

REPUBLIKA NG PILIPINAS REPUBLIC OF THE PHRAPPINES

KAGAWARAN NG EDUKASYON DEPARTMENT OF EDUCATION

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Tanggapan ng Kalihim Office of the Secretary

MAR 26 2004

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DepED MEMORANDUM No. 161 , s. 2004

DEPED WOMEN'S HEALTH PROMOTION DAY

To: Bureau Directors
Regional Directors
Directors of Services/Centers and Heads of Units
Schools Division/City Superintendents
Heads, Public and Private Elementary and Secondary Schools

- 1. In line with the nationwide celebration of Women's Month in March of every year, the Department of Education (DepED), through the Health and Nutrition Center (HNC), in coordination with the National Commission on the Role of Filipino Women (NCRFW) and other Agencies shall celebrate DepED Women's Health Promotion Day on March 30, 2004.
- 2. This celebration aims to create awareness among the school populace of promoting the health of girls/women for greater productivity in their work.
- 3. The following activities are suggested to be undertaken:
 - religious services to start the day's celebration;
 - health examination of female teachers;
 - lecture on women's health specifically personal hygiene, menstruation, menopause, osteoporosis and cancer by the school health and nutrition personnel;
 - conduct of symposia, PTCA/Teachers meetings re: women's health;
 - on the spot contests on women's health promotion like Slogan and essay writing in English and Filipino, Poster making, Painting/ drawing/sketching; and Composition of jingles, rhymes, songs.
 - integration of women's health concepts in appropriate subject areas in the elementary and secondary levels.
- 4. Regional, division and school officials are requested to extend support to the celebration. All school health and nutrition personnel are instructed to take the lead in initiating the various activities, more specifically the advocacy of women's health in schools and communities.
- 5. Immediate dissemination of this Memorandum is desired.

EDILBERTO C. DE JESUS

Secretary

Reference:

None

Allotment: 1—(D.O. 50-97)

To be indicated in the <u>Perpetual Index</u> under the following subjects:

BUREAUS & OFFICES CELEBRATIONS & FESTIVALS

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