



**Tanggapan ng Kalihim**  
Office of the Secretary

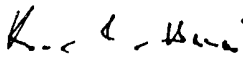
JUL 22 2005

DepED MEMORANDUM  
No. 206 , s. 2005

THE OFFICIAL FINAL RESULTS OF  
THE 2005 DEPED PALARONG PAMBANSA

To: Undersecretaries  
Assistant Secretaries  
Bureau/Regional Directors  
Directors of Centers, Services and Heads of Units  
Schools/City Division Superintendents  
Principals/Heads/Administrators of Elementary and Secondary Schools  
All Others Concerned

1. For the information and guidance of all, enclosed herewith is a copy of the official final results of the 2005 DepEd Palarong Pambansa which was held on 8-14 May in Iloilo City.
2. Immediate dissemination of this Memorandum is desired.

  
RAMON C. BACANI  
Undersecretary  
Officer-In-Charge

Encl.:  
As stated

Reference:  
DepED Memorandum: No. 127, s. 2005

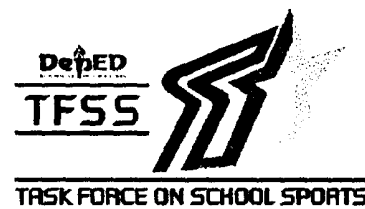
Allotment: 1—(D.O. 50-97)

To be indicated in the Perpetual Index  
under the following subjects:

/ATHLETICS  
/COMMITTEE  
/CONTESTS  
/OFFICIALS  
/STUDENTS



# THE FINAL RESULTS



GAMES RESULTS, RECORDS AND DOCUMENTATION  
COMMITTEE

# DepED Palarong Pambansa

## PALARO BOARD

**PRESIDENT GLORIA MACAPAGAL-ARROYO**  
**HONORARY CHAIR**

**CHAIRMAN**  
**FLORENCIO B. ABAD**  
*Secretary, DepED*

### VICE-CHAIRMEN

**RAMON C. BACANI**  
*Undersecretary*

**JUAN MIGUEL M. LUZ**  
*Undersecretary*

**FE A. HIDALGO**  
*Undersecretary*

**MANAROS B. BORANSING**  
*Undersecretary*

**JOSE LUIS C. GASCON**  
*Undersecretary*

### MEMBERS

**CAMILO MIGUEL M. MONTESA**  
*Assistant Secretary*

**JESUS G. GALVAN**  
*Assistant Secretary*

**MARIO P. BRAVO**  
*Assistant Secretary*

**LILIA Z. ROCES**  
*Assistant Secretary*

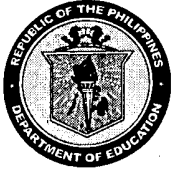
**TEODORO R. CATINDIG**  
*Assistant Secretary*

**Dir. VILMA L. LABRADOR**  
**Dir. DINAH F. MINDO**  
**Dir. PARALUMAN GIRON**  
**Dir. VICTORIANO B. TIROL JR.**  
**Dir. SOL F. MATUGAS**  
**Dir. JESUS L. TABERDO**  
**Dir. ESTRELLA A. BABANO**  
**Dir. REMEDIOS K. TAGUBA**  
**Reg'l. Sec. LEOVIGILDO CINCHES (OIC)**

**Dr. MARIO L. RAMIREZ (OIC)**  
**Dir. GEORGE R. GARMA**  
**Dir. TERESITA D. NAZ**  
**Dir. CAROLINO B. MORDENO**  
**Dr. DAVID V. CALOJANO**  
**Dir. DIAMAR KADON**  
**Dir. CELEDONIO L. LAYON JR.**  
**Dir. TERESITA G. DOMALANTA**

**TECHNICAL ADVISER**  
**WILLIAM B. RAMIREZ**  
*Chairman, PSC*

**TASK FORCE ON SCHOOL SPORTS**  
*Secretariat*



Republic of the Philippines  
**Department of Education**

Ground Flr., Rizal Bldg. 2, DepEd Complex  
Meralco Avenue, Pasig City, Philippines  
Tel. No. (632) 633-7202 / Fax 636-4879 / [www.deped.gov.ph](http://www.deped.gov.ph)



**The Official Final Results of the  
2005 DepEd Palarong Pambansa**

Herewith are the official Final Results of the 2005 DepEd Palarong Pambansa held in Iloilo City on May 8-14.

The General Championships in the Elementary and Secondary Divisions were determined by applying the DepEd Point System which was adopted by the Regional Representatives during the Technical Meeting held in Iloilo City on 22 April 2005. In said scheme, points are assigned to each individual and team event to get the championship in each sports competition, as applicable, and each sports event is likewise assigned certain points to determine the championship in that sports event. The placements of regional teams in the elementary and secondary divisions are based on the aggregate points they got in all the sports events they participated in.

Attached is the DepEd Palarong Pambansa Point System for information and reference of all concerned.

(Sgd) **FELICIANO N. TOLEDO II**  
Secretary General  
2005 DepEd Palarong Pambansa

Approved:

(Sgd) **RAMON C. BACANI**  
Undersecretary  
Chairman, Technical Management  
and Games Administration  
2005 DepEd Palarong Pambansa

**PALARO POINT SYSTEM**  
**GENERAL CHAMPIONSHIP**

EVENT	RANK	POINTS PER CATEGORY							CHAMPIONSHIP POINTS			
		Individual	Relay	Doubles	M. Double	Team	ELEM.		SEC.			
							Boys	Girls	Boys	Girls		
ARCHERY (S-B/G)	1st	7				9			15	15		
	2nd	5				7		10	10			
	3rd	4				5		7	7			
	4th	3				4		4	4			
	5th	2				3		3	3			
	6th	1				2		2	2			
ATHLETICS (ES- B/G)	1st	7	14				30	30	30	30		
	2nd	5	10				20	20	20	20		
	3rd	4	8				10	10	10	10		
	4th	3	6				5	5	5	5		
	5th	2	4				3	3	3	3		
	6th	1	2				2	2	2	2		
BADMINTON (ES-B/G)	1st	7		7	7		10	10	10	10		
	2nd	3		3	3		7	7	7	7		
	3rd	1		1	1		5	5	5	5		
	4th						3	3	3	3		
	5th						2	2	2	2		
	6th						1	1	1	1		
BASEBALL (S-B)	1st								25			
	2nd								15			
	3rd								10			
	4th								5			
	5th								3			
	6th								2			

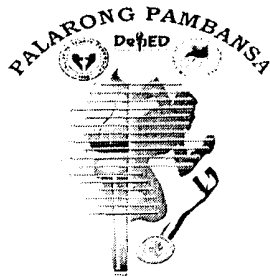
EVENT	RANK	POINTS PER CATEGORY						CHAMPIONSHIP POINTS													
		Individual	Relay	Doubles	M. Double	Team	ELEM.		SEC.												
							Boys	Girls	Boys	Girls											
BASKETBALL (S-B)	1st																				
	2nd																				
	3rd																				
	4th																				
	5th																				
	6th																				
BOXING (S-B)	1st	7																			
	2nd	3																			
	3rd	1																			
	4th																				
	5th																				
	6th																				
CHESS (E S-B/G)	1st						10		10		15		15								
	2nd						7		7		10		10								
	3rd						5		5		7		7								
	4th						3		3		4		4								
	5th						2		2		3		3								
	6th						1		1		2		2								
FOOTBALL (ES-B)	1st						25				25		25								
	2nd						15				15		15								
	3rd						10				10		10								
	4th						5				5		5								
	5th						3				3		3								
	6th						2				2		2								
LAWN TENNIS (ES-B/G)	1st	7					10		10		10		10								
	2nd	3					7		7		7		7								
	3rd	1					5		5		5		5								
	4th						3		3		3		3								
	5th						2		2		2		2								
	6th						1		1		1		1								
SIPA TAKRAW (E-B) SEPAK TAKRAW (S-B)	1st						10				15		15								
	2nd						7				10		10								
	3rd						5				7		7								
	4th						3				4		4								
	5th						2				3		3								
	6th						1				2		2								

EVENT	RANK	POINTS PER CATEGORY							CHAMPIONSHIP POINTS			
		Individual	Relay	Doubles	M. Double	Team	ELEM.		SEC.			
							Boys	Girls	Boys	Girls		
SWIMMING (ES- B/G)	1st	7	14				30	30	30	30	20	30
	2nd	5	10				20	20	20	10	10	20
	3rd	4	8				10	10	10	5	5	10
	4th	3	6				5	5	5	3	3	5
	5th	2	4				3	3	3	2	2	3
	6th	1	2				2	2	2	1	1	2
SOFTBALL (S-G)	1st											25
	2nd											15
	3rd											10
	4th											5
	5th											5
	6th											2
TABLE TENNIS (ES-B/G)	1st	7		7	7		10	10	10	10	10	10
	2nd	3		5	3		7	7	7	7	7	10
	3rd	1		4	1		5	5	5	5	5	7
	4th			3			3	3	3	3	3	4
	5th			2			2	2	2	2	2	3
	6th			1			1	1	1	1	1	2
TAEKWONDO (ES-B/G)	1st	7					10	10	15	15	15	15
	2nd	3					7	7	10	10	10	10
	3rd	1					5	5	7	7	7	7
	4th						3	3	4	4	4	4
	5th						2	2	3	3	3	3
	6th						1	1	2	2	2	2
VOLLEYBALL (ES-B/G)	1st						25	25	25	25	25	25
	2nd						15	15	15	15	15	15
	3rd						10	10	10	10	10	10
	4th						5	5	5	5	5	5
	5th						3	3	3	3	3	3
	6th						2	2	2	2	2	2
GYMNASTICS (ES-MAG)	1st	7					10	10	15	15	15	15
	2nd	5					8	8	10	10	10	10
	3rd	4					6	6	7	7	7	7
	4th	3					4	4	4	4	4	4
	5th	2					2	2	2	2	2	2
	6th	1					1	1	1	1	1	1

EVENT	RANK	POINTS PER CATEGORY						CHAMPIONSHIP POINTS			
		Individual	Relay	Doubles	M. Double	Team	ELEM.		SEC.		
							Boys	Girls	Boys	Girls	
GYMNASTICS (ES-WAG)	1st	7				10		15		15	
	2nd	5				8		10		10	
	3rd	4				6		7		7	
	4th	3				4		4		4	
	5th	2				2		2		2	
	6th	1				1		1		1	
GYMNASTICS (ES-RSG)	1st	7				10		15		15	
	2nd	5				8		10		10	
	3rd	4				6		7		7	
	4th	3				4		4		4	
	5th	2				2		2		2	
	6th	1				1		1		1	

edmonougspardo/temppadnrgou





## OFFICIAL FINAL RESULTS by POINTS

REGION		ELEMENTARY			
		BOYS	GIRLS	TOTAL	RANK
IV-A	STRAA-CALABARZON	164	71	235	1st
NCR	NCRAA	102	95	197	2nd
VI	WVRAA	83	102	185	3rd
VII	CVRAA	27	44	71	4th
X	NMRAA	36	17	53	5th
V	BRAA	17.5	24	41.5	6th
XI	DAVRAA	5	33	38	7th
III	CLRAA	13	18	31	8th
IX	ZPRAA	24	5	29	9th
ARMM	ARMMAA	20	0	20	10th
VIII	EVRAA	17	1	18	11th
IV-B	STRAA-MIMAROPA	9	0	9	12th
I	IRAA	5.5	3	8.5	13th
CARAA	CARAA	2	2	4	14th
II	CAVRAA	0	3	3	15th
CARAGA	CARAGAAA	2	0	2	16th
XII	CRAA	0	0	0	17th
<b>TOTAL</b>		<b>527</b>	<b>418</b>	<b>945</b>	

ROY S. SOLDEVILLA  
ENCODER

EDMON G. PRADO  
CO-CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION

ADELA A. BRAZAL  
CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION



# 2005 DepEd PALARONG PAMBANSA

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## OFFICIAL FINAL SUMMARY OF POINTS ELEMENTARY



EVENT	R E G I O N S												NCR				
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRAA XII	ARMM	CARAA	CARAGA
1 ATHLETICS (Boys)				30	5	3	20	3			10						2
2 ATHLETICS (Girls)				2		20	30	3		5							10
3 BADMINTON (Boys)			2	2		7	7	5									10
4 BADMINTON (Girls)			1	3		10	2	2								2	6
5 BASEBALL				25		2	2	3			5						15
6 CHESS (Boys)	2			5		3	3				1						10
7 CHESS (Girls)				7		1	25				2						10
8 FOOTBALL				3		2	1				15						10
9 GYMNASTICS (MAG)				15		4	1	7									10
10 GYMNASTICS (WAG)	2		2	7		4	1	10									15
11 GYMNASTICS (RG)	1		2	10		1	7	4									15
12 LAWN TENNIS (Boys)				2		3	7	7			10						5
13 LAWN TENNIS (Girls)			2			7	7	10			3						5
14 SIPA TAKRAW				10	2	5	5	2									20
15 SWIMMING (Boys)				30		10	10	2									30
16 SWIMMING (Girls)				20		2	3	5									5
17 TABLE TENNIS (Boys)	0.5			10		0.5	7	10									1
18 TABLE TENNIS (Girls)		3		5			10	3			7						3
19 TAEKWONDO (Boys)			2	7			7	5									3
20 TAEKWONDO (Girls)			1	7	2		10	5									5
21 VOLLEYBALL (Boys)				25			25	5			10						3
22 VOLLEYBALL (Girls)				10			10	2			2						5
TOTAL	8.5	3	31	235	9	41.5	185	71	18	29	53	38	0	20	4	2	197
RANK				1st			3rd										2nd

