

Office of the Secretary

APR 21 2006

DepED MEMORANDUM
No. 156 s. 2006

PROMOTING CONSUMPTION OF SWEETENED BANANA CHIPS
AS SNACKS AMONG SCHOOL CHILDREN

To: Bureau Directors
Regional Directors
Schools Division/City Superintendents
Heads, Public and Private Elementary Schools

1. For the information and guidance of all concerned, enclosed is the National Agricultural and Fishery Council (NAFC) Committee on Food Crops Resolution No. 15, s. 2005, **Recommending to the National Nutrition Council (NNC) to Urge the Department of Education (DepED) to Promote the Consumption of Sweetened Banana Chips as Snacks Among School Children.**
2. Cognizant of the benefits that can be derived from consumption of banana chips, all schools are encouraged to:
 - a. include sweetened banana chips among the variety of choices of nutrient-rich food products that are sold at low-cost in the school canteens; and
 - b. promote the consumption of sweetened banana chips among school children during class discussions on nutrition.
3. Immediate and wide dissemination of this Memorandum is desired.

FE A. HIDALGO
Undersecretary
Officer-in-Charge

Encl.: As stated
Reference: None
Allotment: 1- -(D.O. 50-97)
To be indicated in the Perpetual Index
under the following subjects:

✓CAMPAIGN

✓SCHOOLS

✓NUTRITION EDUCATION

Maricar/Sally - DM-Banana Chips
04-06-06



Rep. Office
 PAMBANSA NG PANGASIVAN
 (National Agriculture and Fishery Council)
 Diliman, Quezon City
 Tel. No. 921-41 to 45 local 510

COMMITTEE ON FOOD CROPS

Resolution No. 15
Series of 2005

RECOMMENDING TO THE NATIONAL NUTRITION COUNCIL (NNC) TO URGE THE DEPARTMENT OF EDUCATION (DepEd) TO PROMOTE THE CONSUMPTION OF SWEETENED BANANA CHIPS AS SNACKS AMONG SCHOOL CHILDREN

WHEREAS, adequate nutrition is critical in ensuring the proper physical and mental development of growing children;

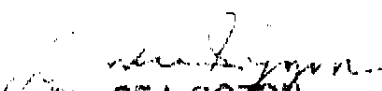
AND WHEREAS, only nutritious foods instead of junk foods should be promoted and sold in school canteens for the consumption of school children;

AND WHEREAS, one of the nutritious snacks that can be promoted in schools is sweetened banana chips;

WHEREAS, based on the food composition table, sweetened banana chips has 168 kcal of energy; 177 mg of calcium; 61.5g of carbohydrate, 6.1mg of phosphorus and 20 µg of beta-carotene, among other nutrients;

IT IS THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED that the NAFC-Sub-Committee on Fruits and Vegetables of the Committee on Food Crops (SCFV-FCC) recommends to the NNC to urge the DepEd to promote the consumption of sweetened banana chips among school children.

Adopted and unanimously adopted during the meeting of the NAFC SCFV-FCC on November 17, 2005 at the NAFC Apacible Conference Room, 3rd Floor, Apacible Conference Building, Diliman, Quezon City.


DULCE I. GOZON
 Chairperson, NAFC Sub-Committee
 on Fruits and Vegetables


VICENTE H. LINAO
 Chairperson
 NAFC Committee on Food Crops