

## Republic of the Philippines

## Department of Education





DEC 0 2 2009

DepEd MEMORANDUM No. 520, s. 2009

DISSEMINATION OF HOUSE RESOLUTION NO. 522

To:

Undersecretaries

Assistant Secretaries Bureau Directors

Directors of Services/Centers and Heads of Units

Regional Directors

Schools Division/City Superintendents

All Others Concerned

- 1. For the information and guidance of all concerned, enclosed is copy of House Resolution No. 522, dated October 12, 2009 entitled "Resolution Urging All Sectors of Government in the Regions, Provinces, Districts, Cities, Municipalities and Barangays as well as the Various Government Agencies Especially the Department of Education, the Department of Social Welfare and Development and the Department of Agriculture to Intensify the Support for the Nationwide Implementation of Presidential Proclamation No. 958, Declaring the Years 2005 to 2015 as the Decade of Healthy Lifestyle", which is self-explanatory.
- 2. Immediate and wide dissemination of this Memorandum is desired.

FRANKLIN C. SUNO

Undersecretary

Encl.: As stated Reference: None

Allotment: 1—(D.O. 50-97)

To be indicated in the <u>Perpetual Index</u> under the following subjects:

EMPLOYEES
HEALTH EDUCATION

LEGISLATIONS OFFICIALS

Madel:cDissemination of House Resolution 522

H. Res. No. 817

## Republic of the Philippines Congress of the Philippines House of Representatives Metro Manila

Fourteenth Congress

Third Regular Session

Begun and held in Metro Manila, on Monday, the twenty-seventh day of July, two thousand nine.

## **RESOLUTION NO. 522**

RESOLUTION URGING ALL SECTORS OF GOVERNMENT IN THE REGIONS, PROVINCES, DISTRICTS, CITIES, MUNICIPALITIES AND BARANGAYS AS WELL AS THE VARIOUS GOVERNMENT AGENCIES ESPECIALLY THE DEPARTMENT OF EDUCATION, THE DEPARTMENT OF SOCIAL WELFARE AND DEVELOPMENT AND THE DEPARTMENT OF AGRICULTURE TO INTENSIFY THE SUPPORT FOR THE NATIONWIDE IMPLEMENTATION OF PRESIDENTIAL PROCLAMATION NO. 958, DECLARING THE YEARS 2005 TO 2015 AS THE DECADE OF HEALTHY LIFESTYLE

WHEREAS, Presidential Proclamation No. 958 was signed on December 20, 2005 by President Gloria Macapagal-Arroyo declaring the years 2005 to 2015 as the Decade of Healthy Lifestyle;

WHEREAS, the Department of Health, cognizant of the increasing prevalence of lifestyle related diseases, has taken as one of its priorities the promotion of healthy lifestyle, emphasizing the anti-smoking campaign, regular physical activity and weight control, healthy diet and nutrition, stress management and regular health check up;

WHEREAS, the national healthy lifestyle campaign is being undertaken in collaboration with the Philippine Coalition for the Prevention and Control of Non-Communicable Diseases (PCPCNCD) in the promotion of healthy lifestyle among Filipinos, emphasizing the need to embark on a national healthy lifestyle advocacy campaign and to focus all efforts and resources of all sectors, both public and private, towards the promotion of healthy lifestyle among Filipinos;

WHEREAS, four (4) of the most prominent non-communicable diseases, namely: cardiovascular diseases, cancers, chronic obstructive pulmonary diseases (COPD) and diabetes, are lifestyle related and are linked by common preventable risk factors like tobacco use, unhealthy diet and exercise;

WHEREAS, action to prevent these diseases should therefore focus on controlling in an integrated manner, intervention at the level of family and community which is essential for prevention because the causal factors are deeply entrenched in the social and cultural framework of society;

WHEREAS, the goal is to reduce the toll of morbidity, disability and premature deaths due to lifestyle related diseases, and therefore major components of the major strategies employed should be health education and promotion as well as the prevention of the emergence of the risk factors across the life course;

WHEREAS, this is where a serious national campaign on healthy lifestyle is most relevant which addresses the major risk factors and gives the highest priority in the national strategy for the prevention and control of the said lifestyle related deadly diseases, thereby raising the awareness of the Filipino families on the need to practice healthier lifestyle, and especially raising the consciousness of policy makers on the need to provide Filipinos with an environment supportive of healthy lifestyle: Now, therefore, be it

Resolved, as it is hereby resolved by the House of Representatives, To urge all sectors of government in the regions, provinces, districts, cities, municipalities and barangays as well as the various government agencies especially the Department of Education, the Department of Social Welfare and Development and the Department of Agriculture to intensify the support for the nationwide implementation of Presidential Proclamation No. 958, declaring the years 2005 to 2015 as the Decade of Healthy Lifestyle.

Adopted,

PROSPERO C. NOGRALES
Speaker

Secretary General

This Resolution was adopted by the House of Representatives on August 12, 2009.

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