

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON, KULTURA AT ISPORTS
(MINISTRY OF EDUCATION, CULTURE AND SPORTS)
Manila

July 5, 1983

MECS MEMORANDUM
No. 141, S. 1983

1983 NATIONAL LEISURE EDUCATION AND RECREATION WEEK

To: Bureau Directors
Regional Directors
Chiefs of Services and Heads of Units
Schools Superintendents
Presidents, State Colleges and Universities
Heads of Private Schools, Colleges and Universities

1. Conformably with Presidential Proclamation No. 2097 dated June 26, 1981, a copy of which is inclosed, the third week of July has been designated as National Leisure Education and Recreation Week.
2. In line with the theme "Productive Use of Leisure and Organized Recreation for Quality Life," it is requested that emphasis be given to activities aimed at intensifying the dissemination of leisure and recreation information, through the use of arts and craft, music, dance, sports, tournaments, cultural presentations, outdoor education, dramatics, party games, nature study, and other leisure and recreational activities.
3. All schools in all levels throughout the country are requested to participate in the observance of Leisure Education and Recreation Week which will be held this year from July 20 to 26. For the guidance of all concerned, suggested pointers for the planning of activities suitable for the region/division/school for the celebration of 1983 National Leisure Education and Recreation Week are given in the inclosure to this Memorandum.
4. A brief narrative and pictorial report of the activities undertaken should be submitted by the chairpersons of the departments of Physical Education to the Higher Education Division, MECS Regional Offices. District Physical Education coordinators on the elementary and secondary levels, should submit their reports to the division Physical Education supervisors, who will consolidate the division reports for submission to the regional office.
5. Consolidated reports from the divisions on activities conducted during the week-long celebration by the private and public schools, colleges and universities should be submitted to the Bureau of Sports Development through the regional offices.

6. Immediate dissemination of the contents of this Memorandum to all concerned is required.

(SGD.) ANTHONY D. CORPUS
Minister

Incls.:

As stated

References:

N o n e.

Allotment: 1-2-3-4- (D.C. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS & FESTIVALS
REPORT
SCHOOLS
UNIVERSITIES & COLLEGES

(Inclosure No. 1 to MECS Memorandum No. 141, s. 1983)

OFFICE OF THE PRESIDENT
Malacañang

PROCLAMATION NO. 2097

Declaring the third week of July every year as the NATIONAL LEISURE EDUCATION AND RECREATION WEEK, July 20-25, 1981.

WHEREAS, leisure education and recreation is deeply ingrained in the life of man and his physical and mental health depend on it;

WHEREAS, man does not live on the technology and economic prosperity of a civilization alone but requires occasions for self awareness and for human engagements;

WHEREAS, the proper pursuit of healthful recreation activities leads to the consciousness in the conservation and improvement of recreation facilities;

WHEREAS, a week should be dedicated in arousing greater concern for the people's welfare through worthwhile leisure education and recreation activities for all ages; and

WHEREAS, the Philippine Council on Health, Physical Education and Recreation, Inc. will spearhead the holding of a series of activities involving government and non-government sectors to highlight national efforts in molding a total Filipino who is self-reliant and progressive;

NOW, THEREFORE, I, FERDINAND E. MARCOS, President of the Philippines, by virtue of the powers vested in me by law, do hereby declare the third week of July of every year as NATIONAL LEISURE EDUCATION AND RECREATION WEEK.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Republic of the Philippines to be affixed.

Done in the City of Manila, this 26th day of June in the year of Our Lord, nineteen hundred and eighty-one.

(SGD.) FERDINAND E. MARCOS
President of the
Philippines

By the President:

(SGD.) JUAN C. TUVERA
Presidential Assistant

A true copy

SUGGESTED ACTIVITIES FOR 1963 NATIONAL LEISURE EDUCATION AND RECREATION WEEK
 (July 22-28, 1963)

Emphasis of the Week: "Productive Use of Leisure and Organized Recreation for Quality Life"

Wednesday July 20	Thursday July 21	Friday July 22	Saturday July 23	Sunday July 24	Monday July 25	Tuesday July
9:00 A.M. Mass Opening Celebrations Program	A.M. Arts and Crafts with exhibits on winding arts and crafts, etc.	Dance and Rhythms rices socials Amigos and mixers, folk dances, etc.	Tournaments Ball games Football, etc.	Gymnastics Sports Tumbling Pyramid building	Track and field events Group Games	Cultural Presents Party Cdn
P.M. Opening Exhibits - Musical Educational and Recreation Activities	P.M. Music Education - choral group contest Instruments contest: like guitar, banduras, etc. Singing contests, etc.	Individual Sports - Tennis Archery Badminton Table Tennis Slide Bowling	Tournaments Ball games Volleyball Soccer Softball, etc.	Outdoor Education Soccer Softball, etc.	Aquatics - life saving Water polo	Movie Program

STANDARD ACTIVITIES FOR 1963 NATIONAL YOUTH LEADERSHIP ASSOCIATION AND RECREATION WEEK
(July 20-27, 1963)

Meaning of the Words: *Productive Use of Leisure and Organized Recreation for Quality Life

Wednesday July 20	Thursday July 21	Friday July 22	Saturday July 23	Sunday July 24	Monday July 25	Tuesday July 26
<p><u>8:00 A.M.</u></p> <p>Moss</p> <p>Opening Ceremony Program</p>	<p><u>7:30 A.M.</u></p> <p>Adm. and Credits with exhibits on winning arts and crafts contests, etc.</p>	<p><u>9:00 A.M.</u></p> <p>Game and Rhythmic solos</p> <p>Concessions and mixers, folk dances</p>	<p><u>9:00 A.M.</u></p> <p>Tournaments</p> <p>Ball games</p> <p>Football, etc.</p> <p>Pyramid Initiating</p>	<p><u>9:00 A.M.</u></p> <p>Open House</p> <p>Scouts</p> <p>Football</p> <p>Pyramid Initiating</p>	<p><u>9:00 A.M.</u></p> <p>Cross and field events</p> <p>Group Games</p>	<p><u>9:00 A.M.</u></p> <p>Cultural Programs</p> <p>Party Games</p>
<p><u>1:00 P.M.</u></p> <p>Opening Exhibits</p> <p>Recreation Activities</p>	<p><u>1:00 P.M.</u></p> <p>Music Education</p> <p>Choral group</p> <p>Contests</p> <p>Instrumental contests like guitar, bandurria, etc.</p> <p>Singing contests, etc.</p>	<p><u>1:00 P.M.</u></p> <p>Individual Sports</p> <p>Tennis</p> <p>Archery</p> <p>Badminton</p> <p>Table Tennis</p> <p>Sipa</p> <p>Bowling</p>	<p><u>1:00 P.M.</u></p> <p>Tournaments</p> <p>Ball games</p> <p>Football</p> <p>Softball, etc.</p>	<p><u>1:00 P.M.</u></p> <p>Outdoor Education</p>	<p><u>1:00 P.M.</u></p> <p>Aquatics</p> <p>Life saving</p> <p>Diving</p> <p>Water polo</p>	<p><u>1:00 P.M.</u></p> <p>Review</p> <p>Program</p>

