

REPUBLIKA NG PILIPINAS REPUBLIC OF THE PHILIPPINES KAGAWARAN NG EDUKASYON, KULTURA AT ISPORTS DEPARTMENT OF EDUCATION, CULTURI AND SPORTS

DECS Complex Meralco A ente Pasig City Philippines



Sama-Sama sa DECS

Tanggapan ng Kahhim Office of the Secretary

April 13, 1999

DECS MEMORANDUM No 160 S

PSC SUMMER TRAINING CAMP FOR OUTS (ANDING ATHLETES IN ATHLETICS AND SWIMMING

To Undersecretaries/Assistant Secretaries Bureau/Regional Directors Schools Superintendents Privates Elementary and Secondary School Principals

- The Philippine Sports Commission (PSC) will conduct a Summer Training Camp in Athletics and Swimming for outstanding athletes ages 10-18 years old from April 15 to May 15, 1999 at Philsports, Pasig City
- The objectives of this Summer Training Camp are a) to provide incentives to talented young athletes so that they may be transformed into a full fledged national athletes ready to participate in international competitions, b) to develop the young athlete's skills for such other undertaking like coaching, training games officiating, community services, value formation and the like, and c) to improve through these young athletes the country's medal haul in international competitions such as Olympic Games World Championship, Asian Games and other international competitions
- In this regard, the PSC is requesting the saults of Regional Palaro in Athletics and Swimming the soonest time possible for the early identification of participants to the said training camp
- Inclosed is the letter request and program description from the Chairman of the PSC Guidelines for the participation of selected refiletes will be provided by the PSC to all concerned.
- 5 Immediate dissemination of this Memorandum is desired

Secretary

Incls As stated Reference None Allotment 1—(D O 50-97)

To be indicated in the Perpetual Index under the following subjects

ATHLETICS

TRAINING PROGRAMS

E Mail Address OSEC @SKYINET NET

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Republic of the Philippines Office of the President

Philippine Sports Commission



12 March 1999

BRO ANDREW GONZALEZ, FSC

Secretary
Department of Education Culture and Sports
Meralco Avenue Pasig City

Attention Mr Rolando C Brillantes
Director DECS-BPESS

Dear Secretary Gonzalez

In line with the talent development program, the Philippine Sports Commission (PSC) will conduct a Summer Training Camp for cutstanding athletes ages 10–18 years old in two (2) sports namely athletics and swimming which will be held in Philipports. Pasig City from the period of 15 April – 15 May 1999.

The objective of the camp is to provide incentives to talented young athletes so that they may be transformed into a full pledged national athletes ready to participate in international competitions to develop the young athletes skills for such other undertaking such as coaching training games officiating community services value formation and the like and to improve through this young athletes to the country's medal haul in international competitions such as Olympic Games. World Championship Asian Games and other international competitions.

In this regard we would like to request your good office to furnish us the results of the DECS Regional tournaments in athletics and swimming as we intend to invite the outstanding athletes to participate in this endeavor

Enclose for this purpose is the copy of the Summer Training Camp Programme for your perusal

Thank you and warm regards

Very truly yours

CARLOS D TUASON

Chairman

SUMMER TRAINING CAMP

RATIONALE

Implementing the Recruitment Identification Training Exposure and Selection (RITFS) of the future athletes from the countryside ensures a continuos progressive scheme of developing athletes to represent the Philippines in future international competitions 'Starting Them Young as the old adage goes is a very appropriate move for talent identification and selection of athletes that creates awareness and an instant impact in our communities. And the best way to do this is a Summer Training Camp where the Filipino youth nationwide from 10.18 years of Age are assembled for a month of training in selected sports where the Filipino athletes is noted to excel in

CONCEPT

Filipino youth in school or out of school youth ages from 10-18 years old recruited from the 1540 municipalities and 83 cities in two (2) sports namely athletics and swimming. The recruited youth will be a scholar of the municipality or school where he/she comes from The trainees will undertake four (4) weeks of training for physical and psychomotor development wherein testing for fitness and skills including competition (intrams) will be a part of the training curriculum The trainees will be guartered fed clothed and physically trained and medically evaluated through their respective ontogenetical background meteorologically tested for fitness and condition tested for movement efficacy and their behavioral pattern examined Selected National Coaches will be the trainers

OBJECTIVES

- 1 Fo implement fully the Recruitment Identification training Exposure and Selection (RITES) program
- To apply testing for skills fitness and attitudes as a metrology process of identifying specific talents behavior and mental set of trainees
- 3 To develop the awareness of participants and the municipal officials on the importance of sports development in the communities

- 4 To serve as a pilot project for a nationwide talent identification program
- 5 To select future Filipino athletes the most effective way

STRATEGIES

- 1 Training Methods and Techniques
- 2 Physical Fitness Skills Testing and Attitudinal
- 3 Exercise Program and Sports Clinic
- 4 Lectures and Demonstration
- 5 Audio Visual Techniques
- 6 Age groupings
- 7 Competitions