ROY S. SOLDEVILLA  
ENCODER

EDMON G. PRADO  
CO-CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION

ADELA A. BRAZAL  
CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS ATHLETICS Elementary Boys



EVENTS	R E G I O N S																
	IRAA I	CAVRAA II	CRRAA III	STRRAA-A IV-A	STRRAA-B IV-B	BRRAA V	WVRAA VI	CVRAA VII	EVRAA VIII	ZPRRAA IX	NMRAA X	DAVRAA XI	CFRAA XII	ARMM	CAR	CARAGA	NGR
1 100 Meters				7	4		2				5						
2 200 Meters				7	4		2				5						
3 400 Meters				5	2		7				4						
4 800 Meters				7	5					3							
5 1500 Meters				7	5						2						
6 110 Meters Hurdles				5	4					3							
7 400 Meters Hurdles				5	3						7						
8 Long Jump				5	3						4						
9 Triple Jump				7	3		2				1						
0 High Jump				7	5		1				1						
1 Shot Put				7			5				4						
2 Discuss Throw				2	1		4				3						
3 Javelin Throw				7	1		3				6						
4 4 X 100 Meters Relay				14	8		2				10						
5 4 X 400 Meters Relay				14	6		8				10						
TOTAL	11	4		142	42		53	5		6	50	3		2		15	20
RANK				1st	4th		2nd				3rd						6th
POINTS				30	5		20				10						2



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS

ATHLETICS Elementary Girls



EVENTS	R E G I O N S																	
	IRAA I	CAVRRA II	CRRAA III	STRRAA IV-A	STRRAA IV-B	BRRA V	WRRA VI	CRRA VII	EVRA VIII	ZRRA IX	NMRA X	DAVRA XI	CRRA XII	ARMM	CAR	CARAGA	NCR	
1 100 Meters					2		7	4	1		3							7
2 200 Meters						1	7	4		3	5							7
3 400 Meters						4	7	4		5	5				2			7
4 800 Meters						1	7	3		4	5				2			7
5 1500 Meters				1		3	7	5			7				1			7
6 100 Meters Hurdles				2	1					3								7
7 400 Meters Hurdles				3	2					5								7
8 Long Jump					2		4											4
9 Triple Jump						3	5	3			7							7
0 High Jump						4	1	5	3		2							7
1 Shot Put						33	33	5	33									1
2 Discus Throw						4	3	7	2									5
3 Javelin Throw						7	4	4			1							3
4 4 X 100 Meters Relay					4						6							8
5 4 X 400 Meters Relay					8						6							8
TOTAL					29						51.66							42
RANK					6th						2nd							3rd
POINTS					2						20							10



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005



## SUMMARY OF POINTS

GYMNASTICS RG Elementary

EVENTS	R E G I O N S												NCR					
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WRRA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA	
1 Hoop				1			4	3	2								7	5
2 Ball				4			1	3	2								7	5
3 Rope			1	4			3	2									7	5
4 Individual All Around				3			2										7	9
5 Team				8			6		4								10	10
TOTAL RANK	1			2			3		2								62	62
POINTS	6th			5th			2nd		4th								1st	15

## GYMNASTICS WAG Elementary

EVENTS	R E G I O N S												NCR					
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WRRA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA	
1 Floor Exercise				1					4	2							7	5
2 Balance Beam				5			1		4	3							7	7
3 Individual All Around				4			4		5	1							7	2
4 Team				8			2		1								10	10
TOTAL RANK	5			4			2		2								38	38
POINTS	5th			4th			3rd		6th								1st	15

## GYMNASTICS MAG Elementary

EVENTS	R E G I O N S												NCR					
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WRRA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA	
1 Floor Exercise				4					7	2							25	25
2 Vault				5			4		1								7	2
3 Individual All Around				7			7		3								4	4
4 Team				10			4		2								8	8
TOTAL RANK	2			4			8		3								27	27
POINTS	2nd			5th			4th		6th								2nd	10



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS

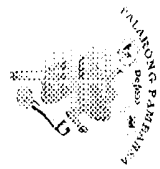
Lawn Tennis Elementary Boys



EVENTS	R E G I O N S												NCR					
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		GRAA XII	ARMM	CAR	CARAGA	
1 Singles				3			1	1			7							4
2 Doubles				1			3	7			5							4
TOTAL RANK				4			4	8			12							4
POINTS				5th			4th	2nd			1st							3rd
				2			3	7			10							5

Lawn Tennis Elementary Girls

EVENTS	R E G I O N S												NCR					
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		GRAA XII	ARMM	CAR	CARAGA	
1 Singles				4			7	1			1							3
2 Doubles				4			8	7			2							3
TOTAL RANK				5th			2nd	8			1st							6
POINTS				2			7	10			6th							3rd
				2			7	10			1							5



**2005 DepEd Palarong Pambansa**  
 Iloilo Sports Complex, Iloilo City  
 May 8-14, 2005  
**SUMMARY OF POINTS**



Lawn Tennis Elementary Boys

EVENTS	R E G I O N S												NCR				
	IRAA I	CAVRPA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRPA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRPA XI		CPAA XII	ARMM	CAR	CARAGA
1 Singles				3			1	1			7	X					
2 Doubles				1			3	7			5						
TOTAL				4			4	8			12						
RANK				5th			4th	2nd			1st						
POINTS				2			3	7			10						

Lawn Tennis Elementary Girls

EVENTS	R E G I O N S												NCR				
	IRAA I	CAVRPA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRPA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRPA XI		CPAA XII	ARMM	CAR	CARAGA
1 Singles							7	1			1						
2 Doubles				4				7			2						
TOTAL				4			7	8			3						
RANK				5th			2nd	1st			6th						
POINTS				2			7	10			1						



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS



Table Tennis Elementary Boys

EVENTS	R E G I O N S																	
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WVRAA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA	GRAA	ARMM	CAR	CARAGA	NCR	
1 Singles	I	II	III	IV-A	IV-B	V	VI	VII	VIII	IX	X	XI	XII					
2 Doubles				7	3	1	1	4										
3 Mixed				0.5			5			2								3
TOTAL				17.5			3.5			0.5								1.5
RANK	1			1st			9.5			2.5								4.5
POINTS	0.5			10			7			2								3rd

Table Tennis Elementary Girls

EVENTS	R E G I O N S																	
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WVRAA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA	GRAA	ARMM	CAR	CARAGA	NCR	
1 Singles	I	II	III	IV-A	IV-B	V	VI	VII	VIII	IX	X	XI	XII					
2 Doubles				7			4											
3 Mixed				0.5			3.5			0.5								1.5
TOTAL				7.5			10.5			0.5								2.5
RANK		4th		3rd			1st			0.5								6th
POINTS		3		5			10			2								1





# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS

### TAEKWONDO Elementary Boys

EVENTS	R E G I O N S												NCR						
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		GRAA XII	ARMM	CAR	CARAGA		
1 4'0" - 4'3"															1			7	
2 4'3" - 4'6"				3														1	1
3 4'6" - 4'9"				1														3	3
4 4'9" - 5'0"																		1	7
5 5'0" - 5'3"																		1	18
TOTAL RANK POINTS				4	4	3	1	3	0	1	1	1	0	0	3	4	0	4	18
				4th	4th	3	1	3	0	3rd	1	1	0	0	0	4th	0	4th	1st
				2						5					2			2	10

### TAEKWONDO Elementary Girls

EVENTS	R E G I O N S												NCR						
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		GRAA XII	ARMM	CAR	CARAGA		
1 4'0" - 4'3"																		1	1
2 4'3" - 4'6"				3														7	1
3 4'6" - 4'9"				1														1	3
4 4'9" - 5'0"																		1	3
5 5'0" - 5'3"																		1	8
TOTAL RANK POINTS				4	4	3	1	9	0	1	1	1	0	0	7	5	0	7	8
				6th	4	3rd	1st	3rd	0	1st	1	1	0	0	5th	5	0	5th	4th
				1			10	5		10					2			2	3



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS SWIMMING Elementary Boys



EVENTS	R E G I O N S												NCR							
	IRAA I	CAVRAA II	CLRAA III	STRRAA- IV-A	STRRAA IV-B	BRRA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRRAA XII	ARMM	CAR	CARAGA			
1 50 M Backstroke				7	3		1										5	4		
2 50 M Breaststroke				3	1		4										5	4		
3 50 M Butterfly				7	1		7	5									2	5	4	
4 50 M Freestyle				3	4		7										3	5	2	
5 100 M Backstroke				7	4		1										1	5	2	
6 100 M Breaststroke				5	3		7	2									4	5	1	
7 100 M Butterfly				7			2										5	3	1	
8 100 M Freestyle				4	1		7										5	5	2	
9 200 M Freestyle				5	2		1										7	7	4	
10 200 M Individual Medley				7	4		3										5	7	4	
11 4 X 50 M Medley Relay	2			14			8										6	10	14	
12 4 X 50 M Freestyle Relay				10			8										6	10	14	
13 4 X 100 M Medley Relay				14			2										4	14	14	
14 4 X 100 M Freestyle Relay				8			2										8	14	14	
TOTAL	2	0	6	120	2	47	53	23	0	2	0	29	0	0	2	4	106	20	20	
RANK				1st		4th	3rd	6th				5th					2nd			
POINTS				30		5	10	2				3					20			



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS SWIMMING Elementary Girls



EVENTS	R E G I O N S												NCR					
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRAA XII	ARMM	CAR	CARAGA	
1 50 M Backstroke				4	3	1		2				7					5	2
2 50 M Breaststroke				5	3			2		1		7					7	4
3 50 M Butterfly				3	1			5	1			2					4	3
4 50 M Freestyle				3	1			2				5					7	4
5 100 M Backstroke				5	3			1				7					7	4
6 100 M Breaststroke				1	1			2				7					5	4
7 100 M Butterfly				3	1			5				2					7	4
8 100 M Freestyle				7	3			1				2					5	4
9 200 M Freestyle				3				5				7					4	2
10 200 M Individual Medley				10				8									14	
11 4 X 50 M Medley Relay			6					2									14	
12 4 X 50 M Freestyle Relay	4			6				8									14	
13 4 X 100 M Medley Relay				8				2									14	
14 4 X 100 M Freestyle Relay				8				14									10	
TOTAL	4	0	6	85	0	13	39	45	0	1	9	53	0	0	0	0	141	1st
RANK				2nd		6th	5th	4th				3rd						
POINTS				20		2	3	5				10					30	



## OFFICIAL FINAL RESULTS by POINTS

REGION		SECONDARY			
		BOYS	GIRLS	TOTAL	RANK
NCR	NCRAA	179	127.5	306.5	1st
VI	WVRAA	143	129.5	272.5	2nd
IV-A	STRAA-CALABARZON	79	89	168	3rd
VII	CVRAA	65.5	71	136.5	4th
III	CLRAA	58	35	93	5th
X	NMRAA	39	24	63	6th
XI	DAVRAA	40	9	49	7th
V	BRAA	25	13	38	8th
XII	CRAA	17	21	38	
IV-B	STRAA-MIMAROPA	14	4	18	10th
CARAGA	CARAGAAA	7	7	14	11th
ARMM	ARMMAA	12.5	0	12.5	12th
IX	ZPRAA	7.5	5	12.5	
CARAA	CARAA	11	1	12	14th
I	IRAA	6	4	10	15th
VIII	EVRAA	4.5	4	8.5	16th
II	CAVRAA	0	0	0	17th
<b>TOTAL</b>		<b>708</b>	<b>544</b>	<b>1252</b>	

ROY S. SOLDEVILLA  
ENCODER

EDMON G. PRADO  
CO-CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION

ADELA A. BRAZAL  
CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION

# 2005 DepEd PALARONG PAMBANSA

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS SECONDARY

EVENT	REGIONS												NCR				
	IRAA I	CAVRAA II	CIRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRRA XII	ARMIM	CARAA	CARAGA
1 ARCHERY (Boys)			4	10		3		7			2					15	
2 ARCHERY (Girls)			3	7		4		15					2			10	
3 ATHLETICS (Boys)			10	2		5	30			3	3					20	
4 ATHLETICS (Girls)				20		2	30	5		3	3					10	
5 BADMINTON (Boys)			5			7	7	3			2					10	
6 BADMINTON (Girls)						10	10	4			2					4	
7 BASEBALL			25	10			5			3					7	15	
8 BASKETBALL	2						10	15							5	25	
9 BOXING							3.5	7		1	10	3.5			1	7	
10 CHESS (Boys)			2	10		4		3			15	15				7	
11 CHESS (Girls)	2						4	15			10	3				7	
12 FOOTBALL							25	5			3	10			2	15	
13 GYMNASTICS (MAG)	4		2	10				15	1							7	
14 GYMNASTICS (MAG)			4	7	1		2	15								10	
15 GYMNASTICS (RG)	2			4		7	1	10			3					15	
16 LAWN TENNIS (Boys)			1	10		5		5		2	3					10	
17 LAWN TENNIS (Girls)			7	4	10	15		1	3	3	2						
18 SEPAKTAKRAW			7	4	10	15		3	1	2	2						
19 SOFTBALL			5	15		25			2		10					3	
20 SWIMMING (Boys)				5		20						3				30	
21 SWIMMING (Girls)			10	10		20		2			2	5				30	
22 TABLE TENNIS (Boys)				10	3		2	0.5			5					7	
23 TABLE TENNIS (Girls)			2	10		5		3		0.5		7				1	
24 TAEKWONDO (Boys)				15	4		0.5			0.5	7	0.5				3	
25 TAEKWONDO (Girls)			4	3		12.5					1	7				12.5	
26 VOLLEYBALL (Boys)			2	3		25		5			2					15	
27 VOLLEYBALL (Girls)			10	3		15		5			2					25	
TOTAL RANK	10	0	93	168	18	38	272.5	136.5	8.5	12.5	63	49	38	12.5	12	14	306.5
				3rd			2nd										1st

