



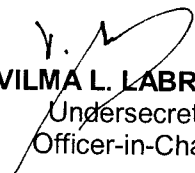
APR 06 2010

DepEd MEMORANDUM
No. **143**, s. 2010

DETOX, DESTRESS, DELIVER AND DISCOVER: A CES WORK-LIFE BALANCE CAMP

To: Undersecretaries
Assistant Secretaries
Bureau Directors
Directors of Services, Centers and Heads of Units
Regional Directors
Schools Division/City Superintendents
All Others Concerned

1. The Career Executive Service Board (CESB) through the Department of Education (DepEd) invites all CES Officers (CESO) and Third Level Eligibles to attend the second offering of the Detox, Destress, Deliver, and Discover: A CES Work-Life Balance Camp at Alona Kew White Beach, Panglao Island, Bohol on April 14-16, 2010.
2. The objective of the activity is to equip the participants with knowledge, tools and practical tips on managing stress, maintaining a healthy body, mind and relationships to achieve overall work-balance.
3. Completion of the program entitles the participants to twenty-four (24) hours of training credits.
4. Expenses on travel, registration and other contingencies relative to the attendance of the participants to this activity are authorized, chargeable to local funds subject to the usual accounting and auditing rules and regulations.
5. For registration/reservation and other details, please refer to the enclosed letter from the CES Board. The enclosed registration form must be properly filled-up and returned to CES Board one (1) week before the actual conduct of the program.
6. Immediate and wide dissemination of this Memorandum is desired.


VILMA L. LABRADOR
Undersecretary
Officer-in-Charge

Encls.: As stated
Reference: None
Allotment: 1—(D.O. 50-97)
To be indicated in the Perpetual Index
under the following subjects:

CONFERENCES

OFFICIALS

R: Sally: CES work-life balance camp
March 25, 2010



Enclosure to DepEd Memorandum No. 143, s. 2010



Republic of the Philippines
CAREER EXECUTIVE SERVICE BOARD
 No. 3 Marcelino Street, Holy Spirit Drive, Alifan, Quezon City 1127
 Tel. Nos. 951-4981 to 85 (Trunkline) / 951-3306 (Fax)
 Website: www.cesboard.gov.ph

16 March 2010

ENG. OLIVER R. HERNANDEZ
 OIC- Administrative Service
 Department of Education
 UL Complex, Meralco Avenue, Pasig City

Dear Engr. Hernandez :

Warm greetings from the Career Executive Service Board (CESB)!

Following the successful conduct of the CES Executive Leadership and Wellness Camp last April 2009 in Subic, we are happy to invite you and all CES Officers (CESOs) and third level eligibles in your agency to our second offering which will be held at Alona Kew White Beach, Panglao Island, Bohol on 14-16 April 2010. Entitled: "Detox, Destress, Deliver, and Discover: A CES Work-Life Balance Camp", this is part of CESB's advocacy to promote total wellness, work-life balance and sustained productivity among government executives. It is also a response to the clamor from CESOs for a seminar on holistic stress management that not only deals with physical and emotional, but also spiritual and social, well-being aspects.

This camp seeks to equip the participants with knowledge, tools and practical tips on managing stress, maintaining a healthy body, mind and relationships to achieve overall work-life balance. We have attached an indicative program time for your reference.

Completion of the program entitles the participant to twenty-four (24) hours of training credits. We request you to mobilize and ensure the attendance of participants from your agency by reproducing and disseminating the attached Registration Form. Information fliers will follow.

For the first one hundred (100) confirmed participants, a subsidized training fee of **Eight Thousand Pesos (P8,000.00)** shall be collected from each participant to cover food, training kit, certificate and accommodation. Those who were not able to meet the reservation queue shall take care of their own hotel/lodging reservations and shall pay CESB a subsidized training fee of **Four Thousand Five Hundred Pesos (P4,500.00)**. The fee may be charged to agency/office funds since attendance in CESB trainings, workshops and conferences is exempted from the provisions of Administrative Order No. 103 dated 31 August 2004. Reservation is on a first-come, first served basis so please confirm your participation by faxing the attached Registration form at (02) 9520335, (02) 9315732 or (02) 9514986 not later than **29 March 2010 (Monday)**.

Please note that only those who will submit their accomplished registration forms will be given tentative slots. We shall be sending a letter informing you of your acceptance to the program as well as the payment details and other reminders.

Should you have additional concerns or clarifications, you may get in touch with Ms. Joana Orallo or Ms. Maria Theresa Escolano of the CESB's Professional Development Division at telephone number: 951-4981 with locals 108, 109 and 113 or by e-mail at: cesb_pdd@yahoo.com.

Isang Karangalan ang Maglingkod Sa Bayan

We look forward to see you in this important and inspiring healthy experience.

Thank you and warm regards.

Very truly yours,

All Allones

MARIA ANTHONETTE V. ALLONES, CESO II
Executive Director

----- Please cut here and send this form by telefax -----

"Detox, Destress, Deliver and Discover": CES Work-Life Balance Camp 14-16 April 2010 * Alona Kew White Beach, Panglao Island, Bohol	
REGISTRATION FORM	
Name	
Nickname	
Signature	
Agency/Office	
Position	
Telephone/Fax No.	
Cell Phone No.	
E-mail Address	
<p>REGISTER NOW! Limited slots only! Accomplish this Registration Form and fax it to CESB at Telefax Nos: 952-0335, 951-4986 or 931-5732 on or before Monday, 29 March 2010. A Training Fee of Php 8,000.00 shall be charged to the first 100 confirmed participants. Training fee of Php 4,500.00 shall be charged to those who do not beat the reservation queue. Please validate receipt of registration form. For further information, you can call us at: 951-4981/ 85/ 88, local 108, 109, 113 and 127; send us an email at: cesb_pdd@yahoo.com; or access our website at: www.cesboard.gov.ph.</p>	
<ul style="list-style-type: none"> ● Cancellations received 1 week before conduct will allow CESB to automatically forfeit 50% of the total training fee. ● Substitution of confirmed participants is allowed no later than 1 week before the conduct of the program. 	
See you in this important CESB event!!!	