

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON, KULTURA AT ISPORTS
(MINISTRY OF EDUCATION, CULTURE AND SPORTS)
Manila

July 29, 1983

MECS MEMORANDUM
No. 149, s. 1983

FIRST AID REFRESHER COURSE FOR SECONDARY SCHOOL TEACHERS

To: Bureau Directors
Regional Directors
Schools Superintendents
Presidents, State Colleges and Universities
Vocational School Superintendents/Administrators

1. First Aid has been an integrated subject in Health and Physical Education in the secondary school curriculum since 1961. With the passing of time, a number of changes and new techniques in First Aid have been introduced. To update the knowledge and skills of teachers in all secondary schools, refresher courses will be conducted by Chapters of the Philippine National Red Cross in coordination with the Division of Schools in every province and city.
2. The PNRC Chapter's building or any other suitable place will be the venue for a five-day training. The Chapter Service Representative-Safety Services, with the assistance of available volunteer first aid instructors, will comprise the teaching force.
3. The details of the training activities are given in the inclosure to this Memorandum.
4. The course may be conducted at any date from October to December, 1983, as may be agreed upon by the PNRC Chapter and the School Division.
5. No registration fee will be charged. Transportation and other expenses incidental to the attendance in these training courses shall be borne by the teacher participants.
6. It is desired that this Memorandum be given the widest publicity possible for the guidance and information of those concerned.

(SGD.) ONOFRE D. CORPUZ
Minister

Incl.:
As stated

Reference:
None

Allocation: 1-2-3--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

BUREAUS and OFFICES
HEALTH EDUCATION
TEACHERS

COURSE OUTLINE

- 1st Day - Registration, Orientation
- Review of Lessons I, II, III (General First Aid, Circulatory System, and Shock and Cardiopulmonary Resuscitation)
- 2nd Day - Demonstration and Return-Demonstration on one-rescuer CPR, two-rescuer CPR, and CPR for Baby
- 3rd Day - Review of Lesson IV (Wounds and Their Care)
- Discussion of Control of Bleeding with Demonstration and Return Demonstration
- Demonstration and Return Demonstration of Bandaging (Open and Closed Phase and Triangular Bandaging)
- 4th Day - Review of Lessons V, VI, and VII (Specific Wounds, Poisoning and Injuries and their Care)
- Demonstration and Return Demonstration on Roller Bandaging
- 5th Day - Review of Lessons VIII, IX and X (Burns, Common Medical Emergencies, and Rescue and Transportation)
- Demonstration and Return Demonstration of the Different Transportation Methods
- Evaluation
- Graduation

