



*Tanggapan ng Kalihim*  
*Office of the Secretary*

REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
**KAGAWARAN NG EDUKASYON, KULTURA AT ISPORTS**  
**DEPARTMENT OF EDUCATION, CULTURE AND SPORTS**  
DECS Complex, Marikina Avenue  
Pasig City, Philippines



*Sama-Sama*  
*sa DECS*

November 10, 1999

DECS MLMORANDUM  
No 477 s 1999

**ENHANCING THE TEACHING OF PHYSICAL FITNESS AND GYMNASTICS  
IN THE ELEMENTARY AND SECONDARY LEVELS**

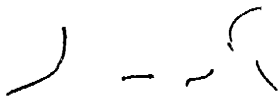
To Undersecretaries  
Assistant Secretaries  
Bureau Directors  
Regional Directors  
Schools Superintendents

- 1 To enhance the teaching of physical fitness and gymnastics, a group of sports specialists from the Department of Education, Culture and Sports (DECS) shall conduct a training workshop on 'Enhancing the Teaching of Physical Fitness and Gymnastics in the Elementary and Secondary Levels' at the Teachers Camp, Baguio City on December 5-10, 1999
- 2 Participants to the training workshop are
  - a One Regional Physical Education Supervisor or his/her Representative per region,
  - b One Division Physical Education Supervisor/Coordinator per school division, and
  - c One Elementary and one secondary PE teacher per region who are not more than 35 years old and have the capability to perform/execute skills in gymnastics as well as activities that will improve physical fitness and gymnastics
- 3 Participants who must be physically and mentally fit should bring with them appropriate attire such as T-shirts, shorts, jogging pants, rubber shoes
- 4 At the end of the training participants are expected to present and submit their regional and division training designs for their echo-training programs. Financial assistance amounting to Ten Thousand (P10,000.00) per school division shall be provided for the conduct of said trainings
- 5 Lectures from University of the Philippines (UP) College of Medicine/College of Human Kinetics and Philippine National Red Cross (PNRC) shall be invited

6 Board and lodging of all participants transportation of lecturers and DECS staff, and other expenses incidental to this activity shall be charged against BPSS funds subject to the usual accounting and auditing rules and regulations. Transportation and other related expenses of regional participants shall be charged to local funds.

7 The list of participants who are duly endorsed by the regional office must be submitted through fax nos. 633 72 25 and 631 64-25 on or before November 20, 1999. Registration of participants shall start at 1:30 p.m. on December 4, 1999.

8 For dissemination and compliance.



VICTOR ANDRÉS C. MANHIT  
Undersecretary  
Officer In Charge

Reference None

Allotment 1—(DO 50 97)

To be indicated in the Perpetual Index  
under the following subject:

ATHLETICS  
TRAINING PROGRAMS  
WORKSHOPS