ROY S. SOLDEVILLA  
ENCODER

EDMON G. PRADO  
CO-CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION

ADELA A. BRAZAL  
CHAIRMAN  
GAMES RESULTS, RECORDS AND DOCUMENTATION



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005



## SUMMARY OF POINTS

ARCHERY Secondary Boys

EVENTS	R E G I O N S												NCR					
	IRAA I	CAVRAA II	CURAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRAA XII	ARMIM	CAR	CARAGA	
1 30 Meters			3	5				7	1								4	2
2 50 Meters			1	5				2			3						7	4
3 Standard Round			1	7				4									5	5
4 Olympic Round			2	7	2			5									4	3
5 Team			3	9				5									7	7
TOTAL RANK POINTS	0	0	10	35	0	4	0	24	0	0	3	0	2	0	0	0	41	41
			4th	2nd		5th		3rd			6th						1st	1st
			4	10		3		7			2						15	15

## ARCHERY Secondary Girls

EVENTS	R E G I O N S												NCR					
	IRAA I	CAVRAA II	CURAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRAA XII	ARMIM	CAR	CARAGA	
1 30 Meters			2	7				3	1								5	4
2 50 Meters				4				7	2								5	7
3 Standard Round				5				4	3								7	7
4 Olympic Round			2	3	1			7	5								4	4
5 Team			3	4				9									7	7
TOTAL RANK POINTS	0	0	7	27	0	9	0	41	0	0	0	0	2	0	0	0	32	32
			5th	3rd		4th		1st					6th				2nd	2nd
			3	7		5		15					2				10	10



PALAMONG PAMBANSA  
ATHLETICS

## 2005 DepEd Palamong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005



### SUMMARY OF POINTS ATHLETICS Secondary Boys

EVENTS	R E G I O N S																	
	IRAA I	CAVRAA II	CLRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI	CRAA XII	ARMM	CAR	CARA GA	NCR	
1 100 Meters			5	2		4	7		1									
2 200 Meters			5	4		2	1	7										
3 400 Meters	3		7			3	2	3								4		
4 800 Meters						1	2	2									3	
5 1500 Meters			3			2	5											
6 3000 M Steeple Chase			2			7	5											
7 5000 Meters			2			7	4											
8 110 Meters Hurdles		2				3	5	4			3							
9 400 Meters Hurdles			2			3	7	5			7							
10 Long Jump		3					5	4			2						4	4
11 Triple Jump							7										1	1
12 High Jump			1	5				2									3	5
13 Pole Vault				4.5				4.5	1.5								7	3
14 Shot Put	3						7	5	4		2						5	
15 Discus Throw							3	3	4		7						5	
16 Javelin Throw				2			4	4	2		4						7	
17 4 X 100 Meters Relay			8	4			6	14									10	
18 4 X 400 Meters Relay			14				6	4									8	
TOTAL	11	5	49	26.5	20	37	108	23	1	14	27	22.5	26	0	6.5	5	58.5	2nd
RANK			3rd	6th		4th	1st				5th							
POINTS			10	2		5	30				3						20	



# 2005 DepEd Palang Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS ATHLETICS Secondary Girls



EVENTS	R E G I O N S																
	IRAA I	CAVRAA II	CIRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI	CRAA XII	ARMM	CAR	CARAGA	NCR
1 100 Meters	2			7			4	3									5
2 200 Meters					2	1	7	5									4
3 400 Meters				4	2		7	5								3	1
4 800 Meters							5	3	4								2
5 1500 Meters						2			5								1
6 3000 Meters						1	7	2	3		4						5
7 100 Meters Hurdles				7		4	3	1			5						2
8 400 Meters Hurdles				7	2		5										3
9 Long Jump	4			5	2	3	7	3			1						4
10 Triple Jump				4		3	2	5									1
11 High Jump	2			7	7	3	4									5	1
12 Shot Put				7		1	5	4									2
13 Discus Throw	4	2				1	7								1		3
14 Javelin Throw				2		4	1	5									2
15 4 X 100 Meters Relay			2					8			4				6		10
16 4 X 400 Meters Relay			10				14	8			4				6		10
TOTAL	17			68	14	22	123	37		5	28		3		17	5	49
RANK				2nd		6th	1st	4th			5th						3rd
POINTS				20		2	30	5			3						10





# 2005 DepEd Palamong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005



## SUMMARY OF POINTS

Badminton Secondary Boys

EVENTS	R E G I O N S												NCR			
	IRAA I	CAVRAA II	CIRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		GRAA XII	ARMMA	CAR
1 Singles			3				7	2								7
2 Doubles			3				1	1								1
3 Mixed			6				1.5	.5				.5				3.5
TOTAL RANK POINTS			3rd 5				8.5 2nd 7	3.5 4th 3				.5 5th 2				11.5 1st 10

Badminton Secondary Girls

EVENTS	R E G I O N S												NCR				
	IRAA I	CAVRAA II	CIRAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRRA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		GRAA XII	ARMMA	CAR	CARAGA
1 Singles						2	3					3				7	
2 Doubles						7	1									1	
3 Mixed						1.5	.5					.5				3.5	
TOTAL RANK POINTS			0			0	10.5 1st 10	4.5 3rd 4				.5 5th 2				7 2nd 7	4.5 3rd 4



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS

BOXING Secondary Boys



EVENTS	R E G I O N S																	
	IRAA I	CAVBAA II	CLPBA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRBA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI	CRPA XII	ARMM	CAR	CARAGA	NCR	
1 Powder weight						1	1	7	1	1		3						
2 Mosquito weight							7					3						
3 Paper weight								3				3						
4 Pin weight										1		3						
5 Light fly weight								1			1	3						
TOTAL	0	0	0	0	0	1	8	11	1	2	15	12	8	0	2	0	0	
RANK						4th	8th	3rd		6th	1st	2nd	4th		6th			
POINTS						3.5	7	7		1	15	10	3.5		1			





# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

## SUMMARY OF POINTS



EVENTS	R E G I O N S												NCR				
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WVRAA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA
1 Singles	1	II	III	IV-A	IV-B	V	VI	VII	VIII	IX	X	XI	XII				7
2 Doubles			3				1	5	2	3	7	4	4				1
TOTAL			3				1	5	2	4	7	4	4				8
RANK			6th				5th	3rd	2nd	5th	2nd	4th	4th				1st
POINTS			1				5			2	7	3					10

## Lawn Tennis Secondary Girls

EVENTS	R E G I O N S												NCR				
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WVRAA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA
1 Singles			7			V	VI	VII	VIII	IX	X	XI	XII				1
2 Doubles							5	2	3	4		3	4				1
TOTAL			7				6	2	3	4		4	4				2
RANK			2nd				3rd	2nd	6th	4th		5th	5th				1st
POINTS			7				5		1	3		2					10





# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005



## SUMMARY OF POINTS

EVENTS	R E G I O N S												NCR				
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WVRAA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA
1 Finweight		1		7								1					3
2 Flyweight				7		1							3				1
3 Bantamweight			1		7					3					1		7
4 Featherweight				1				1			3				7		1
5 Lightweight				1				1			7						3
6 Welterweight				1				1			7						3
<b>TOTAL</b>	0	2	2	16	7	1	3	2	0	3	10	1	3	3	15	0	4
<b>RANK</b>				1st	4th		6th			6th	3rd		6th	6th	2nd		5th
<b>CHAMPION POINTS</b>				15	4		0.5			0.5	7		0.5	0.5	10		3

## TAEKWONDO Secondary Girls

EVENTS	R E G I O N S												NCR				
	IRAA	CAVRAA	CLRAA	STRAA-A	STRAA-B	BRAA	WVRAA	CVRAA	EVRAA	ZPRAA	NMRAA	DAVRAA		CRAA	ARMM	CAR	CARAGA
1 Finweight				1									7		1		3
2 Flyweight			7	3											1		1
3 Bantamweight				3				1		1							7
4 Featherweight			3	1													1
5 Lightweight			1	1													3
6 Welterweight				1											1		1
<b>TOTAL</b>	0	0	11	9	0	0	15	1	0	1	3	0	14	0	3	0	15
<b>RANK</b>			4th	5th			1st				6th		3rd		6th		1st
<b>CHAMPION POINTS</b>			4	3			12.5				1		7		1		12.5



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 9-14, 2005



## SUMMARY OF POINTS SWIMMING Secondary Boys

EVENTS	R E G I O N S												NCR						
	IRAA I	CAVRBA II	CLBAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WVRBA VI	CVRBA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI		CRBA XII	ARMM	CAR	CARAGA	NCR	
1 100 M Backstroke				1		5	4											7	3
2 100 M Breaststroke				2		7	5											4	1
3 100 M Butterfly				3		7	3											5	4
4 100 M Freestyle							4											7	5
5 200 M Backstroke							4	2										7	5
6 200 M Breaststroke				1		7	4											5	2
8 200 M Butterfly				3		4	2											7	5
9 200 M Freestyle				1		5	3											7	5
10 200 M Individual Medley			1			5	3											7	7
11 400 M Freestyle						4	3											7	1
15 4 X 50 M Medley Relay				6		14	10	2										8	
16 4 X 50 M Freestyle Relay				10		4	8											14	
17 4 X 100 M Medley Relay				6		10	8	2										14	
18 4 X 100 M Freestyle Relay				8		4	10											14	
TOTAL	3	0	1	48	0	74	84	6	0	2	12	2	25	0	0	0		139	
RANK				4th		3rd	2nd				6th		5th					1st	
POINTS				5		10	20				2		3					30	



# 2005 DepEd Palarong Pambansa

Iloilo Sports Complex, Iloilo City  
May 8-14, 2005



## SUMMARY OF POINTS

SWIMMING Secondary Girls

EVENTS	R E G I O N S																NCR
	IRAA I	CAVRAA II	CURAA III	STRAA-A IV-A	STRAA-B IV-B	BRAA V	WRPAA VI	CVRAA VII	EVRAA VIII	ZPRAA IX	NMRAA X	DAVRAA XI	CRAA XII	ARMM	CAR	CARAGA	
1 100 M Backstroke				5	4	1	2										7
2 100 M Breastroke				5	2	7	1										4
3 100 M Butterfly				2			7										5
4 100 M Freestyle				5	1		4										7
5 200 M Backstroke				5			4					2					7
6 200 M Breastroke				4	2	5	1										7
8 200 M Butterfly				7	2		4										3
9 200 M Freestyle				5	3		7										2
10 200 M Individual Medley				4		5	3										7
11 400 M Freestyle				2			4										5
15 4 X 50 M Medley Relay				10			8					2					14
16 4 X 50 M Freestyle Relay				6		2	10										14
17 4 X 100 M Medley Relay				14		2	8				6						10
18 4 X 100 M Freestyle Relay				8			14					4					10
TOTAL	0	0	2	96	8	20	98	13	0	0	6	11	27	0	0	0	121
RANK				3rd	5th		2nd	6th				4th					1st
POINTS				10	3		20	2					5				30



PALARONG PAMBANSA 2005

Iloilo City  
May 8-14, 2005

ELEMENTARY DIVISION

ATHLETICS

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
100 M	Abling, Rolan	CALABARZON	1st	Lago, Jenny May	WVRAA
	Labadan, Alexis James	NMRAA	2nd	Baddico, Emely	ZPRAA
	De Jesus, Allan	MIMAROPA	3rd	Bedico, Janet	WVRAA
200 M	Abling Rolan	CALABARZON	1st	Lago, Jenny May	WVRAA
	Ravago, James	NMRAA	2nd	Maaba, Roxanne	NMRAA
	Moldon, Teodoro	CALABARZON	3rd	Bedico, Janet	WVRAA
400 M	Andico, Vernice John	WVRAA	1st	Bedico, Janet	WVRAA
	Castillo, Maude	CALABARZON	2nd	Cabrestaute, Apple Joy	NMRAA
	Ravago, James	NMRAA	3rd	Lavit, Joyce	BRAA
800 M	Pangan, Jeric	CALABARZON	1st	Cabrestaute, Apple Joy	NMRAA
	Blaza, Dennis	CALABARZON	2nd	Catigan, Mylen	WVRAA
	Guarte, Mervin	MIMAROPA	3rd	Lico, Emelyn	ZPRAA
1500 M	Blaza, Dennis	CALABARZON	1st	Malacad, Josie	WVRAA
	Pangan, Jeric	CALABARZON	2nd	Catigan, Mylen	WVRAA
	Guarte, Mervin	MIMAROPA	3rd	Delos Santos, Ella Mae	CARAA
110 M Hurdles	Lamadrid, Mark Anthony	BRAA	1st		
	Perlas, Alvin	CALABARZON	2nd		
	Maulion, Richard	CALABARZON	3rd		
100 M Hurdles			1st	Casilihan, Lea	NCRAA
			2nd	Atillo, Andrea	CVRAA
			3rd	Albinio, Joy	WVRAA
400 M Hurdles	Burdeos, Rommel	NMRAA	1st	Casilihan, Lea	NCRAA
	Castillo, Maude	CALABARZON	2nd	Lico, Emelyn	ZPRAA
	Lamadrid, Mark Anthony	BRAA	3rd	Malacad, Josie	WVRAA
4x100 M Relay	Perlas, Alvin	CALABARZON	1st	Lago, Jenny May	WVRAA
	Abling, Rolan			Mariposa, Irene	
	Maulion, Richard			Bedico, Janet	
	Moldon, Teodoro		2nd	Albinio, Joy	
	Burdeos, Rommel	NMRAA		Son, Reiz	CVRAA
	Ravago, James			Atillo, Andrea	
	Capa, Mar Aldrene		3rd	Chua, Karene Ecel	
	Labadan, Alexis James			Reyes, Joy	
	De Jesus, Allan	MIMAROPA		Malabeo, Bernadeth	NCRAA
	Almariego, Jaypee			Dizon, Avegail	
	Silva, Christopher			Que, Precious	
	Ureta, Harryl			Casilihan, Lea	
4x400 M Relay	Abling, Rolan	CALABARZON	1st	Bedico, Janet	WVRAA
	Perlas, Alvin			Malacad, Josie	
	Pangan, Jeric			Mariposa, Irene	
	Castillo, Maude		2nd	Lago, Jenny May	
	Burdeos, Rommel	NMRAA		Pancilas, Angeline	BRAA
	Tambagan, Julius			Ardales, Mary Grace	
	Capa, Mar Aldrene		3rd	Lavit, Joyce	
	Ravago, James			Drice, Jasmin	
	Andico, Vernice John	WVRAA		Chavez, Maricris	CALABARZON
	Ansino, Gerard			Recto, Cathlyn	
	Iamore, Mark James			Decena, Lavinia	
	Raogo, Ajohn Rey			Mendoza, Josephine	

