



JUN 0 1 2010

DepEd MEMORANDUM
No. **241**, s. 2010

**CHANGE AND ADDITIONAL INFORMATION IN DEPED MEMORANDUM NO. 165, S. 2010
(Adoption of the 2007 World Health Organization Child Growth Standards)**

To: Regional Directors
Schools Division/City Superintendents
Heads, Public and Private Elementary and Secondary Schools

1. Paragraph 3 of DepEd Memorandum No. 165, 2010 (Adoption of the 2007 World Health Organization Child Growth Standards) is hereby corrected to read as follows:

“3. The nutritional assessment of elementary and secondary students shall be done twice every school year – baseline will be in June-July and endline will be in February-March. The school nurses and teachers are fully responsible in the conduct of such assessments, while the school heads are responsible in providing the tools for height and weight-taking. The ideal tool is a calibrated beam balance scale with a height scale”.

2. The following are the additional information to said DepEd Memorandum:

- a. For pre-elementary pupils aged five (5) years old and below, World Health Organization (WHO) Weight-for-Age Tables shall be used and Health and Nutrition Center (HNC) Nutritional Status (Nut Stat) Form 3 shall be used in reporting. For pre-elementary, elementary and secondary students aged 6-19 years old, WHO-BMI-for-Age Tables shall be used and HNC Nut Stat Forms 1 and 2 shall be used in reporting:
- b. As member of the Local Nutrition Committee, the Division and District Offices are requested to submit a copy of Nutritional Status Reports to the Provincial and Municipal Nutrition Committees;
- c. The trained Regional Health and Nutrition Unit (RHNU), Division Health and Nutrition Section (DHNS) personnel shall be responsible in the training of other health personnel in the division and school teachers before the conduct of the baseline assessment this School Year 2010-2011; and
- d. The revised Nutritional Status (NS) Report Forms and the WHO-CGS Weight-for-Age and BMI-for-Age Tables (copies enclosed) must be used for ready reference and may be replicated without modification at the school level.

3. Immediate dissemination of this Memorandum is desired.


VILMA L. LABRADOR
Undersecretary



Encls.:

As stated

Reference:

DepEd Memorandum: (No. 165, s. 2010)

To be indicated in the Perpetual Index
under the following subjects:

CHANGE
FORMS
NUTRITION EDUCATION
PUPILS
REPORTS
STUDENTS

R-SMA, DM Changes in DM 165, s. 2010 WHO
May 26, 2010

Department of Education
NUTRITIONAL STATUS REPORT OF ELEMENTARY SCHOOL CHILDREN IN _____
 Baseline (June) SY _____

| Grade Levels | Enrollment | Pupils Weighed | | BODY MASS INDEX (BMI) | | | | | | | | | |
|---------------------|------------|----------------|---|-----------------------|---|--------|---|--------|---|------------|---|-------|---|
| | | No. | % | Severely Wasted | | Wasted | | Normal | | Overweight | | Obese | |
| | | | | No. | % | No. | % | No. | % | No. | % | No. | % |
| Pre-elem* | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| Grade I | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| Grade II | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| Grade III | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| Grade IV | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| Grade V | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| Grade VI | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| SPED | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |
| GRAND TOTAL: | M | | | | | | | | | | | | |
| | F | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | |

*Pre-elem pupils who are 6 yrs old and above

(Enclosure No. 1-B to DepEd Memorandum No. 241, s. 2010)

Department of Education

NUTRITIONAL STATUS REPORT OF SECONDARY STUDENTS IN _____

Baseline (June) SY _____

| Year Levels | Enrollment | Pupils Weighed | | BODY MASS INDEX (BMI) | | | | | | | |
|---------------------|------------|----------------|---|-----------------------|--------|--------|------------|-------|---|-----|---|
| | | No. | % | Severely Wasted | Wasted | Normal | Overweight | Obese | | | |
| | | | | No. | % | No. | % | No. | % | No. | % |
| First Year | M | | | | | | | | | | |
| | F | | | | | | | | | | |
| | Total | | | | | | | | | | |
| Second Year | M | | | | | | | | | | |
| | F | | | | | | | | | | |
| | Total | | | | | | | | | | |
| Third Year | M | | | | | | | | | | |
| | F | | | | | | | | | | |
| | Total | | | | | | | | | | |
| Fourth Year | M | | | | | | | | | | |
| | F | | | | | | | | | | |
| | Total | | | | | | | | | | |
| GRAND TOTAL: | M | | | | | | | | | | |
| | F | | | | | | | | | | |
| | Total | | | | | | | | | | |

(Enclosure No. 1-C to DepEd Memorandum No. 241, s. 2010)

