



*Sama Sama  
sa DECS*

*Tanggapan ng Kalihim  
Office of the Secretary*

September 22, 1999

DECS MEMORANDUM  
No 406, s 1999

**NATIONAL HEALTH EDUCATION WEEK**

To Bureau Directors  
Directors of Services/Centers and Heads of Units  
Regional Directors  
Schools Superintendents  
Private Elementary and Secondary School Principals  
Vocational High School Principals

1 The National Health Education Week will be celebrated on October 5-11, 1999 pursuant to Presidential Proclamation No. 255 dated August 29, 1967 with the theme "Tamang Kaalaman Tungkol sa Ligtas na Pagkain Para sa Mag-aaral" to underscore the importance of promoting food safety among schoolchildren in all public and private schools.

2 In observance of the week-long celebration, all schools are enjoined to conduct appropriate activities. School health and nutrition personnel and health education supervisors shall take the lead in coordinating the various activities in their respective areas. Reproduced on the reverse side are the suggested activities that may be undertaken.

3 Immediate dissemination of this Memorandum to all concerned is desired.

*Andrew Gonzalez*  
ANDREW GONZALEZ, FSC  
Secretary

Reference DECS Memorandum No. 255, s. 1998  
Allotment 1—(D O 50 97)  
To be indicated in the Perpetual Index  
under the following subjects

CELEBRATIONS & FESTIVALS  
HEALTH EDUCATION

## **SUGGESTED ACTIVITIES FOR THE 1999 NATIONAL HEALTH WEEK CELEBRATION**

Suggested Activities for the 1999 National Health Education Week Celebration

Theme Tamang Kaalaman Tungkol sa Ligtas sa Pagkain Para sa Mag aaral

### Preliminary Activities

- Putting up of bulletin board display/streamers depicting the theme in strategic places in the schools and communities
- Radio broadcast announcing the National Health Education Week

### Suggested activities during the week

- 1 Ecumenical religious services to mark the beginning of the Week
- 2 School community parade followed by an Opening Program
- 3 On the spot contests depicting the theme of the celebration
  - composition/essay/writing
  - poster making
  - painting/drawing/sketching
  - jingles/slogan in English and Filipino
- 4 Information campaign on food safety through symposia, community assemblies PTA meetings, conferences and tri media
- 5 Assessment of the safety of food sold in the school canteen and by the food vendors located outside of the school campus
- 6 Integration of health and nutrition messages in different subject areas