HIGH JUMP	Belarmino, Dennis	CALABARZON	1st	Que, Precious	NCRAA
	Abling, Rolan	CALABARZON	2nd	Quezon, Ricagene	WVRAA
	Madarang Romer	IRAA	3rd	Hinayon, Rochelle	CALABARZON
LONG JUMP	De Jesus, Allan	MIMAROPA	1st	Balauran, Irin	CVRAA
	Maulion, Richard	CALABARZON	2nd	Quezon, Ricagene	WVRAA
	Ravago, James	NMRAA	3rd	Que, Precious	NCRAA
TRIPLE JUMP	Maulion, Richard	CALABARZON	1st	Balauran, Irin	CVRAA
	Torencio, Crispin	NCRAA	2nd	Albinio, Joy	WVRAA
	Castaneda Ivan	CVRAA	3rd	Cedau, Maureen	BRAA
DISCUS THROW	Tartana, Somy Boy	NCRAA	1st	Ollet, Rona	BRAA
	Azarraga, Angelo	CARAGAAA	2nd	David, Marren	NCRAA
	Bolinas, John Rolly	WVRAA	3rd	Dela Cruz, Jonalyn	BRAA
JAVELIN THROW	Pereyra, Angelito	CALABARZON	1st	Cuaton, Quima	DAVRAA
	Silva, Christopher	MIMAROPA	2nd	Cambonga, Joan Rose	NMRAA
	Tuazon, Jommel	CAVRAA	3rd	Dela Cruz, Jonalyn	BRAA
SHOT PUT	Pereyra, Angelito	CALABARZON	1st	Bayalas, Janette	WVRAA
	Gilbuena, Johnrie	WVRAA	2nd	Malinao, Nina	CALABARZON
	Balinas, John Rolly	WVRAA	3rd	Dela Cruz, Jonalyn	BRAA

#### BADMINTON

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
SINGLES	Guerrero, Ramon Lorenzo	NCRAA	1st	Balenas, Precious Mae	WVRAA
	Nacisvalencia Mikhail	WVRAA	2nd	Castillo, Gelita	NCRAA
	Sagal, Lawrence	CLRAA	3rd	Balatbat, Kathleen	CLRAA
	Villegas, Marvin Joseph	CALABARZON	3rd	Cruz, Michelle	NCRAA
DOUBLES	Magnaye, Peter Gabriel	NCRAA	1st	Aberilla, Irish Mae	DAVRAA
	Taculad, Michael			Abangan, Ana Marie	
	Nacague, John Mathew	WVRAA	2nd	Espanola, Hannalei	CALABARZON
	Espanola, Kavin			Tapau, Hydie	
	Cortes, Jonathan	CVRAA	3rd	Isidro, Hanna Bhea	WVRAA
	Sagaroui, John			Mahinay, Rhea May	
	Panes Christian Dan	CARAGAAA	3rd	Cabarrubias, Alys Lyril	CVRAA
Saquin, Shadrach Niko			Duan, Marigold Sweet		
MIXED DOUBLES	Magnaye, Peter Gabriel	NCRAA	1st	Castilo, Gelita	NCRAA
	Lipaopao, Jeffrey	CVRAA	2nd	Duan, Marigold Sweet	CVRAA
	Malayang, Hikko	WVRAA	3rd	Balenas, Precious Mae	WVRAA
	Quiben, Jason	DAVRAA	3rd	Aberilla, Irish Mae	DAVRAA

#### CHILDREN'S BASEBALL

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
TEAM	Amido, JC	CALABARZON	1st		
	Delica, Hernan				
	Fetalcorin, Jayson				
	Gagarin, Jessie				
	Loyola, Rannel				
	Osmillo, Raniel				
	Pardilla, Roger				
	Reyes, Joemark				
	Rocha, Mark				
	Tagle, Ryan				
Tagle, Noriel					



	Quintas, Dominic Jay	
	Reyes, Laurel Joven	
	Sibayan, John Michael	
	Supiter, Junmy	
	Villanueva, Jester	
	Abaya, Alejandro	NCRAA
	Festejo, Nico	
	Gangat, John Andrew	
	Guzman, Daniel	
	Hizon, Joseph Allen	
	Jardiolin, Alejandro	
	Mabanyag, Michael	
	Manalang, Carlos Luigi	
	Manalang, Carlos Miguel	
	Manalo, Gabriel	
	Mendoza, Luis Emmuel	
	Mison, Luis Miguel	
	Montelibano, Jose Ricardo	
	Oppus, Jose Marko	
	Mendoza, Jose Paolo	


**GYMNASTICS MAG**

EVENT	BOYS	
	NAME	REGION
Individual All Around	Montelliano, Jommel	CALABARZON
	Agdon, Winmar	CVRAA
	Brogada, Adrean Regie	NCRAA
Vault	Catipon, Julius Zeasar	NCRAA
	Villegas, Joy Franz	CALABARZON
	Gabillo, Mark Joseph	BRAA
Floor Exercise	Agdon, Winmar	CVRAA
	Fajil, Renuel	CALABARZON
	Maraman, Johnny	CLRAA
TEAM (MAG)		CALABARZON
		NCRAA
		CVRAA

GIRLS	
NAME	REGION

**GYMNASTICS WAG**

Individual All Around		
Balance Beam		
Floor Exercise		
TEAM (WAG)		

1st	Mendoza, Natasha	NCRAA
2nd	Soco, Naomi	CVRAA
3rd	Ricabar, Precious Alec	CALABARZON
1st	Mendoza, Natasha	NCRAA
2nd	Ricabar, Precious Alec	CALABARZON
3rd	Soco, Naomi	CVRAA
1st	Aldana, Deserie	NCRAA
2nd	Mendoza, Natasha	NCRAA
3rd	Soco, Naomi	CVRAA
1st		NCRAA
2nd		CALABARZON
3rd		CVRAA

**GYMNASTICS RG**

Individual All Around		
-----------------------	--	--

1st	Astillar, Rachelyn	NCRAA
2nd	Garcia, Rizza Desiree	NCRAA
3rd	Dela Cruz, Elyssa	NCRAA

Rope			1st	Astillar, Rachelyn	NCRAA
			2nd	Garcia, Rizza Desiree	NCRAA
			3rd	Fernandez, Diolina	CALABARZON
Hoop			1st	Garcia, Rizza Desiree	NCRAA
			2nd	Astillar, Rachelyn	NCRAA
			3rd	Paniza, Cindy	WVRAA
Ball			1st	Astillar, Rachelyn	NCRAA
			2nd	Garcia, Rizza Desiree	NCRAA
			3rd	Juco, Quinmic	CALABARZON
TEAM (RG)			1st		NCRAA
			2nd		CALABARZON
			3rd		WVRAA

### LAWN TENNIS

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
SINGLES	Alcantara, Casey	NMRAA	1st	Guba, Jonicka Martina	WVRAA
	Lao, Chadi	CALABARZON	2nd	Santiago, Regina	NCRAA
	Sobrevega, Ralph Vincent	WVRAA	3rd	Buenacosa, Kristel Mae	CVRAA
	Cabaling, Christian John	CVRAA	3rd	Troncoso, Marilyn	WVRAA
DOUBLES	Canoy, Jayvee	CVRAA	1st	Siso, Sally Mae	CVRAA
	Siso, Bernardine			Siso, Sallydine	
	Alcantara, Derrick	NMRAA	2nd	Gilles, Houly Mae	NMRAA
	Pacana, Noelito			Lucas, Jessica	
	Baldonado, Joseph	NCRAA	3rd	Jarin, Ivy Joy	CLRAA
	Cordero, Kyle			Rivero, Mary	
			3rd		

### SIPA

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
TEAM	Beltran, Edwin	CALABARZON	1st		
	Distrito, Jayward				
	Ranas, Mark Anthony				
	Sobrevinas, Amiel				
Con't	Bolbol, Marjun	EVRAA	2nd		
	Calupig, Arthur Nino				
	Gabon, Artemio Jr.				
	Maputi, Jeffrey				
	Aguirre, Herniel	WVRAA	3rd		
	De Matias, Reynaldo Jr.				
	Ialeco, Xander Jan				
Salvilla, Ivan Jose					

### TABLE TENNIS

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
SINGLES	Cruz, Nico Paulo	CALABARZON	1st	Lariba, Ian	NMRAA
	Sacopa, Leo	CALABARZON	2nd	Gayoso, Juliette	WVRAA
	Tumaueng, Eduardo Louis	BRAA	3rd	Cruz, Kleithilyn	NCRAA
	Gicana, Jee-Ar	WVRAA	3rd	Perez, Rosemova	CARAGAAA

DOUBLES	Dela Cruz, Cedie	CALABARZON
	Blanco, Rondell	
	Coronel, Michael	WVRAA
	Garcia, Euryin Mejun	
	Tornis, Daniel Jay	CVRAA
	Majarais, Rylan	
MIXED DOUBLES	Cicana, Jee-Ar	WVRAA
	Mendoza, Fritz Generay	NCRAA
	Cruz, Nico Paolo	CALABARZON
	Reyes, Ricna Jay	ZPRAA

1st	Sibal, Joma Illa	CALABARZON
	Maderal, Lusha Francesca	
2nd	Ramos, Riz Ann	CAVRAA
	Carrao, Carla	
3rd	Rose, Kathaleen	WVRAA
	Servano, Darlyn Mae	
1st	Gayoso, Juliette	WVRAA
2nd	Cruz, Klieth Lavaine	NCRAA
3rd	Francesca, Lusha	CALABARZON
3rd	Sunampong, Shem	ZPRAA

### TAEKWONDO

EVENT	BOYS	
	NAME	REGION
4'0" - 4'3"	Escoro, Israel	NCRAA
	Nepomuceno, John Lou	BRAA
	Tomarse, John Paul	CVRAA
	Ontal, Ajac Nestor	CARAA
4'3" - 4'6"	Alejo, Cyrus John	CALABARZON
	Dionisio, Isiah Thomas	CLRAA
	Santos, Ivemie Ross	NCRAA
	Guia, Lord Jay	CVRAA
4'6" - 4'9"	Pasion, Anthony Alfred	ZPRAA
	Barbosa, Kirk	NCRAA
	Barro, Mark	CLRAA
	Yap, Chris Daryll	CVRAA
4'9" - 5'0"	Ulidan, Bellarmino	NCRAA
	Raneses, Daniel	MIMAROPA
	Bullon, Joseph Vincent	WVRAA
	To-ong, Allan Joseph	DAVRAA
5'0" - 5'3"	Del Rosario, R-jay	CALABARZON
	Miko, Alfred Ron	CARAA
	Davin, Edward	ZPRAA
	Marianito, Reymark Edward	MIMAROPA

	GIRLS	
	NAME	REGION
1st	Alacar, Deborah	CARAA
2nd	Mondia, Cheryln Mae	WVRAA
3rd	To-ong, Jamaica	DAVRAA
3rd	Magdamit, Jegg Lhorge	NCRAA
1st	Santillan, Jean	WVRAA
2nd	Gadit, Geena Mae	CLRAA
3rd	Singson, Danielle Marie	NCRAA
3rd	Andalajao, Shac	CALABARZON
1st	Hubag, Hannah Marie	WVRAA
2nd	Antonette, Marie	CALABARZON
3rd	Villacorta, Lorenz Mae	CVRAA
3rd	Ramos, Krissa Girl	CLRAA
1st	Paglinawan, Jesset	CVRAA
2nd	Lizardo, Jyra Marie	NCRAA
3rd	Suyu, Joy	CAVRAA
3rd	Amistad, Janet	CALABARZON
1st	Bonifacio, Ynah	CALABARZON
2nd	Serana, Ma. Theresa	NCRAA
3rd	Dalen, Mary Cris	NMRAA
3rd	Martel, Maria Rhodora	CVRAA

### VOLLEYBALL

EVENT	BOYS	
	NAME	REGION
TEAM	Abante, Diego	CALABARZON
	Aquino, Aries	
	Bundalia, Darwin	
	Catipon, Malvin Jordan	
	Dela Pena, Eric	
	Echiquien, Eric	
	Garcia, Rev	
	Martelino, Rowel	
	Penalosa, Jomar	
	Solis, Edgar	
	Veril, Jestoni	
	Talib, Nadzmer	ARMMAA
	Salar, Nadzme	
	Salamuddin, Alpaber	
	Yatim, Michael	
	Alman, Abraham	
	Alvin, Dammang	