Department of Education
NUTRITIONAL STATUS REPORT OF PRE-ELEMENTARY PUPILS IN _____
 Baseline (June) SY _____

| Grade Levels | Enrollment | Pupils Weighed | | WEIGHT-FOR-AGE | | | | | | | |
|--------------|------------|----------------|---|----------------------|---|-------------|---|--------|---|------------|---|
| | | No. | % | Severely Underweight | | Underweight | | Normal | | Overweight | |
| | | No. | % | No. | % | No. | % | No. | % | No. | % |
| Pre-elem* | | | | | | | | | | | |
| M | | | | | | | | | | | |
| F | | | | | | | | | | | |
| Total | | | | | | | | | | | |

*Pre-elem pupils who are 5 yrs old and below

CHILD GROWTH STANDARDS

Weight (kg) for Age of Boys 0-71 Months ^{1/}



INSTRUCTIONS FOR USE

Upon computation of correct age-in-months, look for the point where the child's age-in-months in the first column intersects with the actual weight of the child in the column corresponding to the child's sex.

| Age 2/ (months) | Weight | | | | | |
|--------------------|----------------------|---------------|--------------|---------------|-------------|------------|
| | Severely Underweight | Underweight | | Normal | | Overweight |
| | <-3SD | -3 SD From | <-2 SD To | -2 SD From | +2 SD To | >+2 SD |
| 0 | 2.1 | 2.2 | 2.4 | 2.5 | 4.4 | 4.5 |
| 1 | 2.9 | 3.0 | 3.3 | 3.4 | 5.8 | 5.9 |
| 2 | 3.8 | 3.9 | 4.2 | 4.3 | 7.1 | 7.2 |
| 3 | 4.4 | 4.5 | 4.9 | 5.0 | 8.0 | 8.1 |
| 4 | 4.9 | 5.0 | 5.5 | 5.6 | 8.7 | 8.8 |
| 5 | 5.3 | 5.4 | 5.9 | 6.0 | 9.3 | 9.4 |
| 6 | 5.7 | 5.8 | 6.3 | 6.4 | 9.8 | 9.9 |
| 7 | 5.9 | 6.0 | 6.6 | 6.7 | 10.3 | 10.4 |
| 8 | 6.2 | 6.3 | 6.8 | 6.9 | 10.7 | 10.8 |
| 9 | 6.4 | 6.5 | 7.0 | 7.1 | 11.0 | 11.1 |
| 10 | 6.6 | 6.7 | 7.3 | 7.4 | 11.4 | 11.5 |
| 11 | 6.8 | 6.9 | 7.5 | 7.6 | 11.7 | 11.8 |
| 12 | 6.9 | 7.0 | 7.6 | 7.7 | 12.0 | 12.1 |
| 13 | 7.1 | 7.2 | 7.8 | 7.9 | 12.3 | 12.4 |
| 14 | 7.2 | 7.3 | 8.0 | 8.1 | 12.6 | 12.7 |
| 15 | 7.4 | 7.5 | 8.2 | 8.3 | 12.8 | 12.9 |
| 16 | 7.5 | 7.6 | 8.3 | 8.4 | 13.1 | 13.2 |
| 17 | 7.7 | 7.8 | 8.5 | 8.6 | 13.4 | 13.5 |
| 18 | 7.8 | 7.9 | 8.7 | 8.8 | 13.7 | 13.8 |
| 19 | 8.0 | 8.1 | 8.8 | 8.9 | 13.9 | 14.0 |
| 20 | 8.1 | 8.2 | 9.0 | 9.1 | 14.2 | 14.3 |
| 21 | 8.2 | 8.3 | 9.1 | 9.2 | 14.5 | 14.6 |
| 22 | 8.4 | 8.5 | 9.3 | 9.4 | 14.7 | 14.8 |
| 23 | 8.5 | 8.6 | 9.4 | 9.5 | 15.0 | 15.1 |
| 24 | 8.6 | 8.7 | 9.6 | 9.7 | 15.3 | 15.4 |
| 25 | 8.8 | 8.9 | 9.7 | 9.8 | 15.5 | 15.6 |
| 26 | 8.9 | 9.0 | 9.9 | 10.0 | 15.8 | 15.9 |
| 27 | 9.0 | 9.1 | 10.0 | 10.1 | 16.1 | 16.2 |
| 28 | 9.1 | 9.2 | 10.1 | 10.2 | 16.3 | 16.4 |
| 29 | 9.2 | 9.3 | 10.3 | 10.4 | 16.6 | 16.7 |
| 30 | 9.4 | 9.5 | 10.4 | 10.5 | 16.9 | 17.0 |
| 31 | 9.5 | 9.6 | 10.6 | 10.7 | 17.1 | 17.2 |
| 32 | 9.6 | 9.7 | 10.7 | 10.8 | 17.4 | 17.5 |
| 33 | 9.7 | 9.8 | 10.8 | 10.9 | 17.6 | 17.7 |
| 34 | 9.8 | 9.9 | 10.9 | 11.0 | 17.8 | 17.9 |
| 35 | 9.9 | 10.0 | 11.1 | 11.2 | 18.1 | 18.2 |

