



Tanggapan ng Kalihim
Office of the Secretary

DepED MEMORANDUM
No. **124** s. 2004

MAR 12 2004

Direct Line: 633-7208 / 7228
Fax: 636-4876
DETxt: 0919-4560027
E-Mail Address: osec@deped.gov.ph
Website: <http://www.deped.gov.ph>

GAWAD GAT ANDRES BONIFACIO AWARD

To: Regional Directors
Schools Division/City Superintendents
Heads, Public and Private Elementary and Secondary Schools

1. The Pugad Lawin Philippines, Inc. (PLPI) launches the "Gawad Gat Andres Bonifacio Award". This is a prestigious award given by PLPI to outstanding high school and college graduating students who possess the quality of civic consciousness of the Katipuneros and the leadership ability of Gat Andres Bonifacio.

2. It aims to promote ideals of "Lawinism" as well as its identity, and to recognize the good or heroic deeds of the awardees.

3. The student-nominee must be selected from among the graduating class based on the following criteria:

- | | |
|--|-----|
| a. He/She must possess well-rounded personality and good moral character; | 20% |
| b. He/She must possess an excellent quality of a civic minded person who has the heart and concern for fellow Filipino especially the needy; | 30% |
| c. He/She must have demonstrated outstanding leadership in extra-curricular activities; and | 30% |
| d. He/She must have an outstanding scholastic performance and belong to the top 20 students of the graduating class. | 20% |

Total 100%

4. Enclosed are details of the selection and awarding process.

5. Copies of nomination and completed project report forms for the high school and college categories to be accomplished by schools may be secured from the PLPI Office at No. 9 D. San Diego Drive, Congressional Ave., Project 6, Quezon City at tel. no. (02) 926-8785 or telefax no. (02) 259-8662.

6. Immediate dissemination of this Memorandum is desired.

EDILBERTO C. DE JESUS
Secretary

Alma/Andresbonifacio
February 23, 2004

Reference: None

Allotment: 1—(DO 50-97)

To be indicated in the Perpetual Index
under the following subjects:

PRIZES OR AWARDS
SEARCH
STUDENTS



Tanggapan ng Kalihim
Office of the Secretary


Direct Line: 633-7208 / 7228
Fax: 636-4876
DETxt: 0919-4560027
E-Mail Address: osec@deped.gov.ph
Website: <http://www.deped.gov.ph>

MAR 12 2004

DepED MEMORANDUM
No. 125, s. 2004

TRAINING ON THE REVISED PHYSICAL FITNESS TEST

To: Bureau Directors
Regional Directors
Schools Division/City Superintendents
Heads Public Elementary and Secondary Schools

1. This Department shall adopt the revised Physical Fitness Test effective SY 2004-2005 based on the universally accepted fitness parameters set by the American Center for Sports Medicine (ACSM). In preparation for its implementation, the Task Force on School Sports (TFSS), in collaboration with the Bureaus of Elementary and Secondary Education (BEE and BSE), shall conduct a Training of Teacher Trainers on the Revised Physical Fitness Test on April 27-29, 2004 at Teachers Camp, Baguio City.
2. The training aims to:
 - a. update the teachers on the revised Philippine Physical Fitness Test;
 - b. orient the participants on the systematic sports talent identification system used by other countries in order to provide appropriate scientific training for students with potential talent in sports; and
 - c. encourage the pursuit of personal health/physical fitness.
3. There shall be two hundred sixtyone (261) participants composed of the Regional Physical Education School Sports (PESS) Chiefs and Assistant Chiefs, whenever possible, one (1) elementary, one (1) secondary P.E. teacher per region and one (1) PESS supervisor per division and fifteen (15) SPS Coordinators. The participants are expected to form the core of training teams who shall conduct echo trainings in the regions/divisions.
4. Participants must bring with them appropriate attire such as t-shirts, shorts/jogging pants, and rubber shoes.
5. Transportation and other incidental expenses of participants to and from the venue shall be charged against local funds subject to the usual accounting and auditing rules and regulations. Transportation, board and lodging of training staff and participants, and other incidental expenses to be incurred during the training shall be charged against Physical Education and School Sports Program Funds (A.II.d1), subject to the usual accounting and auditing rules and regulations. 

6. For more information, please contact Ms. Rosa Ligaya C. Domingo, Senior Education Program Specialist (SEPS), BSE at tel. no. (02) 632-75-86 or Mr. Ferdinand Batoon, Education Program Specialist (EPS II), BEE at tel. no. (02) 638-47-99, Bonifacio Bldg. DepED-Central Office, Meralco Avenue, Pasig City.

6. Immediate dissemination of this Memorandum is desired.



EDILBERTO C. DE JESUS
Secretary

Reference:

None

Allotment: 1—(D.O. 50-97)

To be indicated in the Perpetual Index
under the following subjects:

ATHLETICS
PROGRAM, SCHOOL
TEACHERS
TRAINING PROGRAMS

Lilian/DM/revisedphysicalfitness
Feb.26, 2004/maricar computer