	GIRLS	
	NAME	REGION
1st	Amar, Valerie Jen	WVRAA
	Atienza, Nicole Marie	
	Carracho, Erica May	
	Caniedo, Janelle	
	Donasco, Denise Marie	
	Dusaran, Dancel Jan Elizabeth	
	Genon, thelma Hannah	
	Orendan, Patty Jane	
	Salvacion, Anna May	
	Tolentino, Lor	
	Trayfalgar, Marion Joy	
	Yanson, Johanna May	
2nd	Aranda, Charisse Rae	DAVRAA
	Caballero, Alejah Jane	
	Dayanglirang, Eliza Chona	
	Moste, Katherine Joy	
	Nakan, Sittie Fatima	
	Perandos, Krishna Nina	
	Zapanta, Luisa Mac	

	Sorial, Mavericks Manvelle	NMRAA
	Abejuela, Antonio	
	Acuna, Jeffrey	
	Badana, George Stephen	
	Calamba, Hilivel	
	Cantones, Kimand Dave	
	Enerio, Roldan	
	Layos, Rocard	
	Manseguido, Jeffward	

3rd	Afienza, Jenelyn	CALABARZON
	Belen, Dayzzel	
	Callanta, Divine Jessel	
	Chebes, Realyu	
	Cuevas, Charlyn	
	Dimaano, Tracy Joy	
	frasco, Jeande	
	Garcia, Maricris	
	Lat, Annie	
	Palma, Mylene	
	De Torres, Agnes	
	Villalor, Janel	

SWIMMING

EVENT	BOYS	
	NAME	REGION
50 M. Freestyle	Sunglao, Wilfredo	BRAA
	Wong, Sean Jaron	NCRAA
	Hassan, Ammad Yahcob	NCRAA
50 M Backstroke	Borja, Banjo	CALABARZON
	Aguilar, Johansen	NCRAA
	Wong, Sean Jaron	NCRAA
50 M. Breastroke	Gloria, Joseph Jamil	WVRAA
	Ng, Jose III	WVRAA
	Sunglao, Wilfredo Jr.	BRAA
50 M. Butterfly	Borja, Banjo	CALABARZON
	Hassan, Ammad Yahcob	NCRAA
	Gonzales, Jose Joaquin	DAVRAA
100 M Freestyle	Sunglao, Wilfredo Jr.	BRAA
	Hassan, Ammad Yahcob	NCRAA
	Dalay, Jaevico	CALABARZON
100 M Breastroke	Gloria, Joseph Jamil	WVRAA
	Magbautac, Orpheus	CALABARZON
	Isaguerre, Edgar Francis	DAVRAA
100 M. Butterfly	Borja, Banjo	CALABARZON
	Gonzales, Jose Joaquin	DAVRAA
	Lozano, Jose Marie	CVRAA
100 M Backstroke	Borja, Banjo	CALABARZON
	Aguilar, Johansen	NCRAA
	Comendador, Enrico Martin	CALABARZON
200 M. Freestyle	Hassan, Ammad Yahcob	NCRAA
	Comendador, Enrico Martin	CALABARZON
	Briño, Gian	NCRAA
200 M Ind. Medley	Borja, Banjo	CALABARZON
	Aguilar, Johansen	NCRAA
	Descemero, Joshua	CALABARZON
4x50M Freestyle R.	Velarde, Ino Miguel	NCRAA
	Vinhuan, Joselito	
	Chan, Christian	
	Wong, Sean Jaron	
	Garong, Angelo Rafael	CALABARZON
	Cariquitan, Alykel Viktor	
	Dalay, Jaevico	
	Descemero, Joshua	
	Bongais, Karl	BRAA
	Alvarez, Ditto	
	Bordado, Navier	
Sunglao, Wilfredo		

	GIRLS	
	NAME	REGION
1st	Al-Khadi, Jasmine	NCRAA
2nd	Echavez, Loren Dale	CVRAA
3rd	Yu, RoAnne Florence	NCRAA
1st	Malabanan, Alyanna Patricia	DAVRAA
2nd	Hong, Dorothy	NCRAA
3rd	Rosales, Marian fyc	CALABARZON
1st	Son, Edlyn	NCRAA
2nd	Animas, Carla	CALABARZON
3rd	Ilustre, Bianca Nicole	NCRAA
1st	Gonzales, Celina	DAVRAA
2nd	Tau, Christine Grace	CALABARZON
3rd	Son, Edlyn	NCRAA
1st	Al-Khadi, Jasmine	NCRAA
2nd	Echavez, Loren Dale	CVRAA
3rd	Yu, Roanne, Florence A.	NCRAA
1st	Son, Edlyn	NCRAA
2nd	Tau, Christine Grace	CALABARZON
3rd	Ilustre, Bianca Nicole	NCRAA
1st	Gonzales, Celina	DAVRAA
2nd	Yam, Patricia Anne	NCRAA
3rd	Malabanan, Alyanna Patricia	DAVRAA
1st	Hong, Dorothy	NCRAA
2nd	Malabanan, Alyanna Patricia	DAVRAA
3rd	Yam, Patricia Anne	NCRAA
1st	Adorna, Ma. Claire	CALABARZON
2nd	Yu, Roanne Florence	NCRAA
3rd	Yam, Patricia Anne	NCRAA
1st	Gonzales, Celina	DAVRAA
2nd	Echavez, Loren Dale	CVRAA
3rd	Yam, Patricia Anne	NCRAA
1st	Yu, Winona Claire	NCRAA
	Ilustre, Nicole	
	Raymundo, Veronica	
2nd	Al-Khadi, Jasmine	
	Caguinjin, Ma Andre	WVRAA
	Tayong, Jhesa	
	Duarte, Rikka	
	Catapang, Reynalissa	
3rd	Alemania, Maureen	BRAA
	De Leon, Patricia	
	Agong, Charina	
	Loesiu, Stephanie	

4X50M Medley Relay	Comendador, E.	CALABARZON	1st	Hong, D.	NCRAA	
	Landicho, K.			Son, E.		
	Borjo B.			Yam, Pa.		
	Hizola, RJK			Al-Khaldi, J.		
	Aguilar, J	NCRAA		2nd	Rosales, MF	CALABARZON
	Chau, C.				Tan, CG	
	Vinluan, J.			3rd	Libat, K	
	Velarde, IM				Adorna MC	
	Alvarez, D.	BRAA			Vega, PA	CVRAA
	Sto Domingo, A				Echavez, LD	
Bongais K.		Candia, C.				
Sunglao, W		Amante, K.				
4X100 M Freestyle R	Changeo, Joseph	NCRAA	1st	Tan, Hilry Jovette	WVRAA	
	Hassan, Ammad			Duarte, Rikka Mitchell		
	Berino, Gian			Sabusap, Cleistah		
	Wong, Sean Jaron			Neptuno, Chantan		
	Ng, Jose II	WVRAA		2nd	Yu, Winona Claire	NCRAA
	Pasaporte, Edsel				Ilustre, Bianca Nicole	
	Limsiaco, Sullivan			3rd	Raymundo, Veronica	
	Gloria, Joseph Jamil				Yu, Roanne Florence	
	Dalay, Jaevico	CALABARZON			Borja, Johanna Erika	CALABARZON
	Lavina, Michael				Palamena, Janisa Marie	
Cariquitan, Mykel Victor		Medina, Jean Rose				
Deseniero, Joshua		Aneñas, Carla				
4X100 M Medley R.	Comendador, Garico	CALABARZON	1st	Hong, Dorothy	NCRAA	
	Borja, Banjo			Son, Edlyn		
	Hizola, Roque			Yam, Patricia Anne		
	Magbanlac, Orpheus			Yu, Roanne Florence		
	Aguilar, Johansen	NCRAA		2nd	Malabanan, Lorenzo	DAVRAA
	Berino, Gian Daniel				Decierdo, Stephanie	
	Hassan, Ammad			3rd	Gonzales, Celina	
	Changeo, Joseph				Nazareno, Bea Marie	
	Ng, Jose III	WVRAA			Rosales, Marien Fye	CALABARZON
	Limsiaco, Sullivan				Tan, Christine Grace	
Gloria, Joseph		Libat, Kristine				
Pasaporte, Edsel		Adorna, Ma. Claire				



PALARONG PAMBANSA 2005

Iloilo City  
May 8-14, 2005

SECONDARY DIVISION

ATHLETICS

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
100 M	Deocompo, Emmanuel Jr.	WVRAA	1st	Chavez, Jasmine	CALABARZON
	Lacanale, Janson	CLRAA	2nd	Colangoy, Merian	NCRAA
	Ramos, Richard	BRAA	3rd	Pula, Jonalyn	WVRAA
200 M	Deocompo, Emmanuel Jr.	WVRAA	1st	Delideli, Razel	WVRAA
	Lacanale, Janson	CLRAA	2nd	Alasa, Loreny	WVRAA
	De Ramas, Rolando	CALABARZON	3rd	Ortaliz, Jasmin	NCRAA
400 M	Galinagan, Romy	CLRAA	1st	Delideli, Razel	WVRAA
	Habla, Genaro	CRAA	2nd	Dionela, Anna Mae	WVRAA
	Pagaran, Ephraim	CARAGA	3rd	Constantino, Ma. Cecilia	CALABARZON
800 M	Ocon, Philip	DAVRAA	1st	Tolentino, Aileen	NMRAA
	Unabia, Ariel	NMRAA	2nd	Dionela, Anna Mae	WVRAA
	Ledano, Ryanzel	CVRAA	3rd	Gacayan, Sheena	CVRAA
1500 M	Ocon, Philip	DAVRAA	1st	Tolentino, Aileen	NMRAA
	Lardera, Rene	WVRAA	2nd	Gacayan, Sheena	CVRAA
	Unabia Ariel	NMRAA	3rd	Aguilar, Mary Jane	MIMAROPA
3000 M			1st	Palencia, Jean	WVRAA
			2nd	Bucala, Warlyn	NMRAA
			3rd	Villarta, Rogelyn	ZPRAA
5000 M	Raquin, Irineo	MIMAROPA	1st		
	Lardera, Rene	WVRAA	2nd		
	Tolendon, Crisanto	MIMAROPA	3rd		
110 M Hurdles	Esmael, Ebrahim	ZPRAA	1st		
	Baclaan, Roberto	WVRAA	2nd		
	Aros, Marlon	WVRAA	3rd		
100 M Hurdles			1st	Chavez, Jasmine	CALABARZON
			2nd	Togle, Maria Jenny	NCRAA
			3rd	Gubat, Leah	BRAA
400 M Hurdles	Aros, Marlon	WVRAA	1st	Chavez, Jasmine	CALABARZON
	Tizon, John Rey	WVRAA	2nd	Alibar, Myreen	WVRAA
	Minas, Jonar	CALABARZON	3rd	Togle, Maria Jenny	NCRAA
3000 M Steeple C.	Raquin, Irineo	MIMAROPA	1st		
	Boncit, Jonel	DAVRAA	2nd		
	Diente, Aljean	CRAA	3rd		
4x100 M Relay	Baclaan, Roberto	WVRAA	1st	Dato-on, Luville	WVRAA
	Cervo, Marjohn			Alasa, Loreny	
	Fauuga, Benjamin			Delideli, Razel	
	Deocompo, Emmanuel Jr.		2nd	Pula, Jonalyn	
	Valeriano, Jeffrey	NCRAA		Claveria, Victoria	CALABARZON
	Hernandez, Polglen			Chavez, Jasmine	
	Mendenilla, Antonio		3rd	Mariano, Maricel	
	Urbina, Eduardo			Constantino, Ma. Cecilia	
	Sendico, Carl Marlon	CLRAA		Calzada, Lera De La	CVRAA
	Galingan Romy			Nunez, Annabelle	
	Calma, Monbet			Sadaya, Almira Gay	
Lacanale, Janson			Intong, Lovejoy		

4x400 M Relay	Lacanalale, Janson	CLRAA	1st	Dionela, Anna Mae	WVRAA	
	Sendico, Carl Marlon			Alibar, Myreen		
	Galingan Romy			Bandou, Leah Jane		
	Casimira, Abraham			Delideli, Razel		
	Ligas, Lucinto	NMRAA		2nd	Leyla, Marilou	NCRAA
	Cabayran, Reymund				Barcena, Joveann	
	Agraviador, Arnold			Togle, Maria Jenny		
	Unabia, Ariel			Delfin, Cristine		
	Valeriano, Jeffrey	NCRAAA		3rd	Nunez, Annabelle	CVRAA
	Hernandez, Polglen				Gacayan, Sheena	
Mebdenilla, Antonio		Intong, Lovejoy				
Dimakiling, Carlon		Calzada, Lera De La				
HIGH JUMP	Ang, Jeffery	NCRAA	1st	Maala, Kaycee	CALABARZON	
	Gonda, Bong Jon Karey	CALABARZON	2nd	Bajuyo, Charito	CARAGAA	
	Angana, Jetter	CARAA	3rd	Pabulayan, Michelle Faye	WVRAA	
LONG JUMP	Raval, Jersel	WVRAA	1st	Dato-on, Luville	WVRAA	
	Franial, Michael Angelo	CRAA	2nd	Mariano, Maricel	CALABARON	
	Mendenilla, Antonio	NCRAA	3rd	Soriano, Rhemilyn	IRAA	
TRIPLE JUMP	Franial, Michael Angelo	CRAA	1st	Jimenez, Belinda	MIMAROPA	
	Seva, Jov	WVRAA	2nd	Teodoso, Marilyn	WVRAA	
	Raval, Jersel	WVRAA	3rd	Mariano, Maricel	CALABARZON	
DISCUS THROW	Bonjoc, Clifford John	CVRAA	1st	Olaira, Lovely Christine	WVRAA	
	Gomez, Javier	NCRAA	2nd	Lado, Angelica	CVRAA	
	Pido, Gustil	WVRAA	3rd	Alonzo, Lornalyn	IRAA	
JAVELIN THROW	Abing, Ronjie	NCRAA	1st	Tudillo, Ma. Quennie	WVRAA	
	Dorongon, Florante Jr.	BEAA	2nd	Galang, Maricel	CLRAA	
	Pido, Gustil	WVRAA	3rd	Roserio, Aiza	BRAA	
SHOT PUT	Bacay, Rey Dennis	WVRAA	1st	Dichoso, Stephanie Ivy	CALABARZON	
	Pido, Gusti	WVRAA	2nd	Tudillo, Ma. Quennie	WVRAA	
	Bonjoc, Clifford John	CVRAA	3rd	Lado, Angelica	CVRAA	
POLE VAULT	Adela, Joshua Ronald	NCRAA	1st			
	Mimas, Jonar	CALABARZON	2nd			
	Bunda, Robin	BRAA	2nd			

