

REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON, KULTURA AT ISPORTS
DEPARTMENT OF EDUCATION, CULTURE AND SPORTS
UL Complex, Meralco Avenue
Pasig, Metro Manila



August 1, 1997

*Sama-Sama
sa DECS*

DECS MEMORANDUM
No. 287, s. 1997

NATIONWIDE PRACTICE OF THE 4:00 O'CLOCK HABIT

To: Regional Directors
Schools Superintendents
District Supervisors
Private Secondary School Principals
Vocational High School Principals

1. The rainy season has once again brought reports of increasing number of dengue cases and majority of the victims are school-aged children. The Aedes mosquitos that cause Dengue H-Fever usually breed in clear stagnant water, flower vases, empty cans and bottles.

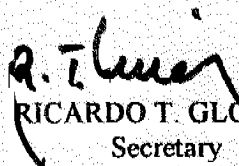
2. In view of this recent finding, this Department enjoins the full cooperation of all school principals and supervisors to be extra vigilant in keeping the school premises free of the dengue mosquito vector by diligently observing the 4:00 O'clock habit. Take time out every 4:00 p.m. to search and eliminate all possible breeding places of mosquitos in the surroundings.

3. The following are some common ways to eliminate the breeding places of Aedes mosquitos:

- a. Replace water in flower vases twice a week;
- b. Cover water drums and water pails at all times;
- c. Clean all water containers once a week. Scrub all sides to remove eggs of mosquitos sticking to the sides;
- d. Clean gutters of leaves and debris;
- e. Old tires used as roof support should be punctured or cut to avoid accumulation of water; and
- f. Collect and dispose all unusable tin cans, jars, bottles and other items that can collect and hold water.

4. It is only through this dedicated effort to eliminate breeding places of the Aedes mosquitos that Dengue can be prevented.

5. Wide and immediate dissemination of this Memorandum to all concerned is desired.


RICARDO T. GLORIA
Secretary

Reference:

DECS Memorandum: No. 259, s. 1996

Allotment: 1-3--(D.O. 50-97)

To be indicated in the Perpetual Index
under the following subjects:

CAMPAIGN
HEALTH EDUCATION
SCHOOLS