



FEB 15 2008

DepED MEMORANDUM
No. **76**, s. 2008

THE 2008 **PALARONG PAMBANSA**

To: Undersecretaries
Assistant Secretaries
Bureau Directors
Regional Directors
Schools Division/City Superintendents
Heads, Public and Private Elementary and Secondary Schools

1. The 2008 **Palarong Pambansa** shall be held on April 20-26, 2008 in Puerto Princesa City, with the City of Puerto Princesa as the host, and the DepED Regional Office IV-B MIMAROPA and City Schools Division of Puerto Princesa as co-hosts.
2. The 2008 **Palarong Pambansa** shall be in consonance with the National Unified Sports Program. Furthermore, as this year is an Olympic Year, the DepED joins the nation in supporting the Philippine Team's participation in the 2008 Olympic Games.
3. The General Technical Guidelines for the **Palarong Pambansa** are hereby enclosed for the information, guidance and compliance of all concerned.
4. The technical management as well as the financial/administrative and operational matters relative to the preparations, hosting and conduct of the Palarong Pambansa shall be directly under the Office of Undersecretary Ramon C. Bacani, with the Task Force on School Sports (TFSS) providing the secretariat, technical, operational and staff works.
5. Immediate and wide dissemination of this Memorandum is desired.


JESLI A. LAPUS
Secretary

Encl.: As stated
Reference: DepED Memorandum: No. 65, s. 2007
Allotment: 1- -(D.O. 50-97)
To be indicated in the Perpetual Index
under the following subjects:

ATHLETICS

CONTESTS

RULES & REGULATIONS

The Sports Events for 2008 Palarong Pambansa
April 20-26 2008, Puerto Princesa City

LIST OF SPORTS EVENTS, NUMBER OF ATHLETES, COACHES AND CHAPERONS					
Elementary Division	GENDER	Number of Athletes	No. of Officials		Total Per Team
			Coaches	Chaperons	
1. Athletics	B	12	2	0	14
	G	12	2	1	15
2. Badminton	B	4	1	0	5
	G	4	1	1	6
3. Baseball	B	12	1	0	13
4. Basketball	B	12	1	0	13
5. Chess	B	2	1	0	3
	G	2	1	1	4
7. Football	B	15	1	0	16
8. Gymnastics Artistic	B	3	1	0	4
	G	3	1	1	9
	Rhythmic	G	3	1	
9. Sipa Takraw	B	4	1	0	5
10. Softball	G	12	1	1	14
11. Swimming	B	10	1	0	11
	G	10	1	1	12
12. Table Tennis	B	4	1	0	5
	G	4	1	1	6
13. Taekwondo	B	6	1	0	7
	G	6	1	1	8
14. Tennis	B	4	1	0	5
	G	4	1	1	6
15. Volleyball	B	12	1	0	13
	G	12	1	1	14
Total		172	26	10	208

LIST OF SPORTS EVENTS, NUMBER OF ATHLETES, COACHES AND CHAPERONS					
Secondary Division	GENDER	Number of Athletes	No. of Officials		Total Per Team
			Coach	Chaperons	
1. Archery	B	4	1	0	5
	G	4	1	1	6
2. Arnis	B	5	1	0	6
3. Athletics	B	15	2	0	17
	G	15	2	1	18
4. Badminton	B	4	1	0	5
	G	4	1	1	6
5. Baseball	B	12	1	0	13
6. Basketball	B	12	1	0	13
7. Boxing	B	5	1		6
8. Chess	B	2	1	0	3
	G	2	1	1	4
9. Football	B	15	1	0	16
10. Gymnastics	Artistic B	3	1	0	4
	Artistic G	3	1	1	
	Rhythmic G	3	1		9
11. Sepak Takraw	B	12	1	0	13
12. Softball	G	12	1	1	14
13. Swimming	B	10	1	0	11
	G	10	1	1	12
14. Table Tennis	B	4	1	0	5
	G	4	1	1	6
15. Taekwondo	B	6	1	0	7
	G	6	1	1	8
16. Tennis	B	4	1	0	5
	G	4	1	1	6
17. Volleyball	B	12	1	0	13
	G	12	1	1	14
Total		204	30	11	245

