



TANGGAHAN NG KALIHIM

June 30 1999

DECS MEMORANDUM
No 264 s 1999

THE 1999 NATIONAL MILO MARATHON

To Undersecretaries/Assistant Secretaries
Bureau/Regional Directors
Schools Superintendents
Private Elementary School Principals
District Supervisors

1 The National Milo Marathon is celebrating its 23rd year this June to December 1999. The project has been producing potential long distance runners who have been representing the country in major international competitions.

2 The Department of Education, Culture and Sports (DECS), through the Bureau of Physical Education and School Sports (BPSS) encourages all school officials to support and send student participants to said activity which is an inexpensive form of physical fitness.

3 The marathon consists of 3K Mini Marathon for kids 10 years and below (runners must submit a photocopy of their Birth Certificate and a written consent from their parents/guardians), the 5K Family Fun Run which will be held in conjunction with the regular 10 K elimination race in eleven (11) cities nationwide and the 42.195 K National Race in Metro Manila.

4 Please see Annex A for the Rules and Regulations and other guidelines.

5 For information, dissemination and compliance.

Andrew Gonzales
ANDREW GONZALES, FSC
Secretary

Incl As stated
Reference DECS Memorandum No 242, s 1998
Allotment 1--(D O 50 97)
To be indicated in the Perpetual Index
under the following subjects

ATHLETICS
CONTENTS

23rd NATIONAL MILO MARATHON
Omnibus Poster Copy
As of 10 May 1999

SCHEDULE OF RACES

METRO MANILA 20 K Elimination Race
 10 K Run
 5 K Family Fun Run
 3 K Mini Marathon

June 20, Sunday, 5 00 AM, Quirino Grandstand, Rizal Park, Manila

REGIONAL 10 K Elimination Race
 5 K Family Fun Run
 3 K Mini Marathon

EVERY SUNDAY, 6 00 AM

Davao	July 5
Naga	July 18
Cagayan de Oro	August 1
Tuguegarao	August 15
Catarman	August 29
Palawan	September 12
Bacolod	September 26
Malolos	October 10
Kidapawan	October 24
Baguio	November 7
Cebu	November 21

NATIONAL FINALS 42 195 K Final Race
 10 K Run
 5-K Family Fun Run
 3-K Mini Marathon

Dec 1?, Sunday, 4 30 AM, Quirino Grandstand, Rizal Park, Manila

- Open to children 10 years old and below

PRIZES

3 K Mini Marathon

- Boys and Girls Divisions

Champion	P 1,500 + Trophy	4 th Place	P 250 + Medal
Runner up	P 1,000 + Trophy	5 th – 10 th	P 100 + Medal
3 rd Place	P 500 + Trophy		

- For the Regional, Metro Manila, and National Races, all finishers will receive one (1) Finisher's T shirt each and a Certificate of Finish

5-K Family Fun Run

- Men's and Women's Divisions

Champion	P 2,500 + Trophy	4 th Place	P 500 + Medal
Runner up	P 1,500 + Trophy	5 th – 10 th	P 250 + Medal
3 rd Place	P 1,000 + Trophy		

- For the Regional, Metro Manila, and National Races, all finishers will receive one (1) Finisher's T shirt each and a Certificate of Finish

10-K Regional Elimination Races

- Men's and Women's Divisions

Champion	P 5,000 + Trophy	4 th Place	P 1,000 + Medal
Runner up	P 3,000 + Trophy	5 th – 10 th	P 500 + Medal
3 rd Place	P 2,000 + Trophy		

- The top 3 male and top 3 female finishers will be brought to Manila, all expenses paid, for the National Final Race, provided they are 18 years old or above on race day, which is the age requirement to qualify for the 42.195 K Race
- All finishers will receive one (1) Finisher's T shirt each and a Certificate of Finish

10-K Run Metro Manila

- Men's and Women's Divisions

Champion	- P 5,000 + Trophy	4 th Place	P 1,000 + Medal
Runner up	P 3,000 + Trophy	5 th – 10 th	P 500 + Medal
3 rd Place	P 2,000 + Trophy		