| Age 2/ (months) | Weight | | | | | |
|--------------------|----------------------|---------------|--------------|---------------|-------------|------------|
| | Severely Underweight | Underweight | | Normal | | Overweight |
| | <-3SD | -3 SD From | <-2 SD To | -2 SD From | +2 SD To | >+2 SD |
| 36 | 10.0 | 10.1 | 11.2 | 11.3 | 18.3 | 18.4 |
| 37 | 10.1 | 10.2 | 11.3 | 11.4 | 18.6 | 18.7 |
| 38 | 10.2 | 10.3 | 11.4 | 11.5 | 18.8 | 18.9 |
| 39 | 10.3 | 10.4 | 11.5 | 11.6 | 19.0 | 19.1 |
| 40 | 10.4 | 10.5 | 11.7 | 11.8 | 19.3 | 19.4 |
| 41 | 10.5 | 10.6 | 11.8 | 11.9 | 19.5 | 19.6 |
| 42 | 10.6 | 10.7 | 11.9 | 12.0 | 19.7 | 19.8 |
| 43 | 10.7 | 10.8 | 12.0 | 12.1 | 20.0 | 20.1 |
| 44 | 10.8 | 10.9 | 12.1 | 12.2 | 20.2 | 20.3 |
| 45 | 10.9 | 11.0 | 12.3 | 12.4 | 20.5 | 20.6 |
| 46 | 11.0 | 11.1 | 12.4 | 12.5 | 20.7 | 20.8 |
| 47 | 11.1 | 11.2 | 12.5 | 12.6 | 20.9 | 21.0 |
| 48 | 11.2 | 11.3 | 12.6 | 12.7 | 21.2 | 21.3 |
| 49 | 11.3 | 11.4 | 12.7 | 12.8 | 21.4 | 21.5 |
| 50 | 11.4 | 11.5 | 12.8 | 12.9 | 21.7 | 21.8 |
| 51 | 11.5 | 11.6 | 13.0 | 13.1 | 21.9 | 22.0 |
| 52 | 11.6 | 11.7 | 13.1 | 13.2 | 22.2 | 22.3 |
| 53 | 11.7 | 11.8 | 13.2 | 13.3 | 22.4 | 22.5 |
| 54 | 11.8 | 11.9 | 13.3 | 13.4 | 22.7 | 22.8 |
| 55 | 11.9 | 12.0 | 13.4 | 13.5 | 22.9 | 23.0 |
| 56 | 12.0 | 12.1 | 13.5 | 13.6 | 23.2 | 23.3 |
| 57 | 12.1 | 12.2 | 13.6 | 13.7 | 23.4 | 23.5 |
| 58 | 12.2 | 12.3 | 13.7 | 13.8 | 23.7 | 23.8 |
| 59 | 12.3 | 12.4 | 13.9 | 14.0 | 23.9 | 24.0 |
| 60 | 12.4 | 12.5 | 14.0 | 14.1 | 24.2 | 24.3 |
| 61 | 12.7 | 12.8 | 14.3 | 14.4 | 24.3 | 24.4 |
| 62 | 12.8 | 12.9 | 14.4 | 14.5 | 24.4 | 24.5 |
| 63 | 13.0 | 13.1 | 14.5 | 14.6 | 24.7 | 24.8 |
| 64 | 13.1 | 13.2 | 14.7 | 14.8 | 24.9 | 25.0 |
| 65 | 13.2 | 13.3 | 14.8 | 14.9 | 25.2 | 25.3 |
| 66 | 13.3 | 13.4 | 14.9 | 15.0 | 25.5 | 25.6 |
| 67 | 13.4 | 13.5 | 15.1 | 15.2 | 25.7 | 25.8 |
| 68 | 13.6 | 13.7 | 15.2 | 15.3 | 26.0 | 26.1 |
| 69 | 13.7 | 13.8 | 15.3 | 15.4 | 26.3 | 26.4 |
| 70 | 13.8 | 13.9 | 15.5 | 15.6 | 26.6 | 26.7 |
| 71 | 13.9 | 14.0 | 15.6 | 15.7 | 26.8 | 26.9 |

1/ Based on the WHO Child Growth Standards, Methods and Development, 2006

2/ Age refers to the age of the child computed to the nearest month as of last birth date.

For example, a child born on 01 October 2004 and weighed on 21 August 2007 is 2 years, 10 months and 30 days.

Multiplying 2 years by 12 months and adding 10 months, the child will be 24 months plus 10 months or 34 months old. The number of days is not included in the computation of age in months.

