physical fitness activities. It is obvious that athletes will sooner be found among millions than among thousands, and that it is easier to find talented athletes among thousands than among hundreds. (Report of the Sports Committee, DEC)

A sports development program must necessarily start from a broad base of participants actively involved in sports activities in their respective communities.

And, within the framework of a well-designed athletic program, with participants progressively selected through their showing in athletic competition, we hope to spot those with potentials and through more intensive training ultimately become outstanding athletes in their chosen sports events.

NINE (9) REGIONAL ATHLETIC ASSOCIATIONI. NORTHERN LUZON ATHLETIC ASSOCIATION

1. Batanes
2. Ilocos Norte
3. Ilocos Sur
4. La Union
5. Abra
6. Baguio City
7. Cagayan
 - Cagayan I
 - Cagayan II
8. Isabela
9. Nueva Vizcaya & Quirino
10. Benguet
 - Ifugao
 - Mt. Province
 - Kalinga- payao

II. CENTRAL LUZON ATHLETIC ASSOCIATION

1. Pangasinan
 - Pangasinan I
 - Pangasinan II
 - Dagupan City
 - San Carlos City
2. Tarlac
3. Pampanga & Angeles City
4. Nueva Ecija & Cabanatuan City
 - San Jose City
5. Zambales & Olongapo City
6. Bataan
7. Bulacan

III. MPQCCAA

1. Manila
2. Pasay City
3. Quezon City
4. Caloocan City

IV. SOUTHERN TAGALOG ATHLETIC ASSOCIATION

1. Batangas
 - Batangas I
 - Batangas II
 - Batangas City
 - Lipa City
2. Cavite
3. Laguna & San Pablo City
4. Quezon
 - Quezon I
 - Quezon II
 - Quezon III
 - Lucena City
5. Occidental Mindoro
6. Oriental Mindoro
7. Marinduque
8. Rizal
9. Palawan

V. BICOL ATHLETIC ASSOCIATION

1. Albay and Legaspi City
2. Camarines Sur
 - Camarines Sur I
 - Camarines Sur II
 - Iriga City
3. Camarines Norte
4. Catanduanes
5. Masbate
6. Sorsogon

VI. EASTERN VISAYAS ATHLETIC ASSO

1. Cebu
 - Cebu City
 - Danao City
 - Lapu-Lapu City
 - Mandawe City
2. Bohol
3. Negros Oriental & Siquijor
4. Leyte I-II-III-IV
 - Tacloban City
 - Southern Leyte
5. Samar
 - Eastern Samar
 - Northern Samar
 - Western Samar
 - Ormoc City
 - Calbayog City

VII. WESTERN VISAYAS ATHLETIC ASSO.

1. Aklan
2. Antique
3. Capiz
4. Iloilo
Iloilo City
Guimaras
5. Negros Occidental
San Carlos City
Bacolod City
Silay City
Cadiz City
La Carlota City
6. Romblon

IX. SOUTHERN MINDANAO ATHLETIC ASSOCIATION

1. Cotabato
Cotabato I
Cotabato II
Cotabato III
2. Davao City
3. Sulu
Sulu I
Sulu II
4. Zamboanga del Sur & Pagadian City
5. Basilan City
6. Davao
Davao del Norte
Davao del Sur
Davao Oriental

VIII. NORTHERN MINDANAO ATHLETIC ASSOCIATION

1. Agusan
Agusan del Norte
Agusan del Sur
2. Bukidnon
3. Lanao del Norte & Iligan City
4. Lanao del Sur & Marawi City
5. Misamis Occidental
Gingoog City
Ozamis City
Tangub City
6. Misamis Oriental & Cagayan de Oro City
7. Surigao
Surigao del Norte Dinagat
Surigao del Sur
8. Zamboanga del Norte
Dapitan City
Dipolog City
9. Zamboanga City

*City divisions join the province where they are located except Manila and Suburbs, Baguio, Davao & Zamboanga cities.

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THE SPORTS DEVELOPMENT PROGRAM - A BRIEF DESCRIPTION

- IN OCTOBER - Intramurals - The term is used to describe physical fitness and sports activities in the barrio, town, city or districts level with the participation of all pupils and students in the elementary and secondary schools within the district, and select those who will constitute the district team. Out-of-school youth ages 12-21 shall be encouraged to conduct a similar program with the participation of local officials. The running of a district meet is optional.
- IN NOVEMBER - Unit Meets (Elementary and Secondary) -
The province shall be divided into four to six districts. A city district or small city division may participate as a separate unit. The district supervisors shall constitute the Committee to run the unit meet, with the host district supervisor as chairman. The out-of-school youth teams of each municipality or city shall participate as independent teams.
- IN DECEMBER - The Provincial Meets - The Provincial Council which shall be headed by the Division Superintendent of Schools for the Province is charged with running the provincial meet.
The Provincial Meet shall consist of two divisions:
The Junior Division consisting of the Unit teams - elementary and secondary levels;
The Senior Division - consisting of the colleges and universities in the province which will participate as individual unit teams.
The Out-of-School youth teams will be included in the Junior Division. The Municipal City Mayor of the champion out-of-school youth team in the unit meet shall act as manager of the out-of-school youth delegation in the provincial meet.
- IN JANUARY - The Regional Meets -
The Regional Organization of the Nine (9) Athletic Associations is listed in Annex 2 hereof.
There shall be only one (1) athletic delegation to a regional meet. The delegation shall consist of a selection of athletes to participate

in the various events selected from all units participating in the provincial meet. Out-of-school youth shall likewise qualify for selection in the provincial athletic delegation.

IN FEBRUARY - National Meet-

The National Interscholastic Athletic Association Meet shall be participated in by the nine (9) regional athletic associations.

The National Meet shall be managed by the Board of Directors consisting of the Superintendent of the host province as Chairman and all Superintendents who were hosts of the regional meets.

