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REVISED GUIDELINES ON THE SCHOOL FEEDING PROGRAM

To: Bureau Directors  
Regional Directors  
Chiefs of Services and Heads of Units  
Schools Superintendents

1. For the information and guidance of all concerned, given below are the revised guidelines for the utilization of corn soya milk (CSM), non-fat dry milk (NFDM), bulgur wheat (BW), and protein, vitamins, minerals (PVM) in the School Feeding Program:

- a. Participating schools in the MEC/CARE Feeding Program are eligible with top priority given to: (1) schools in economically depressed areas, (2) schools capable of providing nutritious foods from school community and home gardens, and from local purchase, and (3) schools located in far-flung areas which cannot be served by a bakery.
- b. The beneficiaries are the underweight school children in Grades I-IV. The nutritional status of the child is determined from school's height and weight records. If a child is underweight at the start of the school year and moves to the normal category, he remains in the project up to the end of the school year.
- c. Food rations - The feeding will be done three times a week during the school year for a maximum feeding of 100 days. Two of the commodities (CSM and NFDM) should be served together. Rationing for each child per feeding day are as follows:

CSM - 73 grams or 5 Tbsp.  
NFDM - 44 grams or 3 Tbsp.  
BW - 35 grams or 2 Tbsp.

d. The proceeds from sales of CSM and BW dishes could be utilized to cover expenses incurred in the preparation of the dish. The order of priority of expenditures are listed below:

- (1) Purchase of ingredients and other items used in the recipe.
- (2) Pay for ration of children too poor to pay for their own ration.
- (3) Purchase of feeding paraphernalia such as cups, saucers and other feeding/cooking utensils.
- (4) Pay wages of ~~cooks or~~ kitchen helpers who work exclusively for school feeding projects.
- (5) Purchase of seeds, fertilizers for school vegetable gardens, produce of which is consumed exclusively by the children as part of the feeding schemes.
- (6) Purchase of reliable clinical (beam) scale.

e. Due to its high protein value, the PVM - a highly protein mixture with vitamin and minerals - is an excellent food supplement in feeding programs. The addition of PVM to local preparation would be most beneficial for undernourished children in feeding centers because of the added advantage of being given under supervised condition. PVM can be mixed in cooking cereals, porridge, fritters, pudding, milk preparation, sauce and soup.

The unflavored or vanilla flavored PVM may be used in food preparation. Chocolate flavored mixtures, however, could not be used widely unless added with milk and it can be dissolved and consumed as milk beverage.

In essence, PVM will act as a nutrient boost to nutrient deficient diets or as an addition to the normal diet.

PVM should not be given to people who are: (1) with liver and kidney problems because their bodies cannot handle the metabolic by-product of protein; (2) dieting pregnant women as it will affect the developing fetus; (3) dieting children below 18 years old since they are still in the growing stage; and (4) diabetics because of the need to monitor intake and calculated amount of carbohydrates, fats and proteins.

PVM provides the following nutrients contribution per 21 grams powder or 2 level measuring spoonfuls.

Calories - 80  
Protein - 17 grams  
Fat - 1 gram

f. The usual forms for recording and reporting procedures in the MEC/CARE school feeding should be maintained and submitted by all those concerned.

2. Dissemination of the contents of this Memorandum to all concerned is desired.

(SGD.) ONOFRE D. CORPUZ  
Minister

References:

Department Memorandums: Nos. 206, s. 1975 and 128, s. 1976  
MEC Memorandum: No. 81, s. 1981

Allotment: 1-2--(D.O. 1-76)

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