CHILD GROWTH STANDARDS**Weight (kg) for Age of Girls 0-71 Months ^{1/}****INSTRUCTIONS FOR USE**

Upon computation of correct age-in-months, look for the point where the child's age-in-months in the first column intersects with the actual weight of the child in the column corresponding to the child's sex.

| Age 2/ (months) | Weight | | | | | |
|--------------------|-------------------------|---------------|--------------|---------------|-------------|------------|
| | Severely Underweight | Underweight | | Normal | | Overweight |
| | <-3SD | -3 SD From | <-2 SD To | -2 SD From | +2 SD To | >+2 SD |
| 0 | 2.0 | 2.1 | 2.3 | 2.4 | 4.2 | 4.3 |
| 1 | 2.7 | 2.8 | 3.1 | 3.2 | 5.5 | 5.6 |
| 2 | 3.4 | 3.5 | 3.8 | 3.9 | 6.6 | 6.7 |
| 3 | 4.0 | 4.1 | 4.4 | 4.5 | 7.5 | 7.6 |
| 4 | 4.4 | 4.5 | 4.9 | 5.0 | 8.2 | 8.3 |
| 5 | 4.8 | 4.9 | 5.3 | 5.4 | 8.8 | 8.9 |
| 6 | 5.1 | 5.2 | 5.6 | 5.7 | 9.3 | 9.4 |
| 7 | 5.3 | 5.4 | 5.9 | 6.0 | 9.8 | 9.9 |
| 8 | 5.6 | 5.7 | 6.2 | 6.3 | 10.2 | 10.3 |
| 9 | 5.8 | 5.9 | 6.4 | 6.5 | 10.5 | 10.6 |
| 10 | 5.9 | 6.0 | 6.6 | 6.7 | 10.9 | 11.0 |
| 11 | 6.1 | 6.2 | 6.8 | 6.9 | 11.2 | 11.3 |
| 12 | 6.3 | 6.4 | 6.9 | 7.0 | 11.5 | 11.6 |
| 13 | 6.4 | 6.5 | 7.1 | 7.2 | 11.8 | 11.9 |
| 14 | 6.6 | 6.7 | 7.3 | 7.4 | 12.1 | 12.2 |
| 15 | 6.7 | 6.8 | 7.5 | 7.6 | 12.4 | 12.5 |
| 16 | 6.9 | 7.0 | 7.6 | 7.7 | 12.6 | 12.7 |
| 17 | 7.0 | 7.1 | 7.8 | 7.9 | 12.9 | 13.0 |
| 18 | 7.2 | 7.3 | 8.0 | 8.1 | 13.2 | 13.3 |
| 19 | 7.3 | 7.4 | 8.1 | 8.2 | 13.5 | 13.6 |
| 20 | 7.5 | 7.6 | 8.3 | 8.4 | 13.7 | 13.8 |
| 21 | 7.6 | 7.7 | 8.5 | 8.6 | 14.0 | 14.1 |
| 22 | 7.8 | 7.9 | 8.6 | 8.7 | 14.3 | 14.4 |
| 23 | 7.9 | 8.0 | 8.8 | 8.9 | 14.6 | 14.7 |
| 24 | 8.1 | 8.2 | 8.9 | 9.0 | 14.8 | 14.9 |
| 25 | 8.2 | 8.3 | 9.1 | 9.2 | 15.1 | 15.2 |
| 26 | 8.4 | 8.5 | 9.3 | 9.4 | 15.4 | 15.5 |
| 27 | 8.5 | 8.6 | 9.4 | 9.5 | 15.7 | 15.8 |
| 28 | 8.6 | 8.7 | 9.6 | 9.7 | 16.0 | 16.1 |
| 29 | 8.8 | 8.9 | 9.7 | 9.8 | 16.2 | 16.3 |
| 30 | 8.9 | 9.0 | 9.9 | 10.0 | 16.5 | 16.6 |
| 31 | 9.0 | 9.1 | 10.0 | 10.1 | 16.8 | 16.9 |
| 32 | 9.1 | 9.2 | 10.2 | 10.3 | 17.1 | 17.2 |
| 33 | 9.3 | 9.4 | 10.3 | 10.4 | 17.3 | 17.4 |
| 34 | 9.4 | 9.5 | 10.4 | 10.5 | 17.6 | 17.7 |
| 35 | 9.5 | 9.6 | 10.6 | 10.7 | 17.9 | 18.0 |