COMPOSITION OF A REGIONAL DELEGATION

Summary	Elementary	Secondary	Total
Athletes	172	204	376
Coaches	26	30	56
Chaperons	10	11	21
Sub-Total	208	245	453
Delegation Officials			7
		Grand Total	460

2008 Palarong Pambansa
Puerto Princesa City, 20-26 April 2008

General Tournament Guidelines and Competition Formats

All sports events shall be played according to the international rules and regulations.

I Ball Games

All ballgames, except Basketball Secondary and Sepak Takraw shall be played in the double elimination format. If there are only 8 or less entries, single round robin format shall be used.

1. Batted Balls (Baseball and Softball)
 - 1.1 The international Rules in Baseball and in Softball shall govern the competitions in Elementary and Secondary Baseball and Softball.
2. Basketball
 - 2.1 The Rules prescribed by the FIBA shall govern the Basketball competitions in the elementary and secondary divisions.
 - 2.2 Basketball Secondary shall be played in bracketed round robin format.
 - 2.3 In the elementary, each quarter shall be played in 8 minutes.
3. Football
 - 3.1 FIFA Rules shall govern the football competitions in elementary and secondary.
 - 3.2 Playing time for each level shall be;
 - Elementary – “30-10-30” or 30 minutes per half with 10 minutes rest period in between.
 - Secondary – “40-10-40” or 40 minutes per half with 10 mins. rest period in between.
4. Sepak Takraw
 - 5.1 There shall be inter-team and inter-regu competitions in Sepak Takraw.
 - 5.2 Sepak Takraw shall be played in bracketed single round robin competition format.
5. Sipa
 - 5.1 Sipa shall be played in double elimination format.
4. Volleyball

4.1 Volleyball shall be played according to the international rules of the game.

II Racket Games

1. There shall be Team Events and Individual Events in Badminton, Table Tennis and Tennis

1.1 Badminton

1.1.1 Team event and individual events in Badminton shall be played in the single elimination format.

1.1.2 The order of play shall be “Singles-Doubles-Deciding Singles”.

1.1.3 The “rally point” scoring system of shall be used.

1.2 Table Tennis

1.2.1 Team event and individual events shall be played in the bracketed round robin format.

1.2.2 The order of play in the team event shall be “1st Singles-2nd Singles-Doubles-1st Reverse Singles-Deciding Singles”

1.3 Tennis

1.3.1 Team and individual events shall be played in the single elimination format.

1.3.2 In the Team event, the order of play shall be “Singles-Doubles-Deciding Singles”.

III Combative Sports

1. All combative sports shall be played in the single elimination format, with the losers in the semi-finals awarded as 3rd Placers.

2. All safety and protective measures shall be in place before start of all combative sports competitions. There shall be a medical team with competent medical personnel, enough medical supplies and ambulance deployed in all combative sports competition venues.

