

Republika ng Pilipinas  
(Republic of the Philippines)  
MINISTERI NG EDUKASYÓN, KULTURA AT ISPORTS  
(MINISTRY OF EDUCATION, CULTURE AND SPORTS)  
Manila

January 12, 1983

MECS M E M O R A N D U M  
No. 11, s. 1983

NATIONAL CELEBRATION OF PHILIPPINE HEART MONTH

To: Bureau Directors  
Regional Directors  
Chiefs of Services and Heads of Units  
Schools Superintendents  
Presidents, State Colleges and Universities  
Heads of Private Schools Colleges and Universities  
Vocational Schools Superintendents/Administrators

1. Presidential Proclamation No. 1096 dated January 9, 1973 declared February of every year as Philippine Heart Month. The theme of this year's celebration is "Malusog na Puso para sa Lahat."

2. In cooperation with the Ministry of Health and the Philippine Heart Association, all schools throughout the country, both public and private, are enjoined to observe Philippine Heart Month with activities appropriate for the occasion. It is suggested, for example, that classroom activities be geared towards developing awareness in pupils and students of the importance of a strong and healthy citizenry through heart care consciousness.

3. All school health personnel should cooperate with local rural health units, hospitals, local medical societies and private practitioners in planning and organizing activities such as lay forums, heart clinics, demonstrations of Cardio-Pulmonary Resuscitation (CPR), slogan and poster contests, and the like.

4. In Manila, there will be Laked Puso on February 5. All MECS personnel, administrators, teachers and students are enjoined to participate in this activity. The point of assembly is in front of the Philippine Heart Center for Asia, East Avenue, Quezon City at 5:00 a.m.







5. A slogan contest will be held during the Takeda Fudo. All participants are encouraged to prepare and display placards bearing slogans. Cash prizes will be awarded the winners after the Takeda Fudo. Similar contests may be undertaken in other parts of the country.

6. Immediate dissemination of the contents of this Memorandum to all concerned is desired. A report on the celebration should be incorporated in the quarterly health report.

(SGD.) SMOYEE D. CORPUZ  
Minister

Reference:  
N o t e

Allotment: 1-2-3-4--(D.O. 1-76)

To be indicated in the Perpetual Index  
under the following subjects:

CELEBRATION & FESTIVALS .  
CONTESTS  
HEALTH EDUCATION  
SCHOOLS  
SOCIETY or ASSOCIATIONS