| Age 2/ (months) | Weight | | | | | |
|--------------------|-------------------------|---------------|--------------|---------------|-------------|------------|
| | Severely Underweight | Underweight | | Normal | | Overweight |
| | <-3SD | -3 SD From | <-2 SD To | -2 SD From | +2 SD To | >+2 SD |
| 36 | 9.6 | 9.7 | 10.7 | 10.8 | 18.1 | 18.2 |
| 37 | 9.7 | 9.8 | 10.8 | 10.9 | 18.4 | 18.5 |
| 38 | 9.8 | 9.9 | 11.0 | 11.1 | 18.7 | 18.8 |
| 39 | 9.9 | 10.0 | 11.1 | 11.2 | 19.0 | 19.1 |
| 40 | 10.1 | 10.2 | 11.2 | 11.3 | 19.2 | 19.3 |
| 41 | 10.2 | 10.3 | 11.4 | 11.5 | 19.5 | 19.6 |
| 42 | 10.3 | 10.4 | 11.5 | 11.6 | 19.8 | 19.9 |
| 43 | 10.4 | 10.5 | 11.6 | 11.7 | 20.1 | 20.2 |
| 44 | 10.5 | 10.6 | 11.7 | 11.8 | 20.4 | 20.5 |
| 45 | 10.6 | 10.7 | 11.9 | 12.0 | 20.7 | 20.8 |
| 46 | 10.7 | 10.8 | 12.0 | 12.1 | 20.9 | 21.0 |
| 47 | 10.8 | 10.9 | 12.1 | 12.2 | 21.2 | 21.3 |
| 48 | 10.9 | 11.0 | 12.2 | 12.3 | 21.5 | 21.6 |
| 49 | 11.0 | 11.1 | 12.3 | 12.4 | 21.8 | 21.9 |
| 50 | 11.1 | 11.2 | 12.4 | 12.5 | 22.1 | 22.2 |
| 51 | 11.2 | 11.3 | 12.6 | 12.7 | 22.4 | 22.5 |
| 52 | 11.3 | 11.4 | 12.7 | 12.8 | 22.6 | 22.7 |
| 53 | 11.4 | 11.5 | 12.8 | 12.9 | 22.9 | 23.0 |
| 54 | 11.5 | 11.6 | 12.9 | 13.0 | 23.2 | 23.3 |
| 55 | 11.6 | 11.7 | 13.1 | 13.2 | 23.5 | 23.6 |
| 56 | 11.7 | 11.8 | 13.2 | 13.3 | 23.8 | 23.9 |
| 57 | 11.8 | 11.9 | 13.3 | 13.4 | 24.1 | 24.2 |
| 58 | 11.9 | 12.0 | 13.4 | 13.5 | 24.4 | 24.5 |
| 59 | 12.0 | 12.1 | 13.5 | 13.6 | 24.6 | 24.7 |
| 60 | 12.1 | 12.2 | 13.6 | 13.7 | 24.7 | 24.8 |
| 61 | 12.4 | 12.5 | 13.9 | 14.0 | 24.8 | 24.9 |
| 62 | 12.5 | 12.6 | 14.0 | 14.1 | 25.1 | 25.2 |
| 63 | 12.6 | 12.7 | 14.1 | 14.2 | 25.4 | 25.5 |
| 64 | 12.7 | 12.8 | 14.2 | 14.3 | 25.6 | 25.7 |
| 65 | 12.8 | 12.9 | 14.3 | 14.4 | 25.9 | 26.0 |
| 66 | 12.9 | 13.0 | 14.5 | 14.6 | 26.2 | 26.3 |
| 67 | 13.0 | 13.1 | 14.6 | 14.7 | 26.5 | 26.6 |
| 68 | 13.1 | 13.2 | 14.7 | 14.8 | 26.7 | 26.8 |
| 69 | 13.2 | 13.3 | 14.8 | 14.9 | 27.0 | 27.1 |
| 70 | 13.3 | 13.4 | 14.9 | 15.0 | 27.3 | 27.4 |
| 71 | 13.4 | 13.5 | 15.1 | 15.2 | 27.6 | 27.7 |

^{1/} Based on the WHO Child Growth Standards, Methods and Development, 2006

^{2/} Age refers to the age of the child computed to the nearest month as of last birth date.

For example, a child born on 01 October 2004 and weighed on 21 August 2007 is 2 years, 10 months and 30 days.

Multiplying 2 years by 12 months and adding 10 months, the child will be 24 months plus 10 months or 34 months old. The number of days is not included in the computation of age in months.

For inquiries, please contact the National Nutrition Council at (02) 843-5868, 843-5824.

Weight (kg) for Age of Boys and Girls 0-71 Months ^{1/}

INSTRUCTIONS FOR USE

Upon computation of correct age-in-months, look for the point where the child's age-in-months in the first column intersects with the actual weight of the child in the column corresponding to the child's sex.