2.1 Arnis

2.1.1 There shall be “Labanan” and “Anyo” competitions in Arnis.

2.1.2 There shall be 5 weight categories in the combat competition,

2.1.3 In “Anyo” competitions, there shall be individual and team events.

2.2 Boxing

2.2.1 There shall be 5 weight categories in boxing,

Powderweight	not more than 36 kgs
--------------	----------------------

Mosquitoweight	not more than 39 kgs
----------------	----------------------

Paperweight	not more than 42 kgs
-------------	----------------------

Pinweight	not more than 45 kgs
-----------	----------------------

Pinweight	not more than 45 kgs
Light flyweight	not more than 48 kgs

- 2.2.2 For the powderweight, mosquitoweight and paperweight categories, bouts shall be three (3) rounds of one and a half minute each, and one minute rest interval between rounds. A knock down caused by a legal hard blow that landed on the scoring target and fell on the canvass, or two standing eight counts for the whole duration will automatically stop the bout.
- 2.2.3 For the pinweight and light flyweight categories, bouts shall be four (4) rounds of two minutes each and one minute rest between rounds. The rule on three knock-down or mandatory eight counts in a round, and four knock-down for the whole duration of the bout shall be applied.
- 2.2.4 Boxers who are 16 year old and below shall be in the powderweight, mosquitoweight and paperweight categories, while those who are above 16 years old in the pinweight and light flyweight categories.

2.3 Taekwondo

- 2.3.1 There shall be “Kyorugi” (Sparring) and “Poomsae” (Forms) competitions in the elementary and secondary Taekwondo.
- 2.3.2 There shall be 6 weight categories in the elementary and secondary “Kyorugi” competitions.
- 2.3.3 In the elementary, the categories shall be determined by height and age, while in the secondary, the categories shall be determined by weight.
- 2.3.4 There shall be individual and team events “Poomsae” competitions.
- 2.3.5 Only the jins who have participated in the “Kyorugi” competitions may participate in the “Poomsae” competitions.
- 2.3.6 In “Poomsae”, there shall be one contestant from each region for the individual event and three for the team event.

IV Target Sports

1. Competitions in Archery shall be in accordance with the FITA Rules and Regulations.
 - 1.1 The target distances shall be 30 meters and 50 meters.

V Board Games

1. In the Chess, the 7-round Swiss system shall be used.
2. There shall be only team event in the elementary and secondary levels.

VI Gymnastics

1. The 2006 Code of Points shall be used In Men's and Women's Artistic Gymnastics (MAG and WAG) competitions, while the 2005 Code of Points shall be used in Rhythmic Gymnastics (RG) competitions.

VII Measurable Sports

1. All events in Athletics and Swimming shall be played according to the Rules and Regulations prescribed by the IAAF and FINA respectively.

(The specific guidelines and ground rules for each sports events shall be issued later to be discussed during the Solidarity Meeting scheduled on 19 April 2008 at the Puerto Princesa City-Palawan Sports Complex, Puerto Princesa City.)

POINTS SYSTEM

EVENT	INDIVIDUAL/SINGLES						DOUBLES/MIXED						RELAY						TEAM						GENERAL CHAMPIONSHIP POINTS											
	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th						
ARCHERY	7	5	4	3	2	1																														
ARNIS	LABANAN						SOLO BASTON						DOBLE BASTON						TEAM																	
	7	3	1				7	5	4	3	2	1	7	5	4	3	2	1	10	8	6	3	2	1	15	10	7	4	3	2	15	10	7	4	3	2
ATHLETICS	7	5	4	3	2	1							14	10	8	6	4	2							30	20	10	5	3	2						
BADMINTON	7	3	1				7	3	1										14	6	2				15	10	7	4	3	2						
BASEBALL																									25	15	10	5	3	2						
BASKETBALL																									25	15	10	5	3	2						
BOXING	7	3	1																						15	10	7	4	3	2						
CHESS																									15	10	7	4	3	2						
FOOTBALL																									25	15	10	5	3	2						
GYMNASTICS	7	5	4	3	2	1													10	8	6	3	2	1	10	7	5	3	2	1						
SEPAK TAKRAW	INTER-REGU						INTER-TEAM						TEAM																							
							10	8	6	3	2	1	14	10	8	6	4	2	25	15	10	5	3	2	25	15	10	5	3	2						
SIPA																									15	10	7	4	3	2						
SOFTBALL																									25	15	10	5	3	2						
SWIMMING	7	5	4	3	2	1							14	10	8	6	4	2							30	20	10	5	3	2						
TABLE TENNIS	7	3	1																14	6	2				15	10	7	4	3	2						
TAEKWONDO	POOMSAE - IND.						POOMSAE - TEAM						TEAM																							
	7	3	1				7	5	4	3	2	1	10	8	6	3	2	1	15	10	7	4	3	2	15	10	7	4	3	2						
TENNIS	7	3	1																14	6	2				15	10	7	4	3	2						
VOLLEYBALL																									25	15	10	5	3	2						

