



*Tanggapan ng Kalihim  
Office of the Secretary*

July 28, 2000

**DECS MEMORANDUM**  
No. 336, s. 2000

### SCHOOL HEALTH MONTH CELEBRATION

**To: Undersecretaries  
Assistant Secretaries  
Bureau Directors  
Directors of Services/Centers and Heads of Units  
Regional Directors  
Schools Division/City Superintendents  
Private Elementary and Secondary Schools Principals**

1. In compliance with Presidential Proclamation No. 471 dated September 22, 1994, the School Health Month will be celebrated during the whole month of October with the theme "Kalusugan Para sa Masang Mag-aaral: Pagtulong-tulongan, Pag-alayan, Pangalagaan". The celebration shall give special focus to the operationalization of partnerships with other GOs, NGOs, business sector and peoples' organizations; to fasttrack the pro-poor agenda of the Estrada governance through the effective delivery of health and nutrition services to the school children.

2. The month-long celebration aims to:

- a. increase awareness on the importance of keeping the children fit and healthy for optimum learning;
- b. advocate school health and nutrition activities for the "Adopt-a-School" Program;
- c. promote child-friendly and healthful school environment; and
- d. encourage school-community partnership in the development of a healthy school populace.

3. To facilitate the internalization of the importance of one's health, schools shall ring their bells at 8:00 a.m. during school days which will signal the recitation of the enclosed Child's Prayer inside the classrooms. Said prayer must be written on the board and posted on the wall, ready for viewing during the recitation.

4. The School Health Month shall likewise be celebrated with activities focused on special concerns per week as follows:

First Week	-	Pupils' Health
Second Week	-	Advocacy for "Adopt-A-School" Program
Third Week	-	Child-Friendly/Healthful Environment
Fourth Week	-	School-Community Partnership for Health

5. The regional/division health and nutrition units/sections in coordination with the regional/division working committees in health and nutrition shall take the lead in planning activities in their respective areas of coverage. Enclosed is the detailed list of suggested activities for ready reference.

6. It is desired that a brief consolidated narrative and pictorial report on the School Health Month Celebration be submitted by the Regional Health and Nutrition Units on or before November 15, 2000 to the Health and Nutrition Center, DECS, 5<sup>th</sup> Floor, Mabini Building, DECS Complex, Pasig City.

7. Immediate dissemination this Memorandum is desired.

*Andrew Gonzalez*  
ANDREW GONZALEZ, FSC  
*Secretary*

Encls. :  
As stated

Reference: DECS Memorandum: No. 415, s. 1999

Allotment: 1—(D.O. 50-97)

To be indicated in the Perpetual Index  
under the following subjects:

~~CELEBRATIONS & FESTIVALS~~  
~~HEALTH EDUCATION~~

**PANALANGIN NG MGA BATANG MAG-AARAL  
PARA SA KALUSUGAN**

MINAMAHAL NAMING PANGINOON  
KAMI PO'Y NAGPAPASALAMAT  
SA MGA BIYAYANG KALOOB MO SA AMIN  
LALO NA ANG AMING KALUSUGAN;

PATNUBAYAN MO PO  
ANG AMING MGA GAWAING PANG-KALINISAN  
PARA SA SARILI, TAHANAN AT PAMAYANAN;  
NANGANGAKO KAMI  
NA PAGYAYAMANIN AT PANGANGALAGAAN  
ANG AMING KAPALIGIRAN;

BASBASAN MO ANG AMING PUSO  
UPANG KAMI'Y MAKAAMBAG SA PAGSULONG  
TUNGO SA PANGKALAHATANG KALUSUGAN

ITO PO ANG SAMO'T DALANGIN SA IYO  
AMING PANGINOON.

AMEN!

(Enclosure to DECS Memo No. 336, s. 2000)

**SUGGESTED ACTIVITIES FOR THE  
SCHOOL HEALTH MONTH CELEBRATION  
CY 2000**

1. Kick-off Activities for October 1 & 2, 2000
  - Ecumenical religious services
  - School-Community parade/rally
  - Fun Run
  - Press conferences focus on the Celebration and its theme
  - Putting-up of streamers/billboards/board displays
  
2. Activities for the Month
  - 2.1. FIRST WEEK - FOCUS : PUPILS' AND TEACHERS' HEALTH
    - Health Examination and Treatment
    - Nutritional Assessment
    - Vitamin A and Iron Supplementation
    - Deworming
    - Supplementary Feeding/Milk Feeding
    - Health Information and education campaign
  
  - 2.2. SECOND WEEK - FOCUS : ADVOCACY FOR "ADOPT-A-SCHOOL PROGRAM"
    - Health and Nutrition Program Advocacy
    - Conduct of donor's meetings with GO's and NGO's re: "Adopt-A-School" Program for school feeding and other relevant activities
  
  - 2.3. THIRD WEEK - FOCUS : CHILD-FRIENDLY/HEALTHFUL ENVIRONMENT
    - Campaign for clean, green and safe school environment
    - Intensification of health education activities
    - Campaign for making school clinics functional
    - Tree/vegetable planting in the schools and homes
    - Advocacy on the relevance of Child-Friendly Schools
  
  - 2.4. FOURTH WEEK - FOCUS : SCHOOL COMMUNITY PARTNERSHIP
    - Conduct of PTCA Meetings on school health
    - Organization of school-community health councils
    - Parents' participation in school health and nutrition activities
    - Lobbying by parents for LGU's support to school health.