| Age 2/ (months) | Weight (BOYS) | | | | | | |
|--------------------|-------------------------|-------------|-------|--------|-------|------------|-------|
| | Severely Underweight | Underweight | | Normal | | Overweight | |
| | | <-3SD | -3 SD | <-2 SD | -2 SD | | +2 SD |
| | | | From | To | From | | To |
| 0 | 2.1 | 2.2 | 2.4 | 2.5 | 4.4 | 4.5 | |
| 1 | 2.9 | 3.0 | 3.3 | 3.4 | 5.8 | 5.9 | |
| 2 | 3.8 | 3.9 | 4.2 | 4.3 | 7.1 | 7.2 | |
| 3 | 4.4 | 4.5 | 4.9 | 5.0 | 8.0 | 8.1 | |
| 4 | 4.9 | 5.0 | 5.5 | 5.6 | 8.7 | 8.8 | |
| 5 | 5.3 | 5.4 | 5.9 | 6.0 | 9.3 | 9.4 | |
| 6 | 5.7 | 5.8 | 6.3 | 6.4 | 9.8 | 9.9 | |
| 7 | 5.9 | 6.0 | 6.6 | 6.7 | 10.3 | 10.4 | |
| 8 | 6.2 | 6.3 | 6.8 | 6.9 | 10.7 | 10.8 | |
| 9 | 6.4 | 6.5 | 7.0 | 7.1 | 11.0 | 11.1 | |
| 10 | 6.6 | 6.7 | 7.3 | 7.4 | 11.4 | 11.5 | |
| 11 | 6.8 | 6.9 | 7.5 | 7.6 | 11.7 | 11.8 | |
| 12 | 6.9 | 7.0 | 7.6 | 7.7 | 12.0 | 12.1 | |
| 13 | 7.1 | 7.2 | 7.8 | 7.9 | 12.3 | 12.4 | |
| 14 | 7.2 | 7.3 | 8.0 | 8.1 | 12.6 | 12.7 | |
| 15 | 7.4 | 7.5 | 8.2 | 8.3 | 12.8 | 12.9 | |
| 16 | 7.5 | 7.6 | 8.3 | 8.4 | 13.1 | 13.2 | |
| 17 | 7.7 | 7.8 | 8.5 | 8.6 | 13.4 | 13.5 | |
| 18 | 7.8 | 7.9 | 8.7 | 8.8 | 13.7 | 13.8 | |
| 19 | 8.0 | 8.1 | 8.8 | 8.9 | 13.9 | 14.0 | |
| 20 | 8.1 | 8.2 | 9.0 | 9.1 | 14.2 | 14.3 | |
| 21 | 8.2 | 8.3 | 9.1 | 9.2 | 14.5 | 14.6 | |
| 22 | 8.4 | 8.5 | 9.3 | 9.4 | 14.7 | 14.8 | |
| 23 | 8.5 | 8.6 | 9.4 | 9.5 | 15.0 | 15.1 | |
| 24 | 8.6 | 8.7 | 9.6 | 9.7 | 15.3 | 15.4 | |
| 25 | 8.8 | 8.9 | 9.7 | 9.8 | 15.5 | 15.6 | |
| 26 | 8.9 | 9.0 | 9.9 | 10.0 | 15.8 | 15.9 | |
| 27 | 9.0 | 9.1 | 10.0 | 10.1 | 16.1 | 16.2 | |
| 28 | 9.1 | 9.2 | 10.1 | 10.2 | 16.3 | 16.4 | |
| 29 | 9.2 | 9.3 | 10.3 | 10.4 | 16.6 | 16.7 | |
| 30 | 9.4 | 9.5 | 10.4 | 10.5 | 16.9 | 17.0 | |
| 31 | 9.5 | 9.6 | 10.6 | 10.7 | 17.1 | 17.2 | |
| 32 | 9.6 | 9.7 | 10.7 | 10.8 | 17.4 | 17.5 | |
| 33 | 9.7 | 9.8 | 10.8 | 10.9 | 17.6 | 17.7 | |
