



*Tanggapan ng Kalihim  
Office of the Secretary*

July 5 2000

DECS MEMORANDUM  
No 296, s 2000

**NATIONAL SEMINAR-WORKSHOP IN SPORT PSYCHOLOGY**

To Bureau Directors  
Regional Directors  
Schools Division/City Superintendents  
Private Elementary and Secondary Schools Principals

1 The Sport Psychology Training Consultancy and Research Center (SPTCRC) in coordination with the Sport Psychology Association of the Philippines (SPAP) will hold the 2<sup>nd</sup> National Seminar-Workshop In Sport Psychology with the theme *Enhancing and Maintaining High Level of Sports Performance – Applications for Physical Educators and Sports Coaches* on September 7-9 2000 at the Environmental Education Center Miriam College, Katipunan Road, Dilliman Quezon City

2 The objectives of the seminar-workshop are

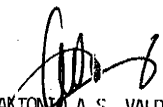
- a to gain adequate knowledge about current research findings on sport psychology nutrition and other sport science-disciplines
- b to understand properly the practical application of the different sport science disciplines in both the sporting arena and the classroom setting
- c to acquire scientific attitude in preparing and coaching athletes achieve and maintain a high level of performance before and during an athletic competition and
- d to gain proper motivation to further enhance one's knowledge regarding the science of sports training and coaching

3 Expected participants are division supervisors in-charge of school sports school heads, physical education teachers, sports coaches and sports directors from both public and private schools Participants from public schools are allowed to attend on official time only.

4 A registration fee of One Thousand Seven Hundred Fifty Pesos (P1 750 00) will be charged each participant to cover operational expenses for the seminar Expenses incidental to their attendance shall be borne by private sources not DECS Those from private schools shall make arrangements with their respective schools/institutions

5. For other inquiries and reservations, contact Ms. Marie Salcnga, Overall Coordinator, tel. no. 928-6440 and telefax no. 454-1737.

6. Immediate dissemination of this Memorandum is desired.



ANTONIO A. S. VALDES  
Undersecretary  
Officer-In-Charge

Reference:

DECS Memorandum: No. 293, s. 1998

Allotment: 1—(D.O. 50-97)

To be indicated in the Perpetual Index  
under the following subjects:

✓ATHLETICS  
✓SEMINARS  
✓WORKSHOPS