



REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
KAGAWARAN NG EDUKASYON, KULTURA AT ISPORTS  
DEPARTMENT OF EDUCATION, CULTURE AND SPORTS  
UL Complex, Meralco Avenue  
Pasig, Metro Manila



Sama-Sama  
sa DECS

August 14, 1997

DECS MEMORANDUM  
No. 309, s. 1997

MRS. NORA EGIDA DESLATE 330 KM. ULTRA MARATHON RUN

To: Unersecretaries  
Assistant Secretaries  
Bureau/Regional Directors  
Schools Superintendents  
District Supervisors  
Private Elementary and Secondary School Principals

1. Mrs. Nora Egida Deslate, a 58 year old grandmother and a public school teacher of Jaro National High School, Division of Iloilo City, in attempt and re-set her record, will run a total of 330 km. from November 27 to December 18, 1997 with 5 day interval rest. The longest lap is scheduled on December 16, 1997 which will start from Gapan, Nueva Ecija to Quezon City covering a distance of 105 kilometers. Inclosed is the schedule and route of the run.
2. Mrs. Deslate set the Philippine long distance non-stop run last December 6, 1995, with a distance of 67.5 km. from Hamtik, Antique to Botong, Oton Iloilo.
3. The project is supported by the Department of Education, Culture and Sports (DECS). It is in line with its sports and physical fitness program. This will serve as a model and inspiration to all in implementing the running program.
4. DECS regional offices I, CAR, III and NCR, and their school divisions concerned shall provide the necessary support and assistance to the project. Specially, said regional offices shall:
  - a. coordinate with the local PNP to provide security and motorcycle/vehicle escort during the activity;

- b. designate a school to host and provide board and lodging to Mrs. Deslate and entourage in every rest station. It will be appreciated if the local government units, civic groups, NGOs and private sponsors will be involved;
  - c. provide stand by emergency medical services along the route;
  - d. The schools divisions concerned shall organize at least 20 student-runners and 20 cyclists to run with Mrs. Deslate as she passes by their respective areas. It is suggested that a simple program during the start of the leg will be conducted;
  - e. The regional and division PESS shall coordinate the project.
5. The BPESS shall coordinate and provide administrative and financial support to the project, with the following particular functions:
- a. Provide a sweeper back up vehicle,
  - b. Coordinate with the regions/divisions and schools concerned, and
  - c. Provide documentation, streamers on the route, and other advertisements and promotional press releases.
6. Other related expenses for the project shall be charged to the respective local and BPESS funds and sponsors.
7. For compliance of all concerned.

  
RICARDO T. GLORIA  
Secretary

Incl.: As stated  
Reference: None  
Allotment: 1-3--(D.O. 50-97)  
To be indicated in the Perpetual Index  
under the following subjects:

ATHLETICS  
OFFICIALS  
PROJECTS  
SCHOOLS

### III SECOND PHILIPPINE ULTRAMARATHON SCHEDULE

Nov. 30	Day 1	San Fernando to Agoo	25 K
Dec. 1	Day 2	Agoo to Dalayap	12 K
Dec. 2	Day 3	Dalayap to Baguio	10 K
Dec. 3	Day 4	Rest	
Dec. 4	Day 5	Pugo (La Union) to Sison (Pangasinan)	15 K
Dec. 5	Day 6	Sison to Urdaneta	20 K
Dec. 6	Day 7	Urdaneta to Moncada (Tarlac) (Via Villasis/San Miguel)	25 K
Dec. 7	Day 8	Moncada (Panique/Ramos)/Pura	15 K
Dec. 8	Day 9	Pura/Victoria/Quezon (N.E.) or Pura-Guimba, N.E.	25 K
Dec. 9	Day 10	Guimba Quezon/Sicsican/Talavera/ Cabanatuan	25 K
Dec. 10	Day 11	Cabanatuan - Gapan	20 K
Dec. 11	Day 12	Rest	
Dec. 12	Day 13	Gapan to Quezon City circle via Malolos/ Macigan Sts./ McArthur Highway/ A. Pablo/Gen. De Leon/Valenzuela/ Tandang Sora (QC)/Visayas Ave.	105 K (non-sto)
Dec. 13/14	Day 14/15	Rest	
Dec. 15	Day 16	Quezon City/ San Juan/ Makati	15 K
Dec. 16	Day 17	Makati/Pasay/Manila/Malacanang/Luneta	18 K
			330K
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