| 34 | 9.8 | 9.9 | 10.9 | 11.0 | 17.8 | 17.9 | |
| 35 | 9.9 | 10.0 | 11.1 | 11.2 | 18.1 | 18.2 | |
| 36 | 10.0 | 10.1 | 11.2 | 11.3 | 18.3 | 18.4 | |
| 37 | 10.1 | 10.2 | 11.3 | 11.4 | 18.6 | 18.7 | |
| 38 | 10.2 | 10.3 | 11.4 | 11.5 | 18.8 | 18.9 | |
| 39 | 10.3 | 10.4 | 11.5 | 11.6 | 19.0 | 19.1 | |
| 40 | 10.4 | 10.5 | 11.7 | 11.8 | 19.3 | 19.4 | |
| 41 | 10.5 | 10.6 | 11.8 | 11.9 | 19.5 | 19.6 | |
| 42 | 10.6 | 10.7 | 11.9 | 12.0 | 19.7 | 19.8 | |
| 43 | 10.7 | 10.8 | 12.0 | 12.1 | 20.0 | 20.1 | |
| 44 | 10.8 | 10.9 | 12.1 | 12.2 | 20.2 | 20.3 | |
| 45 | 10.9 | 11.0 | 12.3 | 12.4 | 20.5 | 20.6 | |
| 46 | 11.0 | 11.1 | 12.4 | 12.5 | 20.7 | 20.8 | |
| 47 | 11.1 | 11.2 | 12.5 | 12.6 | 20.9 | 21.0 | |
| 48 | 11.2 | 11.3 | 12.6 | 12.7 | 21.2 | 21.3 | |
| 49 | 11.3 | 11.4 | 12.7 | 12.8 | 21.4 | 21.5 | |
| 50 | 11.4 | 11.5 | 12.8 | 12.9 | 21.7 | 21.8 | |
| 51 | 11.5 | 11.6 | 13.0 | 13.1 | 21.9 | 22.0 | |
| 52 | 11.6 | 11.7 | 13.1 | 13.2 | 22.2 | 22.3 | |
| 53 | 11.7 | 11.8 | 13.2 | 13.3 | 22.4 | 22.5 | |
| 54 | 11.8 | 11.9 | 13.3 | 13.4 | 22.7 | 22.8 | |
| 55 | 11.9 | 12.0 | 13.4 | 13.5 | 22.9 | 23.0 | |
| 56 | 12.0 | 12.1 | 13.5 | 13.6 | 23.2 | 23.3 | |
| 57 | 12.1 | 12.2 | 13.6 | 13.7 | 23.4 | 23.5 | |
| 58 | 12.2 | 12.3 | 13.7 | 13.8 | 23.7 | 23.8 | |
| 59 | 12.3 | 12.4 | 13.9 | 14.0 | 23.9 | 24.0 | |
| 60 | 12.4 | 12.5 | 14.0 | 14.1 | 24.2 | 24.3 | |
| 61 | 12.7 | 12.8 | 14.3 | 14.4 | 24.3 | 24.4 | |
| 62 | 12.8 | 12.9 | 14.4 | 14.5 | 24.4 | 24.5 | |
| 63 | 13.0 | 13.1 | 14.5 | 14.6 | 24.7 | 24.8 | |
| 64 | 13.1 | 13.2 | 14.7 | 14.8 | 24.9 | 25.0 | |
| 65 | 13.2 | 13.3 | 14.8 | 14.9 | 25.2 | 25.3 | |
| 66 | 13.3 | 13.4 | 14.9 | 15.0 | 25.5 | 25.6 | |
| 67 | 13.4 | 13.5 | 15.1 | 15.2 | 25.7 | 25.8 | |
| 68 | 13.6 | 13.7 | 15.2 | 15.3 | 26.0 | 26.1 | |
| 69 | 13.7 | 13.8 | 15.3 | 15.4 | 26.3 | 26.4 | |
| 70 | 13.8 | 13.9 | 15.5 | 15.6 | 26.6 | 26.7 | |
| 71 | 13.9 | 14.0 | 15.6 | 15.7 | 26.8 | 26.9 | |

