



**Tanggapan ng Kalihim**  
Office of the Secretary

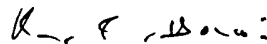
JUN 16 2005

DepED MEMORANDUM  
No. 181, s. 2005

OBSERVANCE OF NUTRITION MONTH 2005

To: Bureau Directors  
Directors of Services/Centers and Heads of Units  
Regional Directors  
Schools Division/City Superintendents  
Heads, Public and Private Elementary and Secondary Schools

1. Nutrition Month is observed annually in the month of July through a chosen theme purportedly to promote good nutrition practices among our population. This year theme "Batang May Kinabukasan, Sa Wastong Nutrisyon Simulan", focuses on the importance of ensuring good nutrition among the pre-schoolers or children less than six (6) years old by providing them adequate and nutritious foods to enhance their growth, promote better health and ensure productive future.
2. All DepED officials and personnel are enjoined to participate in the observance of Nutrition Month. To highlight the celebration, the following activities are suggested to be undertaken:
  - a. putting-up of bulletin board displays to announce and depict the theme;
  - b. discussion of Nutrition Month theme by chosen speakers during Monday flag raising ceremonies particularly on July 4-11, 18 and 25;
  - c. publication of articles on the theme in school papers and DepED regional and division newsletters/bulletin; and
  - d. integration of the significance of the celebration and the need for increased production and intake of foods rich in protein, energy, vitamin A, iron and iodine rich foods in relevant subjects in the basic education.
3. Please be reminded that classes should not be suspended in the observance of Nutrition Month in compliance with DepED Order No. 9, s. 2005.
4. Immediate and widest dissemination of this Memorandum is desired.

  
RAMON C. BACANI  
Undersecretary  
Officer-in-Charge

Reference: DepED Memorandum: No. 222, s. 2004

Allotment: 1—(D.O. 50-97)

To be indicated in the Perpetual Index under the following subjects:

CELEBRATIONS & FESTIVALS

HEALTH EDUCATION