



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION, CULTURE AND SPORTS
HEALTH AND NUTRITION CENTER
DECS Complex, Meralco Avenue, Pasig City 1600

Records file
4-4-01

March 28, 2001

DECS Memorandum
No. 102, s. 2001

DECS WOMEN'S HEALTH PROMOTION DAY

To : **Bureau Directors
Director of Services/Centers & Head of Units
Regional Directors
School Division/City Superintendents
Private Elementary & Secondary School Principals**

1. In line with the nationwide celebration of Women's Month in March of every year, the Department of Education, Culture and Sports, through the Health and Nutrition Center, in coordination with Johnson & Johnson ASEAN Consumer Group of Companies, shall observe DECS Women's Health Promotion Day on March 30.
2. The celebration aims to create awareness among the school populace on the importance of promoting the health of girls/women for greater productivity in their work.
3. The following activities are suggested to be undertaken:
 - Religious services to start the day's celebration
 - Health examination of female teachers
 - Lectures on women's health specifically personal hygiene, menstruation, menopause, osteoporosis and cancer, among others, by the school health & nutrition personnel
 - Conduct of symposia, PTCA/Teachers meetings re: women's health
 - On the spot contests on women's health promotion
 - Slogan & essay writing in English & Filipino
 - Poster making
 - Painting/drawing/sketching
 - Composition of jingles, rhymes, songs
 - Integration of women's health concepts in appropriate subject areas in the elementary and secondary levels
4. Regional, division and school officials are requested to extend support to the celebration. All school health and nutrition personnel are instructed to take the lead in initiating the various activities, more specifically, the advocacy of women's health in the schools and communities.
5. Immediate dissemination of this memorandum is desired.


ISAGANI R. CRUZ
Undersecretary

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