#### ARCHERY

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
30 M DISTANCE	Ursonal, Ryan	CVRAA	1st	Bermas, Janet	CALABARZON
	Zotomayor, Ram	CALABARZON	2nd	Tadeo, Angelyn	NCRAA
	Teolentino, Jonathan	NCRAA	3rd	Dolfo, Mary Grace	NCRAA
50 M DISTANCE	Teolentino, Jonathan	NCRAA	1st	Colegado, Ma. Lourdes	CVRAA
	Zotomayor, Ram	CALABARZON	2nd	Dolfo, Mary Grace	NCRAA
	Penaflo, Froilan	NCRAA	3rd	Asuncion, Roma	CALABARZON
STANDARD ROUND (50&30 M Distance)	Zotomayor, Ram	CALABARZON	1st	Dolfo, Mary Grace	NCRAA
	Teolentino, Jonathan	NCRAA	2nd	Bermas, Janet	CALABARZON
	Ursonal, Ryan	CVRAA	3rd	Colegado, Ma. Lourdes	CVRAA
OLYMPIC ROUND	Zotomayor, Ram	CALABARZON	1st	Colegado, Ma. Lourdes	CVRAA
	Ursonal, Ryan	CVRAA	2nd	Baring, Mirasol	CVRAA
	Teolentino, Jonathan	NCRAA	3rd	Dolfo, Mary Grace	NCRAA
TEAM EVENT		CALABARZON	1st		CVRAA
		NCRAA	2nd		NCRAA
		CVRAA	3rd		BRAA

**BADMINTON**

EVENT	BOYS		GIRLS		
	NAME	REGION	NAME	REGION	
SINGLES	Ang, Kevin Tim	NCRAA	1st	Decatoria, Rochane	CARAGAAA
	Dawal, Paulo Jay	CLRAA	2nd	Fornolles, Yedah	CVRAA
	Armamento, Clint	CVRAA	3rd	Superficial, Alena	WVRAA
	Rizon, Jamesbell	CVRAA	3rd	Garrino, Rhecjelen	WVRAA
DOUBLES	Judit, Joseph	WVRAA	1st	Esico, Lynette	WVRAA
	Japsay, Reneil			Martinez, Malou	
	Pagsanjan, Adrian	CLRAA	2nd	Abangan, Diosan	DAVRAA
	Crisostomo, Rovie			Mayono, Kim	
	Dalisay, Kevin Alfred	NCRAA	3rd	Arededon, Ma. Lourdes	CVRAA
	Magnave, Francisco Patrique			Collantes, Hazel Marie	
	Villaber, Jeramael	CVRAA	3rd	Fullante, Rosario	NCRAA
Densing, Jolu Roy			Calimlim, Thrisckdless		
MIXED DOUBLES	Ang, Kelvin Tim	NCRAA	1st	Calimlim, Thrisckdless	NCRAA
	Judit, Joseph	WVRAA	2nd	Esico, Lynette	WVRAA
	Padilla, Raymond	DAVRAA	3rd	Abangan, Diosan	DAVRAA
	Villaber, Jeramael	CVRAA	3rd	Arneccin, Moonyeen	CVRAA

**BASEBALL**

EVENT	BOYS		GIRLS	
	NAME	REGION	NAME	REGION
TEAM	Apilada, Jan erwin	CLRAA	1st	
	Bernoza, Joselito			
	Jasim, Romeo Jr.			
	Mabalay, Joey			
	Malig, Marvin			
	Mariano, Aldrin			
	Mendoza, Dennis			
	Natividad, Mick Rhodes			
	Padua, Jayson			
	Regal, Gilbert			
	Sinuto, Kenneth			
	Vivar, Mark Jayson			
	Alquros, Marco Francisco	NCRAA	2nd	
	Bartolome, Rheinart			
	Bernardo, Luke Paolo			
	Castillo, Paolo			
	Galedo, Chrisanto			
	Jose, Jose			
	Moral, Jay			
	Sagarbarria, Dominique			
	Samorin, Maelyn			
	Seno, Mark Robert			
	Tolome, Alexander Frederick			
	Trinidad, Regie Chester			
	Zalcita, Michael Justin			
	Apura, John Joseph	CALABARZON	3rd	
Cabrera, Ralph Errol				
Fajardo, Albert				
Gomez, R-Jay				



Cont.	Lamparero, Mark Gregor		
	Lecoto, Robert		
	Lee, Rhicky Dave		
	Leonora, Nicolas		
	Montialbucio, Dennis		
	Sillo, John Ryan		
	Sobrero, Peter John		
	Sobremisana Glester		
	Soubiron, Mhel Christian		
	Suay, Karl Armond		
	Alvarez, Ansel Marcus	NCRAA	2nd
	Binas Kevin Regan		
	Caballes, Tyrone		
	Cancio, Gregorio Gerardo		
	Kapunan, Caesario Rex		
	Mamawal, Carl Vicencio		
	Murayana, YU		
	Ozaeta, Frederick		
	Saluria, Joshua		
	Sulit, Julio Fernando		
	Tady, Benedict Mario		3rd
	Tuazon, Miguel		
	Wilson, Samuel		
	Albon, Jeffrey	CRAA	
	Bolivar, Charlie		
	Bucong, Lyzer Mark		
	Cano, Gestoni		
	Cunjurado, Albert		
	Hilido, Francis Jay		
	Kulano, Datu Nasto Rahir		
	Macatubac, Con Rasul		
	Mediana, Michael		
	Napoles, Eduardo Jr.		
Pariol, Ernesto Jr.			
Sali, Romel			
Senobago, Daryl			
Tejada, Dominic			
Uchi, Lerdinand C.			

GYMNASTICS MAG

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
Individual All Around	Vicente, Raymond	CALABARZON	1st		
	Escapete, Brie	CVRAA	2nd		
	Roxas, Jasper	NCRAA	3rd		
Vault	Canete, John Rey	CVRAA	1st		
	Escopete, Brie	CVRAA	2nd		
	Vicente, Raymond	CALABARZON	3rd		
Floor Exercise	Vicente, Raymond	CALABARZON	1st		
	Escopeta, Brie	CVRAA	2nd		
	Agudo, John Lowell	CRRAA	3rd		
TEAM (MAG)		NCRAA	1st		
		CVRAA	2nd		
		IRAA	3rd		

**GYMNASTICS WAG**

Individual All Around			1st	Yudig, Jinky	CVRAA
			2nd	Harrite Mauricio	NCRAA
			3rd	Basnayor, Ariane	NCRAA
Balance Beam			1st	Yudig, Jinky	CVRAA
			2nd	Moreno, Daisy	CVRAA
			3rd	Basnayor, Ariane	NCRAA
Floor Exercise			1st	Yudig, Jinky	CVRAA
			2nd	Moreno, Daisy	CVRAA
			3rd	Basnayor, Ariane	NCRAA
TEAM (WAG)			1st		NCRAA
			2nd		CVRAA
			3rd		CALABARZON

**GYMNASTICS RG**

Individual All Around			1st	Wagan, Mage	NCRAA
			2nd	Gulfan, Bleau Berry	NCRAA
			3rd	Velarde, Mariel	BRAA
Rope			1st	Wagan, Wage	NCRAA
			2nd	Gulfan, Bleau Berry	NCRAA
			3rd	Dayo, Irishai	CALABARZON
Hoop			1st	Gulfan, Bleau Berry	NCRAA
			2nd	Wagan, Mage	NCRAA
			3rd	Velarde, Mariel	BRAA
Ball			1st	Wagan, Mage	NCRAA
			2nd	Gulfan, Bleau Berry	NCRAA
			3rd	Velarde, Mariel	BRAA
TEAM (RG)			1st		NCRAA
			2nd		CVRAA
			3rd		BRAA

**LAWN TENNIS**

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
SINGLES	Barte, Ralph Kevin	NCRAA	1st	Manalo, Nikki	CLRAA
	Moncera, Leyan	CLRAA	2nd	Idos, Jane Rachel	CVRAA
	Gamana, Keff Lester	ZPRAA	3rd	Peralta, Erdilyn	WVRAA
	Lim, Arimitico	NCRAA	3rd	Serrano, Cristina	DAVRAA
DOUBLES	Chiong, Virgil	NMRAA	1st	Zoleta, Noelle Nikki Camille	CALABARZON
	Saladaga, Thomas			Zoleta, Noelle Conchita	
	Jopia, Julianito	CVRAA	2nd	Sagansay, Gioley Ann	WVRAA
	Requite, Ryan			Tan, Tao Yee	
	Santos, El Santo	DAVRAA	3rd	Castro, Katherine Lou	ZPRAA
	Alcoseba, Mark Anthony			Helar, Christian Mae	
					3rd

**SEPAK TAKRAW**

EVENT	BOYS			GIRLS	
	NAME	REGION		NAME	REGION
TEAM	Ambaan, Charles	WVRAA	1st		



Con't.		

	Pamitan, Maria Cresencia	
	Pamitan, Presious May	
	Rapirap, Louren	
	Respondo, Mary Jory	
	Vernes, Mitch	
3rd	Aligno, Lanilyn	NMRAA
	Berongoy, Malou	
	Cavanong, Jenelyn	
	Coruna, April Hazel	
	ga-as, Michelle	
	Mezabalo, Jelly	
	Montenegro, Michelle Mae	
	Nagar, Jane claire	
	Nilugao, Catherine	
	Palarca, Jackielyn	
	Piad, Kathy Jane	
	Pioquinto, Joan	

TABLE TENNIS

EVENT	BOYS	
	NAME	REGION
SINGLES	Dias, Martin	CALABARZON
	Brieva, Michael	CALABARZON
	Ramos, Edward	NCRAA
	Baoqueza, Monarch	NMRAA
DOUBLES	Morales, Aaron	CALABARZON
	Elfan, Percival	
	Mendoza, Ralph	DAVRAA
	Lim, Wilbert	
	Abadiano, Carlo	
	Cruz, John Benedict	NCRAA
MIXED DOUBLES	Elfan, Percival	CALABARZON
	Buhia, Michael	CVRAA
	Ramos, Edward	NCRAA
	Avestruz, Sherwin	EVRAA

	GIRLS	
	NAME	REGION
1st	Bazaar, Cassandra	CALABARZON
2nd	Taba, Stephanie	EVRAA
3rd	Mascardo, Beby Kate	CARAGAAA
3rd	Caragao, Jakylin	DAVRAA
1st	Becenia, Angel Lee	CRAA
	Guyos, Jendee	
2nd	Catalan, Maricris	WVRAA
	Azarraga, Mary Jane	
3rd	Vinas, Katherine	CALABARZON
	Gutierrez, Camille	
1st	Vinas, Katherine	CALABARZON
2nd	Gabumillas, Joanna	CVRAA
3rd	Petarge, Vanessa	NCRAA
3rd	Taba, Stephanie	EVRAA

TAEKWONDO

EVENT	BOYS	
	NAME	REGION
FINWEIGHT	Barberona, George	CALABARZON
	Patron, Val Harrold	NCRAA
	Carlos, Irvin Lloyd	DAVRAA
	Valdez, John Paul	CAVRAA
FLYWEIGHT	Canino, Sandy	CALABARZON
	Ursua, Jeffrey	CRAA
	Masiglat, DeeJay	BRAA
	Angeles, Paolo Mignel	NCRAA
BANTAMWEIGHT	Rico, Domingo Jr.	MIMAROPA
	Alviar, Aries Jones	ZPRAA
	Soriano, Jheramil	CARAA
	Ursabia, Jeffrey Andrew	CALABARZON
FEATHERWEIGHT	Genove, Bonifacio	CARAA
	Lotas, Jorge	WVRAA
	Dumadag, Michaelo	CVRAA
	Arngay, Marlon	CAVRAA

	GIRLS	
	NAME	REGION
1st	Espina, Milagros	CRAA
2nd	Mateo, Princes	NCRAA
3rd	Arellano, Gisella	CARAA
3rd	Interno, Mary Grace	CALABARZON
1st	Dianelo, Ana Minoca	CLRAA
2nd	Monterey, Michelle	CALABARZON
3rd	Gregorio, Sheena	CARAA
3rd	Alaja, Karla Mae	NCRAA
1st	Menclavez, Kimberly Mae	NCRAA
2nd	Ballesteros, Jessica	CALABARZON
3rd	Yenes, Lyka Mizel	CVRAA
3rd	Hampac, Cathy Jane	ZPRAA
1st	Baradas, Elmie Rose	WVRAA
2nd	Valenzuela, Kathleen	CLRAA
3rd	Dadal, Mary Grace	CALABARZON
3rd	Agaton, Geraldine	NCRAA