2008 PALARONG PAMIBANSA
April 20-26, Puerto Princesa
POINTS SYSTEM

EVENT	INDIVIDUAL/SINGLES						DOUBLES/MIXED						RELAY						TEAM						GENERAL CHAMPIONSHIP POINTS																				
	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th															
INDIVIDUAL GAMES																																													
ARCHERY	7	5	4	3	2	1																									15	10	7	4	3	2									
ATHLETICS	7	5	4	3	2	1							14	10	8	6	4	2													30	20	10	5	3	2									
GYMNASTICS	7	5	4	3	2	1													10	8	6	3	2	1							10	7	5	3	2	1									
SWIMMING	7	5	4	3	2	1							14	10	8	6	4	2													30	20	10	5	3	2									
RACKET SPORTS																																													
BADMINTON	7	3	1				7	3	1										14	6	2				15	10	7	4	3	2															
TABLE TENNIS	7	3	1										14	6	2				14	6	2				15	10	7	4	3	2															
TENNIS	7	3	1				7	5	4	3	2	1							14	6	2				15	10	7	4	3	2															
BALL GAMES																																													
BASEBALL																									25	15	10	5	3	2															
BASKETBALL																									25	15	10	5	3	2															
FOOTBALL																									25	15	10	5	3	2															
SOFTBALL																									25	15	10	5	3	2															
VOLLEYBALL																									25	15	10	5	3	2															
BOARD GAME																																													
CHESS																									15	10	7	4	3	2															
SEPAK TAKRAW																																													
													INTER-REGU						INTER-TEAM						25	15	10	5	3	2															
													10	8	6	3	2	1	14	10	8	6	4	2							15	10	7	4	3	2									
SIPA																																													
																									15	10	7	4	3	2															
CONTACT GAMES																																													
ARNIS																LABANAN						SOLO BASTON						ANYO																	
	7	3	1										7	5	4	3	2	1	7	5	4	3	2	1	10	8	6	3	2	1	15	10	7	4	3	2									
BOXING																																								15	10	7	4	3	2
TAEKWONDO																7	3	1										7	5	4	3	2	1	10	8	6	3	2	1	15	10	7	4	3	2
	7	3	1										7	5	4	3	2	1	10	8	6	3	2	1	15	10	7	4	3	2															
	7	3	1										7	5	4	3	2	1	10	8	6	3	2	1	15	10	7	4	3	2															

Rules and Guidelines on the Eligibility of Athletes of the Palarong Pambansa

A. National Screening And Accreditation Committee (NSAC)

1. Composition

The National Screening and Accreditation Committee shall consist of seven (7) members from the DepED Central Office chosen by the Secretary (3) from the Legal Division, (2) physicians, (2) dentists and (1) authorized regional representative from each region.

Decisions shall be approved by the majority of the members of the NSAC.

2. Qualification of Regional Representative

2.1 Shall be a Chairman or Co-Chair of the Screening Committee during the regional palaro.

3. Duties and Functions of the NSAC

- 3.1 Evaluates/verifies the authenticity of the athletes/coaches/chaperons' documents before and during personal interview.
- 3.2 Accredits qualified athletes, coaches and chaperons.
- 3.3 Issues lists of qualified athletes, coaches and chaperons and Palaro Identification Cards.
- 3.4 Considers replacement for disqualified athletes during the period of screening.
- 3.5 Formulates ground rules not covered by the guidelines on eligibility.
- 3.6 Issues athletes photo galleries to Tournament Managers.
- 3.7 Re-checks with the Tournament Managers athletes being fielded through the photo gallery.
- 3.8 Investigates and renders decision(s) on cases of protest/complaints on eligibility and inform the Tournament Manager on the decision(s) made.
- 3.9 Submits all updated records of athletes to Task Force on School Sports for centralized file and safekeeping.