- For the Metro Manila and National Races, all finishers will receive one (1) Finisher's T shirt each and a Certificate of Finish

20-K Metro Manila Elimination Race

- Men's and Women's Divisions

Champion	P 10,000 + Trophy	4 th Place	P 2,000 + Medal
Runner up	P 6,000 + Trophy	5 th – 10 th	- P 1,000 + Medal
3 rd Place	P 4,000 + Trophy		

- The top 100 male and top 25 female finishers will qualify for the National Final Race
- All finishers will receive one (1) Finisher's T shirt each and a Certificate of Finish

42 195-K National Final Race

MEN'S DIVISION

Champion	P 75,000 + Trophy
Runner up	P 50,000 + Trophy
3 rd Place	P 30,000 + Trophy
4 th Place	P 15,000 + Trophy
5 th Place	P 7,500 + Trophy
6 th – 10 th	P 3,000 + Medal

WOMEN'S DIVISION

P 50,000 + Trophy
P 30,000 + Trophy
P 15,000 + Trophy
P 8,000 + Trophy
P 5,000 + Trophy
P 3,000 + Medal

P 20,000 bonus for the first runner who breaks the 2:20:00 invisible time barrier

P 10,000 bonus for the first runner who breaks the 2:24:52 course record of Roy Vence

P 10,000 bonus for the first female runner who breaks the time of 3 00 00 Additional
P 10,000 bonus for the first female runner who breaks the 2 56 53 women's course
record of Arsenia Sagaray

- All finishers will receive a Certificate of Finish

RULES AND REGULATIONS

- 1 A non refundable entry fee plus one (1) MILO label (minimum of 200g) must accompany each filled up and signed Official Entry Form for each of the Regional and Metro Manila Races

Entry fees for the Regional Races

10-K Elimination Race	P 50
5-K Family Fun Run	P 30
3 K Mini Marathon	P 20

Entry fees for the Metro Manila Races

20 K Elimination Race	- P 75
10-K Run	P 50
5-K Family Fun Run	P 40
3 K Mini Marathon	- P 30

- 2 A parent/s/guardian's written consent must accompany the entry form of participants who are below 18 years old
- 3 Children aged 12 years old and below on race day are qualified to join the 3-K Mini Marathon. Aside from the parent/s/guardian's written consent, they are also required to submit a photocopy of their Birth Certificate
- 4 Deadline for submission of entries is 12 00 noon of

Metro Manila	- June 18	Bacolod	Sept 24
Davao	July 2	Malolos	Oct 8
Naga	July 16	Kidapawan	Oct 22
Cagayan de Oro	July 30	Baguio	- Nov 5
Tuguegarao	- Aug 13	Cebu	Nov 19
Catarman	- Aug 27	Final	Dec 10
Palawan	- Sept 10		
- 5 Official RACE PACKETS (containing the official race number with runner's tag, safety pins, Notice to Competitors and Route Map) will be distributed according to the schedule marked on the claim stub of the Official Entry Form