LIGHTWEIGHT	Cabradilla, Dexter	CARAA
	Gayao, Emie Mar	NMRAA
	Tapia, Joseph Luigi	CLRAA
	Los Banos, Christian	CALABARZON
WELTERWEIGHT	Inciong, Jelu Rhadamantius	NMRAA
	Avenido, Marlon	ARMMAA
	Borja, Richard Angelo	CVRAA
	Ong, Kervin	CLRAA

1st	Mapa, Rubylyn	WVRAA
2nd	Gadit, Marifi	NCRAA
3rd	Marasigan, Angelica	CALABARZON
3rd	Ong, Karen	CLRAA
1st	Perlas, Sheena Mae	CRAA
2nd	Ecaranum, Marsha Mae	NMRAA
3rd	Anor, Lorwell	CARAA
3rd	Zamora, Russelle Jean	WVRAA

### VOLLEYBALL

EVENT	BOYS	
	NAME	REGION
TEAM	Aboy, Jobe Clint	WVRAA
	Banzuela, RB	
	Billena, Andro	
	Deocompo, Jason	
	Depamaylo, Nikki	
	Deypalan, Ryan Jay	
	Espanola, Dax	
	Floreudo, Ralph	
	Hojilla, Mark	
	Javier, Rodjun	
	Katalbas, Allen	
	Lumawag, Mark	
	Acedo, Ricardo Jr.	NCRAA
	Dela Cruz, Ariel	
	Espinosa, Meland Andrew	
	Ginan, Jonathan	
	Hiloma, Jay Keyven	
	Justiniano, Mark Anthony	
	Mabutol, Jerry	
	sagad, Mark Justin	
	Samson, Christzaldy Neil	
	Sandoval, Stephen Ebert	
	Timbal, Salvador Jr.	
	Vigil, Alvin	
	Laja, Aluasip	ARMMAA
	Abdula, Amirkhan	
	Al-Khudri, Yusop	
	Adjuri, Randy	
	Jakaria, Jaludin	
	Ugis, Alnasib	
	Pavakun, Ricklee	
	Macrolon, Emil	
Alibhasa, Nasser		
Idris, M. Amjal		
Gajir, Unga		

	GIRLS		
	NAME	REGION	
1st	Arsado, Joanna Marie	NCRAA	
	Balmaceda, Mary Ann		
	Co, Bernice Abigail		
	Gojol, Maria Kristina		
	Hiponia, Jennifer		
	Morada, Macalla Irish May		
	Naviamos, Phoebe Mae		
	Pepito, Margarita		
	Pepito, Mary Jane		
	Rosale, Mary Cristel		
	Soroano, Ma. Paulina		
	Yumang, Giza		
	2nd	Benting, Angela	WVRAA
		Caballero, Grace	
		Demontano, Dhannyllaine Mae	
		Demla, Sheryl June	
Dusaran, Roslyn			
Magno, April Rose			
Maizo, Aiza			
Optana, Cindy			
Pido, Princes Anne			
Silva, Sheryl Ivory			
3rd	Pudadera, Angelyn		
	Valeriano, Realyn		
	Balatbat, Cherryl	CLRAA	
	Benedicto, Olivia		
	Benito, Analyn Joy		
	Camagon, Therese		
	De Vera, Lady Earthlyn		
	Esguerra, Carla		
	Geronimo, Rhea		
	Naz, Maricris		
	Orper, Marivic		
	Reyes, Jennylyn		
	Simon, Lorena		
	Tionco, Monique		

### SWIMMING

EVENT	BOYS	
	NAME	REGION
100 M. Freestyle	Uy, Kendrick	NCRAA
	Chiu, Jan Michael	NCRAA
	Villanueva, Miguel Lorenzo	WVRAA
100 M Backstroke	Tano, Mark	NCRAA
	Dee, Ernest Lorenzo	BRAA
	Villanueva, Miguel Lorenzo	WVRAA

	GIRLS	
	NAME	REGION
1st	Pilapil, Josephine	NCRAA
2nd	Amago, Karina	CALABARZON
3rd	Nava, Carmela	WVRAA
1st	Arabejo, Marinela	NCRAA
2nd	Marquez, Lianne Marie	CALABARZON
3rd	Magbanae, Aphrodite	CALABARZON

100 M. Breaststroke	Bordado, Gerard Gabriel	BRAA	1st	Dinglasan, Edzen	MIMAROPA
	Hechanova, Raffy	WVRAA	2nd	Amago, Karina	CALABARZON
	Villagante, Francis	NCRAA	3rd	Pilapil, Josephine	NCRAA
100 M. Butterfly	Dee, Ernest Lorenzo	BRAA	1st	Nava, Carmela	WVRAA
	Chiu, Jan Michael	NCRAA	2nd	Arabejo, Marinela	NCRAA
	Tano, Matthew	NCRAA	3rd	Balinas, Dominique	WVRAA
200 M Freestyle	Arabejo, Ryan	NCRAA	1st	Lacson, Kristia Angela	WVRAA
	Villanueva, Miguel Lorenzo	WVRAA	2nd	Amago, Karina	CALABARZON
	Dacera, Nikita	CRAA	3rd	Petero, Michelle	WVRAA
200 M Breaststroke	Bordado, Gerard Gabriel	BRAA	1st	Pilapil, Josephine	NCRAA
	Villagante, Francis	NCRAA	2nd	Dinglasan, Edzen	MIMAROPA
	Hechanova, Raffy	WVRAA	3rd	Magbanlac, Aprodite	CALABARZON
200 M. Butterfly	Tano, Matthew	NCRAA	1st	Marquez, Lianne Marie	CALABARZON
	Frigillana, Ahli	NCRAA	2nd	Menguito, Zoe Emilea	CVRAA
	Dee, Ernest Lorenzo	BRAA	3rd	Balinas, Dominique	WVRAA
200 M Backstroke	Arabejo, Ryan	NCRAA	1st	Arabejo, Marinela	NCRAA
	Tano, Mark	NCRAA	2nd	Junio, Jacklyn Judith	CALABARZON
	Villanueva, Miguel Lorenzo	WVRAA	3rd	Lacson, Krestia Angela	WVRAA
400 M. Freestyle	Arabejo, Ryan	NCRAA	1st	Lacson, Krestia Angela	WVRAA
	Dacera, Nikita	CRAA	2nd	Arabejo, Marinela	NCRAA
	Bordado, Gerard Gabriel	BRAA	3rd	Ledesma, Ma. Erica	WVRAA
200 M Ind. Medley	Arabejo, Ryan	NCRAA	1st	Pilapil, Josephine	NCRAA
	Dee, Ernest Lorenzo	BRAA	2nd	Dinglasan, Edzen	MIMAROPA
	Rarela, Julius	CALABARZON	3rd	Magbanlac, Aphrodite	CALABARZON
4x50M Freestyle R.	Tano, Matthew	NCRAA	1st	Alcantara, Tessa	NCRAA
	Reyes, Aldrian			Pilapil, Josephine	
	Frigillana, Ahli			Laurel, Maxm	
	Arabejo, Ryan			Alcantara, Alethea	
	Libat, Kristian	CALABARZON		2nd	Patero, Michelle
	Joves, Gabriel Daniel		Galang, Maxine		
	Escobar, Jericho		Visitacion, Editha		
	Reyes, Megyver		Nava, Carmela		
	Parrenas, Ronald	WVRAA	3rd	Miguel, Jenette	CRAA
	Tortogo, Nhelcris		Espino, Alexa mac		
	Sayson, Jose		Lapiz, Kristine		
Justiniani, Roberto		Simora, teresa Ann			
4x50M Medley Relay	Dee, EL	BRAA	1st	Alcantara, TP	NCRAA
	Bordado, GG.			Decena, K	
	Chavez, K.			Alcantara, A.	
	Zapanta, JB			Laurel, M.	
	Borde, F	WVRAA		2nd	Marquez, LM.
	Ticao, K		Magbanlac, A.		
	Hechanova, R.		Borja, M.		
	Villanueva, ML		Amago, K.		
	Tano, M.	NCRAA	3rd	Arellano, KA.	WVRAA
	Villagante, F.		Cacho, ML		
	Frigillana, A		Nava, C.		
Reyes, A		Ledesma, ME.			
4X100 M Freestyle R	Uy, Kendrick	NCRAA	1st	Petero, Michelle	WVRAA
	Arabejo, Ryan			Ledesma, Ma. Erica	
	Chiu, Jan Michael			Galang, Maxine Berna	
	Tano, Matthew			Lacson, Krestia Angela	
	Justiniani, Roberto	WVRAA		2nd	Sarmiento, Louise
	Sayson, Jose Enrique		Decena, Klaudine		
	Tayong, Ric Romie		Rabador, bea		
	Parrenas, Ronald		Arabejo, Marinela		
	Medina, Ruel	CALABARZON	3rd	Junio, Jacklyn Judith	CALABARZON
	Alcos, Samuel		Sanone, Elicia Pat		
	Cervantes, Emmanuel		Cervantes, Kharen		
Rarela, Julius		Ajero, Mamiya Pauline			



2005 PALARONG PAMBANSA  
Iloilo Sports Complex, Iloilo City  
May 8-14, 2005

**OUTSTANDING ATHLETES**

**HIGHEST POINTERS IN ATHLETICS**

ELEMENTARY - BOYS	DEOCOMPO, EMMANUEL	WVRAA
ELEMENTARY - GIRLS	CHAVEZ, JASMINE	CALABARZON
SECONDARY - BOYS	ABLING, ROLAN	CALABARZON
SECONDARY - GIRLS	LAGO, JENNY MAY	WVRAA

**HIGHEST POINTERS IN SWIMMING**

ELEMENTARY - BOYS	BORJA, BANJO	CALABARZON
ELEMENTARY - GIRLS	GONZALES, CELINA	DAVRAA
SECONDARY - BOYS	ARABEJO, RYAN PAOLO	NCRAA
SECONDARY - GIRLS	ARABEJO, MARINELA	NCRAA

**HIGHEST POINTERS IN ARCHERY**

SECONDARY - BOYS	ZOTOMAYOR, RAM	CALABARZON
SECONDARY - GIRLS	COLEGADO, MA. LOURDES	CVRAA

---

2005 DepEd PALARONG PAMBANSA  
Iloilo City

PALARO RECORD BREAKERS

ATHLETICS

Triple Jump

ATHLETICS EB

MAULION, RICHARD CALABARZON 12.48\* May 09, 2005  
Old Record: ANOSA JEFFREY, SMRAA - XI, 12.47 meters, 2003

Discus Throw

ATHLETICS EB

TARTANA, SONNY BOY NCRAA 36.12\* May 10, 2005  
Old Record: ALEJANDRO LONZAGA, XI, 36.04 METERS, 2003

Triple Jump

ATHLETICS EG

BALAUAN, IRIN REG. VII - CVRAA 10.42\* May 10, 2005  
Old Record: ALMINA BAYOT, SMRAA, 10.23 METERS, 1998

Discus Throw

ATHLETICS SB

BONJOC, CLIFFORD JOHN CVRAA 41.62\* May 11, 2005  
Old Record: TOMAS YUTUC, 37.16 METERS, 1989

400 M Hurdles

ATHLETICS SB

ARLOS, MARLON WVRAA 57.1\* May 11, 2005  
Old Record: DIONISIO MALOTO, STRAA, 59.2 SEC, 1997

High Jump

ATHLETICS EG

QUE, PRECIOUS NCRAA 1.55\* May 13, 2005  
Old Record: MARICAR MARANAN, STRAA, 1.48 METERS, 1996

High Jump

ATHLETICS EG

QUE, PRECIOUS NCRAA 1.55\* May 13, 2005  
Old Record: MARICAR MARANAN, STRAA, 1.48 METERS, 1996

2005 DepEd PALARONG PAMBANSA

Iloilo City

PALARO RECORD BREAKERS

SWIMMING

400 M FREESTYLE

SWIMMING SB

ARABEJO, RYAN PAOLO NCRAA 4:08.36\* May 11, 2005  
PALARO REC.: 4:11.79 \* 4/1998 JUAN CARLO PICCIO, WVRAA

4X50 M MEDLEY RELAY

SWIMMING EG

HONG, D; SON, E; YAM, P; AL  
KHALDI, J NCRAA 2:18.27\* May 11, 2005  
PALARO REC.: 2:19.53 \* 4/1998 NCR

4 X 50 M MEDLEY RELAY

SWIMMING SB

DEE EL, BORDADO GG; CHAVEZ  
K; ZAPANTA JB BRAA 1:55.69\* May 11, 2005  
PALARO REC.: 1:56:15 \* 4/1998 BRAA

100 M FREESTYLE

SWIMMING SB

UY, KENDRICK NCRAA 54.47\* May 11, 2005  
PALARO REC.: 54.81 \* 6/2002 RONALD GUIRIBA, NCR

4 X 100 M MEDLEY RELAY

SWIMMING SB

TANO, MARK  
VILLAGANTE, FRANCIS NCRAA 4:11.31\* May 11, 2005  
CHIU, JAN MICHAEL  
UY, KENDRICK  
PALARO REC.: 4:11.68 \* 4/1998 NCR

50 M BACKSTROKE

SWIMMING EB

BORJA, BANJO CALABARZON 31.19\* May 12, 2005  
PALARO REC.: 31.29 \* 5/2000 ROÑALD GUIRIBA, NCR

200 M BACKSTROKE

SWIMMING SB

ARABEJO, RYAN PAOLO NCRAA 2:12.61\* May 12, 2005  
PALARO REC.: 2:14.16 \* 4/1998 JUAN CARLO PICCIO, WVRAA

100 M BUTTERFLY

SWIMMING SB

DEE, ERNEST LORENZO BRAA 59.58\* May 12, 2005  
PALARO REC.: 59.72 \* 1995 ANTHONY ANTONIO, NCR

4 X 50 M FREESTYLE RELAY

SWIMMING SG

ALCANTARA, TESSA PAULA  
LAUREL, MAXIN NCRAA 1:58.04\* May 12, 2005  
PILAPIL, JOSEPHINE  
ALCANTAR, ALTHEA  
PALARO REC.: 2:00:32 \* 2002 NCR