B. RULES ON PARTICIPATION

1. Participants

Participants in the Palarong Pambansa are elementary and secondary athletes from public and private schools who have participated in the lower meets (division and regional).

- 4.6 Certification of Enrolment duly signed by the School Head, PESS Division Supervisor and Schools Division Superintendent.
- 4.7 Five (5) identical 2x2 ID pictures with name tag and grade/year level for Form 137, Athlete's Record, medical/dental certificate, gallery and ID.
- 4.8 List of athletes indicating the date of birth, division, school and name of coach duly signed by the Regional Director.
- 4.9 A diskette containing the names of athletes.
- 4.10 Affidavit of the coach attesting the authenticity/validity of the above-mentioned documents submitted.

5. Eligibility of Coaches

- 5.1 Coaches must be school or DepEd personnel.
- 5.2 Documents
 - ❖ Certificate of employment (certified true copy of the original document duly notarized)
 - ❖ Form 212 with three (3) pieces ID pictures
 - ❖ Medical Certificate

6. Required Documents of Chaperon

- ❖ Form 212 with three (3) pieces ID pictures
- ❖ Medical Certificate

C. SCREENING OF ATHLETES

1. Receive and examine all athlete's documents one week before the start of the Palarong Pambansa.
2. Interview athletes based on the documents submitted. It shall start on specified schedule date and shall end two days before the opening of the Palarong Pambansa.
3. Refer immediately to the medical/dental team for further medical and dental examination on doubtful findings regarding the age and physical appearance of the athlete. The finding/s of the National Screening Medical Team shall be binding and legal.
4. Write down all findings/comments/ notes on the front cover of the folder of the concerned athlete/team properly signed by the interviewer.
5. Convene all the members of the NSAC for deliberation and accreditation of athletes.
6. Issue lists of accredited athletes/ coaches/chaperons, Palaro Identification Card before the opening of the Palarong Pambansa.
7. Provide the Tournament Managers athletes' photo galleries and lists of accredited athletes/ coaches for purposes of checking the identity of athletes/ coaches before the start of the game.

D. PROTEST ON ELIGIBILITY

1. Protest shall be in writing and duly signed by the coach and noted by the Head of the Delegation or his/her official representative and shall be filed before the start of the second game of the concerned team with the Chair of the NSAC. Protest filed by other person shall be automatically dismissed without prejudiced of refiling the same upon compliance of the abovementioned requirements. The NSAC may MOTU PROPIO conduct investigation if there is an obvious truth or merits of the allegation questioning the eligibility of the athlete.
2. Protest shall be accompanied by affidavit, witnesses and/or evidences to support thereof.
3. The protest shall be acted immediately by the NSAC upon receipt thereof. Decision of the NSAC shall be appealable only to the Secretary of Education through the Vice-Chairman of the Palarong Pambansa Board.
4. The protestant shall have the burden of proof and shall provide necessary evidences (documentary/testimonials), otherwise the protest will be dismissed "MOTU PROPIO."
5. The NSAC may also conduct investigation on complaint/s of misrepresentation, impersonation, and violations of similar nature, for purposes of determining the eligibility of the athlete without prejudice of filing administrative and criminal action.

E. SANCTIONS

1. When a violation on eligibility rules is proven in team competitions, the games in which the individual has taken part shall be declared forfeited in favor of the opposing team. The individual performance, in case of individual events, shall be nullified.
2. Any violation of the rules on eligibility is punishable by lifetime ban from participating in school sports competitions without prejudice to the filing of appropriate administrative and criminal charges against erring officials and athletes.