| Age 2/ (months) | Weight (GIRLS) | | | | | | |
|--------------------|-------------------------|-------------|-------|--------|-------|------------|-------|
| | Severely Underweight | Underweight | | Normal | | Overweight | |
| | | <-3SD | -3 SD | <-2 SD | -2 SD | | +2 SD |
| | | | From | To | From | | To |
| 2.0 | 2.1 | 2.3 | 2.4 | 4.2 | 4.3 | | |
| 2.7 | 2.8 | 3.1 | 3.2 | 5.5 | 5.6 | | |
| 3.4 | 3.5 | 3.8 | 3.9 | 6.6 | 6.7 | | |
| 4.0 | 4.1 | 4.4 | 4.5 | 7.5 | 7.6 | | |
| 4.4 | 4.5 | 4.9 | 5.0 | 8.2 | 8.3 | | |
| 4.8 | 4.9 | 5.3 | 5.4 | 8.8 | 8.9 | | |
| 5.1 | 5.2 | 5.6 | 5.7 | 9.3 | 9.4 | | |
| 5.3 | 5.4 | 5.9 | 6.0 | 9.8 | 9.9 | | |
| 5.6 | 5.7 | 6.2 | 6.3 | 10.2 | 10.3 | | |
| 5.8 | 5.9 | 6.4 | 6.5 | 10.5 | 10.6 | | |
| 5.9 | 6.0 | 6.6 | 6.7 | 10.9 | 11.0 | | |
| 6.1 | 6.2 | 6.8 | 6.9 | 11.2 | 11.3 | | |
| 6.3 | 6.4 | 6.9 | 7.0 | 11.5 | 11.6 | | |
| 6.4 | 6.5 | 7.1 | 7.2 | 11.8 | 11.9 | | |
| 6.6 | 6.7 | 7.3 | 7.4 | 12.1 | 12.2 | | |
| 6.7 | 6.8 | 7.5 | 7.6 | 12.4 | 12.5 | | |
| 6.9 | 7.0 | 7.6 | 7.7 | 12.6 | 12.7 | | |
| 7.0 | 7.1 | 7.8 | 7.9 | 12.9 | 13.0 | | |
| 7.2 | 7.3 | 8.0 | 8.1 | 13.2 | 13.3 | | |
| 7.3 | 7.4 | 8.1 | 8.2 | 13.5 | 13.6 | | |
| 7.5 | 7.6 | 8.3 | 8.4 | 13.7 | 13.8 | | |
| 7.6 | 7.7 | 8.5 | 8.6 | 14.0 | 14.1 | | |
| 7.8 | 7.9 | 8.6 | 8.7 | 14.3 | 14.4 | | |
| 7.9 | 8.0 | 8.8 | 8.9 | 14.6 | 14.7 | | |
| 8.1 | 8.2 | 8.9 | 9.0 | 14.8 | 14.9 | | |
| 8.2 | 8.3 | 9.1 | 9.2 | 15.1 | 15.2 | | |
| 8.4 | 8.5 | 9.3 | 9.4 | 15.4 | 15.5 | | |
| 8.5 | 8.6 | 9.4 | 9.5 | 15.7 | 15.8 | | |
| 8.6 | 8.7 | 9.6 | 9.7 | 16.0 | 16.1 | | |
| 8.8 | 8.9 | 9.7 | 9.8 | 16.2 | 16.3 | | |
| 8.9 | 9.0 | 9.9 | 10.0 | 16.5 | 16.6 | | |
| 9.0 | 9.1 | 10.0 | 10.1 | 16.8 | 16.9 | | |
| 9.1 | 9.2 | 10.2 | 10.3 | 17.1 | 17.2 | | |
| 9.3 | 9.4 | 10.3 | 10.4 | 17.3 | 17.4 | | |
| 9.4 | 9.5 | 10.4 | 10.5 | 17.6 | 17.7 | | |
| 9.5 | 9.6 | 10.6 | 10.7 | 17.9 | 18.0 | | |
| 9.6 | 9.7 | 10.7 | 10.8 | 18.1 | 18.2 | | |
| 9.7 | 9.8 | 10.8 | 10.9 | 18.4 | 18.5 | | |
| 9.8 | 9.9 | 11.0 | 11.1 | 18.7 | 18.8 | | |
| 9.9 | 10.0 | 11.1 | 11.2 | 19.0 | 19.1 | | |
| 10.1 | 10.2 | 11.2 | 11.3 | 19.2 | 19.3 | | |
| 10.2 | 10.3 | 11.4 | 11.5 | 19.5 | 19.6 | | |
| 10.3 | 10.4 | 11.5 | 11.6 | 19.8 | 19.9 | | |
| 10.4 | 10.5 | 11.6 | 11.7 | 20.1 | 20.2 | | |
| 10.5 | 10.6 | 11.7 | 11.8 | 20.4 | 20.5 | | |
| 10.6 | 10.7 | 11.9 | 12.0 | 20.7 | 20.8 | | |
| 10.7 | 10.8 | 12.0 | 12.1 | 20.9 | 21.0 | | |
| 10.8 | 10.9 | 12.1 | 12.2 | 21.2 | 21.3 | | |
| 10.9 | 11.0 | 12.2 | 12.3 | 21.5 | 21.6 | | |
| 11.0 | 11.1 | 12.3 | 12.4 | 21.8 | 21.9 | | |
| 11.1 | 11.2 | 12.4 | 12.5 | 22.1 | 22.2 | | |
| 11.2 | 11.3 | 12.6 | 12.7 | 22.4 | 22.5 | | |
| 11.3 | 11.4 | 12.7 | 12.8 | 22.6 | 22.7 | | |
| 11.4 | 11.5 | 12.8 | 12.9 | 22.9 | 23.0 | | |
| 11.5 | 11.6 | 12.9 | 13.0 | 23.2 | 23.3 | | |
| 11.6 | 11.7 | 13.1 | 13.2 | 23.5 | 23.6 | | |
| 11.7 | 11.8 | 13.2 | 13.3 | 23.8 | 23.9 | | |
| 11.8 | 11.9 | 13.3 | 13.4 | 24.1 | 24.2 | | |
| 11.9 | 12.0 | 13.4 | 13.5 | 24.4 | 24.5 | | |
| 12.0 | 12.1 | 13.5 | 13.6 | 24.6 | 24.7 | | |
| 12.1 | 12.2 | 13.6 | 13.7 | 24.7 | 24.8 | | |
| 12.4 | 12.5 | 13.9 | 14.0 | 24.8 | 24.9 | | |
| 12.5 | 12.6 | 14.0 | 14.1 | 25.1 | 25.2 | | |
| 12.6 | 12.7 | 14.1 | 14.2 | 25.4 | 25.5 | | |
| 12.7 | 12.8 | 14.2 | 14.3 | 25.6 | 25.7 | | |
| 12.8 | 12.9 | 14.3 | 14.4 | 25.9 | 26.0 | | |
| 12.9 | 13.0 | 14.5 | 14.6 | 26.2 | 26.3 | | |
| 13.0 | 13.1 | 14.6 | 14.7 | 26.5 | 26.6 | | |
| 13.1 | 13.2 | 14.7 | 14.8 | 26.7 | 26.8 | | |
| 13.2 | 13.3 | 14.8 | 14.9 | 27.0 | 27.1 | | |
| 13.3 | 13.4 | 14.9 | 15.0 | 27.3 | 27.4 | | |
| 13.4 | 13.5 | 15.1 | 15.2 | 27.6 | 27.7 | | |

^{1/} WHO Child Growth Standards (WHO-CGS). WHO Reference Data, 2006

^{2/} Age as of last birthday. The age of the child is computed to the nearest month as of his/her last birth date. The number of days is not included in the computation of age in months. For example, a child born on 01 October 2004 and weighed on 21 August 2007 is 2 years, 10 months and 30 days. Multiplying 2 years by 12 months and adding 10 months, the child will be 24 months plus 10 months or 34 months old.

NOTE: The symbol "<=" means less than or equal to; and ">=" means more than or equal to.