200 M FREESTYLE

SWIMMING SB

ARABEJO, RYAN NCRAA 1:59.92\* May 13, 2005  
PALARO REC.: 2:01.64 4/1998 MIGUEL MENDOZA, NCR

200 M INDIVIDUAL MEDLEY

SWIMMING EB

BORJA, BANJO CALABARZON 2:27.50\* May 13, 2005  
PALARO REC.: 2:26.75 BANJO BORJA, STRAA 2003

100 M BREASTSTROKE

SWIMMING SB

BORDADO, GERARD GABRIEL BRAA 1:07.38\* May 13, 2005  
PALARO REC.: 1:08.51 2005 BORDADO, GERARD GABRIEL, BRAA

4 X 100 M FREESTYLE RELAY

SWIMMING EB

CHANGCO JOSEPH 4:21.53\* May 13, 2005  
BERINO GIAN NCRAA  
HASSAN, AMMAD YAHICO  
WONG, SEAN JARON  
PALARO REC.: 4:22.73 2000, STRAA

4 X 100 M FREESTYLE RELAY

SWIMMING SB

TANO, MARK  
ARABEJO, RYAN NCRAA 3:44.78\* May 11, 2005  
CHIU, JAN MICHAEL  
UY, KENDRICK  
PALARO REC.: 3:47.67 1998, NCR

4 X 100 M FREESTYLE RELAY  
SWIMMING SG

PETERO MICHELLE GALANG, MAXINE LEDESMA, MA. ERIKA LACSON, KRESTIA	WVRAA	4:24.72†	5/131/2005
--	-------	----------	------------

SARMIENTO LOJUSE GRABADOR, BEA DECENA KLAUDINE ARABEJO MARINELA	NCRAA	4:24.72†	
--	-------	----------	--

PALARO REC.: 4:24.97 2000, NCR



## EXISTING PALARO RECORDS IN ATHLETICS

*As of year 2005*

### ELEMENTARY BOYS

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD	WIND VELOCITY
100 Meters	1998	Nasser Tacongcong	ARMM	11.4 sec.	
200 Meters	1998	Nasser Tacongcong	ARMM	23.7 sec.	
400 Meters	1998	Bassal Sahipa	WMRAA	54.3 sec.	
800 Meters	2002	Jay Jay Rogelio	STRAA	2:07.6 sec.	
1500 Meters	1998	Askar Mohammed	WMRAA	4:22.5 sec.	
110 M. Hurdles	1998	Bassal Sahipa	WMRAA	15.8 sec.	
400 M. Hurdles	1998	Bassal Sahipa	WMRAA	59.2 sec.	
4x100 M. Relay	1997		WMRAA	47.5 sec.	
4x400 M. Relay	1997		WMRAA	3:42.5 sec.	
High Jump	1998	Alvaro Uy	CAVRAA	1.73 M.	
Long Jump	2002	Jeremie Tarales	DAVRAA	6.04 M.	(+2.0 M.)
Triple Jump	2005	Richard Maulion	CALABARZO	12.48 m.	
Shot Put	2000	Sali Hamid	WMRAA	12.42 M.	
Discus Throw	2005	Sonny Boy Tartana	NCRAA	36.12 M.	
Javelin Throw	1998	Jonah Robles	STRAA	51.88 M.	

### ELEMENTARY GIRLS

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD	WIND VELOCITY
100 Meters	1997	Irene Mojar	BRAA	12.8 sec.	
200 Meters	1998	Charmie Cabale	WMRAA	26.94 sec.	
400 Meters	1996	Rufia Tapsin	WMRAA	59.5 sec.	
800 Meters	1996	Jovel Ambagon	STRAA	2:25.0 sec.	
1500 Meters	1996	Jovel Ambagon	STRAA	5:00.0 sec.	
100 M. Hurdles	1998	Zara Dela Virgo	BRAA	16.5 sec.	
400 M. Hurdles	1998	Junelou Cabal	NMRAA	1:08.62 sec.	
4x100 M. Relay	1997		CAVRAA	51.8 sec.	
4x400 M. Relay	1996		STRAA	4:16.10 sec.	
High Jump	2005	Precious Que	NCRAA	1.55 M.	
Long Jump	2000	Angeline Cabrerros	SMRAA	4.99 M.	
Triple Jump	2005	Irin Balauran	CVRAA	10.42 M.	
Shot Put	1996	Canny Amor Bartolome	SMRAA	10.93 M.	
Discus Throw	1998	Jihan Badojos	CAVRAA	30.38 M.	
Javelin Throw	1998	Julie Ann Diaz	WVRAA	34.94 M.	

## EXISTING PALARO RECORDS IN ATHLETICS

*As of year 2005*

### SECONDARY BOYS

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD	WIND VELOCITY
100 Meters	1998	Ronald Caluanan	CAVRAA	10.9 sec.	
200 Meters	1998	Ronald Caluanan	CAVRAA	22.19 sec.	
400 Meters	1997	Reneboy Tanuan	STRAA	49.4 sec.	
800 Meters	1997	Reneboy Tanuan	STRAA	1:57.0 sec.	
1500 Meters	1994	Peter Sabado	CARAA	4:06.0 sec.	
5000 Meters	1998	Cresencio Cabal	SMRAA	15:38.40 sec.	
3000 M. Steeple Chase	1998	Cresanto Canillo	CAVRAA	9:41.70 sec.	
110 M. Hurdles	1992	Mario Tabanio	WMRAA	14.78 sec.	
400 M. Hurdles	2005	Marlon Arlos	WVRAA	57.1 sec.	
4x100 M. Relay	1995		STRAA	43.60 sec.	
4x400 M. Relay	1993		STRAA	3:23.40 sec.	
High Jump	2002	Paulo Martinez	STRAA	1.90 M.	
Long Jump	2002	Paulo Martinez	STRAA	7.15 M.	(-1.8 M.)
Triple Jump	2002	Paulo Martinez	STRAA	14.31 M.	(+1.5 M.)
Shot Put	1990	Arthur Enon		13.19 M.	
Discus Throw	2005	Clifford John Bonjoc	CVRAA	41.62 M.	
Javelin Throw	2002	Alleloid Lumabao	IRAA	59.18 M.	
Pole Vault	1993	Christian Chua	NCRAA	3.80 M.	

### SECONDARY GIRLS

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD	WIND VELOCITY
100 Meters	1994	Nancy Navalta	IRAA	11.90 sec.	
200 Meters	1993	Nancy Navalta	IRAA	24.50 sec.	
400 Meters	1998	Jonah Genilza	NCRAA	58.01 sec.	
800 Meters	1995	Dely Condes	NCRAA	2:18.30 sec.	
1500 Meters	1991	Policornia Bolobo		4:47.90 sec.	
3000 Meters	2000	Mary Jane Campos	CVIRAA	10:40.6 sec.	
100 M. Hurdles	1996	Michelle Patasaha	WMRAA	14.90 sec.	
400 M. Hurdles	1994	Ma. Rochelle Jabrica	NCRAA	1:00.5 sec.	
4x100 M. Relay	2002		NCRAA	46.6 sec.	
4x400 M. Relay	1995		STRAA	4:01.60 sec.	
High Jump	2002	Mariz Cotoner	STRAA	1.60 M.	
Long Jump	2002	Maricel Sibug	SMRAA	5.66 M.	
Triple Jump	2002	Maricel Sibug	SMRAA	12.02 M.	
Shot Put	1992	Maritez Barrios		11.20 M.	
Discus Throw	2000	Nina Marie Lumapaz	CVIRAA	32.45 M.	
Javelin Throw	1988	Melva Quirino		39.72 M.	

**EXISTING PALARO RECORDS IN SWIMMING**  
*As of year 2005*

**ELEMENTARY BOYS**

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD / TIME
50 M. Freestyle	2000	Ronald Guiriba	NCRAA	26.64
50 M. Backstroke	2005	Banjo Borja	CALABARZON	31.19
50 M. Breastroke	2002	Malco Alcon Dacanay	NCRAA	34.72
50 M. Butterfly	2000	Ronald Guiriba	NCRAA	28.03
100 M. Freestyle	2000	Ronald Guiriba	NCRAA	59.27
100 M. Butterfly	2000	Ronald Guiriba	NCRAA	1:03.04
100 M. Backstroke	1998	Evan Grabador	NCRAA	1:07.56
100 M. Breastroke	2002	Raffy Hechanova	WVRAA	1:15.65
200 M. Freestyle	2000	Ronald Guiriba	NCRAA	2:11.76
200 M. Individual Medley	2005	Banjo Borja	CALABARZON	2:27.50
4x50 M. Medley Relay	2002	Mark Tano Malco Alcon Dacanay Mathew Tano Gerald Alvin Alcover	NCRAA	2:08.27
4x100 M. Medley Relay	2000		BRAA	4:22.73
4x50 M. Freestyle Relay	1998		WMRAA	1:57.77
4x100 M. Freestyle Relay	2005	Joseph Changco Gian Berino Ammad Yahco Hassan Sean Jaron Wong	NCRAA	4:21.53

**ELEMENTARY GIRLS**

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD
50 M. Freestyle	1997	Lynette Ang	CVIRAA	29.07
50 M. Backstroke	1997	Lynette Ang	CVIRAA	33.51
50 M. Breastroke	1997	Khalya Khunn	CVIRAA	36.83
50 M. Butterfly	1996	Lynette Ang	CVIRAA	30.65
100 M. Freestyle	1997	Lynette Ang	CVIRAA	1:03.57
100 M. Butterfly	2000	Kerschline Velez	WVRAA	1:11.33
100 M. Backstroke	1998	Luica Dacanay	NCRAA	1:14.33
100 M. Breastroke	1996	Eloisa del Mundo	NCRAA	1:21.27
200 M. Freestyle	2000	Kerschline Velez	WVRAA	2:19.63
200 M. Individual Medley	2000	Kerschline Velez	WVRAA	2:40.18
4x50 M. Medley Relay	2005	D. Hong E. Son PA. Yam J. Al-Khaldi	NCRAA	2:18.27
4x100 M. Medley Relay	2000		WVRAA	4:29.53
4x50 M. Freestyle Relay	2000		WVRAA	2:02.92
4x100 M. Freestyle Relay	1998		NCRAA	4:44.13

**EXISTING PALARO RECORDS IN SWIMMING**  
*As of year 2005*

**SECONDARY BOYS**

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD
100 M. Freestyle	2005	Kendrick Uy	NCRAA	54.47
100 M. Butterfly	2005	Ernest Lorenzo	BRAA	59.58
100 M. Backstroke	1998	Jonathan de Guzman	BRAA	1:02.54
100 M. Breastroke	2005	Gerard Gabriel Bordado	BRAA	1:07.38
200 M. Freestyle	2005	Ryan Arabejo	NCRAA	1:59.92
200 M. Breastroke	1998	Rafael Chua	NCRAA	2:30.42
200 M. Backstroke	2005	Ryan Paolo Arabejo	NCRAA	2:12.61
200 M. Butterfly	1998	Carlo Piccio	WVRAA	2:14.16
200 M. Individual Medley	1998	Carlo Piccio	WVRAA	2:13.28
400 M. Freestyle	2005	Ryan Paolo Arabejo	NCRAA	4:08.36
4x50 M. Medley Relay	2005	EL. Dee GG. Bordado K. Chavez JB Zapanta	BRAA	1:55.69
4x100 M. Medley Relay	2005	Mark Tano Francis Villagante Jan Michael Chiu Kendrick Uy	NCRAA	4:11.31
4x50 M. Freestyle Relay	1995		NCRAA	1:45.39
4x100 M. Freestyle Relay	2005	Mark Tano Ryan Arabejo Jan Michael Chiu Kendrick Uy	NCRAA	3:44.78

**SECONDARY GIRLS**

EVENT	YEAR	HOLDER	REGION / TEAM	RECORD
100 M. Freestyle	1998	Althea Lim	NCRAA	1:00.55
100 M. Butterfly	1998	Lynette Ang	CVRAA	1:07.25
100 M. Backstroke	1998	Liza Danila	STRAA	1:08.00
100 M. Breastroke	1998	Khalyla Kuhn	CVRAA	1:17.76
200 M. Freestyle	1998	Althea Lim	NCRAA	2:12.12
200 M. Breastroke	1998	Jenny Guerrero	NCRAA	2:00.48
200 M. Backstroke	1998	Lizza Danila	STRAA	2:22.68
200 M. Butterfly	1998	Althea Lim	NCRAA	2:26.22
200 M. Individual Medley	1998	Althea Lim	NCRAA	2:25.66
400 M. Freestyle	1998	Natasha Legarda	NCRAA	4:35.23

4x50 M. Medley Relay	1998		CVRAA	2:12.49
4x100 M. Medley Relay	2000		NCRAA	4:24.97
4x50 M. Freestyle Relay	2005	Tessa Paula Alcantara Maxin Laurel Josephine Pilapil alethea Alcantar	NCRAA	1:58.04
4x100 M. Freestyle Relay	2005	Michelle Petero Maxine Galang Ma. Erika Ledesma Krestia Lacson	WVRAA	4:24.72
	2005	Loiuse Sarmiento Bea Grabador Klaudine Decena Arabejo Marinela	NCRAA	4:24.72