- 6 All finalists MUST BE AT LEAST 18 YEARS OLD on race day. They are responsible for contacting the Race Organizer or Race Coordinator in their region on or before December 1 to coordinate their trip to Manila with the National Race Secretariat.
- 7 To qualify for any of the twelve regional elimination races (10 K or 20 K), a participant must have at least a six-month residency period in the region where he/she intends to run.
- 8 EACH RUNNER MAY ONLY WIN ONCE IN EITHER THE 3 K, 5 K, 10 K OR 20 K RACES. This rule applies to all runners who place among the top 10 in the provincial/regional races.
- 9 Metro Manila qualifiers (top 100 male and top 25 female), likewise, cannot compete in the provincial eliminations. All qualifiers can only compete in the full marathon final. They will not be accepted in the shorter distance races.
- 10 Metro Manila qualifiers for the National Finals ARE NOT entitled to transportation, food, and billeting allowances.
- 11 Provincial qualifiers who do not compete in the finals will forfeit their transportation, food, billeting, and running singlets privileges.
- 12 NEW RULE All qualifiers for the 42 195-K finals must not compete in another full marathon within one month before the National Finals. Violators will be disqualified and will not be entitled to transportation and food allowances, billeting and uniforms for the National Finals. They will also be prohibited from competing in the other side races during the National Finals (ie 10 K and 5 K run).
- 13 Race events officially end at the designated curfews. Runners who fail to finish the race before the curfew are automatically disqualified and will not be entitled to Finisher's T-shirts and Certificates of Finish.
 - Curfew 42 195 K Race - 4 hours after official start of the race
 - 20 K Race - 2 ½ hours after official start of the race
 - 10 K Race - 1 ½ hours after official start of the race
 - 5-K Race - 45 minutes after official start of the race
- 14 All protests must be made in writing and submitted within one (1) hour after the end of the race to the Race Coordinator of the respective regions.
- 15 The organizers reserve the right to reject any entrant or disqualify any participant found to have misrepresented him/herself. If his/her identity is challenged, it will be the responsibility of the participant to prove who he/she really is. Entrants or participants found to have been dishonest will be immediately disqualified and subjected to disciplinary sanctions from the National Race Organizer and Association of Road Race Organizers of the Philippines.

- 16 The organizers reserve the right to alter without prior notice any of these rules and regulations which they may deem necessary to ensure the success of the race
- 17 The organizer s decision is final
- 18 Please address all inquiries to the local and/or National Organizers

REGISTRATION CENTERS

- Manila**
- Mr Ron de los Reyes**, National Race Organizer
Visions In Action Enterprises, Inc
No 5 Agusan St , La Loma, Q C
742-0283 / TeleFax No 742 3091
- Mr Ben Silva-Netto**, National Race Director
PATAFA Office, Rizal Memorial Track Football Stadium, Rizal
Memorial Sports Complex, M Adriatico Street, Malate, Manila
522 1451 / 525-2854
- Botak, 131 Kamuning Road, Q C
922 7868 / 921 5947
- Toby's Sports & Hobbies, Pasig City
671 9767
Entry Forms are available at all Toby's outlets SM City, North
EDSA, SM Centerpoint, SM Megamall, SM Southmall, SM Bacoor,
Robinson's Galleria, Shangri la, Makati Park Square, Harrison
Plaza, Festival Mall
- Davao**
- Mr Vic Sai**, Mindanao Daily Mirror
270 R Magsaysay Avenue, Davao City
(082) 227-5716 / Telefax 227-9347
- Toby s, Victoria Plaza / (082) 221 4773
- Naga**
- Mr Pedro Lee**, Naga City Sports Council
Elias Angeles St , Naga City
(05421) 739 178 / 739 259
- Cagayan de Oro**
- Atty Roy Raagas**, City Council
Cagayan de Oro City
(08822) 857 4032 / (Cell) 0917 7062602
- Toby's, Limketkai Center / (08822) 856 4615

Tuguegarao **Hon Jude Bayona**, Sangguniang Bayan Office
Municipality of Tuguegarao
(078) 844 2756

Catarman **Gov Madeliene Ong**, Governor's Office
Catarman Northern Samar
(055) 354 1233 / 354 1239 / 354-1278

Palawan **Dr Diomedes de Guzman**
c/o **Col Antonio Suplido**
City Sports Office, Palawan Sports Complex
Sta Monica, Puerto Princesa
(048) 433-7853

Bacolod **Mr Efren Timentan**,
Youth and Sports Development Division
Office of the Governor
Panad Park and Stadium, Bacolod City
(034) 433-1308 / 446 1583

Malolos **Mr Joe Ramos**
65 Gervacio Subd , Mojon, Malolos, Bulacan
(044) 791 0499

Kidapawan **Mr Ramil Deldo**
City Sports Council, Kidapawan, North Cotabato
(06423) 288-1389

Baguio **Dr Fernando Bautista**
University of Baguio
(074) 442 2357

Cebu **Hon Anthony Jones Luy**
Youth and Sports Development Office
City Hall, Cebu City
(032) 253 9596 / 253 9593

Toby's, SM City / (032) 232-0779

Toby's, Ayala Center / (032) 232 4788