

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Maynila

June 22, 1982

MEC M E M O R A N D U M
No. 152, s. 1982

FOOTBALL TRAINING COURSES FOR MEC COACHES

To: Bureau Directors
Regional Directors
Schools Superintendents
Presidents, State Colleges and Universities
Heads of Private Schools, Colleges and Universities
Vocational School. Superintendents/Administrators

1. Conformably to MEC Order No. 37, s. 1981, entitled "Revitalization of the MEC Football Program," providing for the strengthening and the development of technical personnel as implementors in order to hasten the development of football as a sports among our youth, this Ministry, in cooperation with Philippine Football Association and the Federal Republic of Germany will sponsor training courses in football.
2. After the training courses, the participants are expected to:
 - a. train and coach football beginners;
 - b. coach effectively with the aim to develop our youth for national and international competitions;
 - c. to internalize among our Filipino youth human values of sportsmanship, fair play and teamwork for a strong national identity;
 - d. assist in managing and officiating quality football tournaments; and
 - e. share with others the expertise acquired in this training course.
3. The venues, hosts and dates of Phase I of the training courses are the following:

<u>Region</u>	<u>Venue</u>	<u>Host</u>	<u>Dates</u>
I-II-III	Teachers Camp Baguio City	Baguio City School Division	July 19-23, 1982
NCR-IV-V	Luzonian Univer- sity	Luzonian University D.C.S, Lucena City	Aug. 2-6, 1982
VI-VII-VIII	Perdices Athletic Stadium	Dumaguete City School Division	Aug. 16-20, 1982
IX-X-XI-XII	Zamboanga School of Arts and Trades	Zamboanga School of Arts and Trades	Aug. 30-Sept. 3, 1982

Phase I - Two (2) male delegates from each school division and one (1) male delegate from private schools, colleges and universities with the following qualifications may attend:

- a. Not beyond 50 years old at the time of the training;
- b. Able and physically fit as certified by a physician;
- c. Has rich background in sports specifically in football;
and
- d. Possesses good moral character.

4. Phase II - from the participating delegates in the four training centers aforementioned, the most outstanding delegates, to be determined through written and practical examinations, shall be further trained in a two-week duration period in Metro Manila and distributed numerically as follows:

- a. Luzon Area - 30 delegates - 15 from each center
- b. Visayas Area - 30 delegates - 10 from each region
- c. Mindanao Area - 40 delegates - 10 from each region

Date for Phase II training will be announced in due time.

5. Phase III - the two (2) outstanding delegates from Phase II training shall be sent to Germany for further specialization in football. Expenses of this project shall be borne by the Federal Government of Germany.

6. A registration fee of P300 shall be charged each participant to defray the cost of board and lodging, cost of materials needed in the training and other incidental expenses. This fee is for Phase I training course.

7. All expenses incurred in connection with the attendance in the Phase I training course shall be charged from local funds or school board funds, subject to the usual accounting and auditing regulations.

8. Inclosed are the list of the different committees and the Program of Activities as submitted by Mr. Bernhard Zgoll, Football Consultant of the Federal Republic of Germany, who shall conduct the training program.

9. Immediate dissemination of the contents of this Memorandum is desired.

(SGD.) HERMENEGILDO C. Dumlao
Acting Minister

Incls.:

As stated

Reference:

MEC Order: (No. 37, s. 1981)

Allotment: 1-2--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

/ ATHLETICS
/ EXPENSES
/ OFFICIALS
/ TRAINING PROGRAM

(Inclosure No. 1 to MEC Memorandum No. 152, s. 1982)

ORGANIZING COMMITTEE

Chairman: Mr. Romeo G. Abeleda
Co-Chairman: Mr. Bernhard Zgoll
Vice-Chairman: Mr. Juan F. Campos
Co-Vice Chairman: Mr. Joaquin Preysler
Executive Secretary: Mr. Delfin B. Fernandez
Members: Mr. Jeremias Jaravata
Mr. Bernardino T. Montes
Mr. Servillano A. Padiz, Jr.
Mr. Jesus T. Lagrimas
Mr. Alfonso C. Perez, Jr.
Consultants: Mr. Bernhard Zgoll
Mr. Joaquin Preysler
Mr. Edward Magallona
Working Committee: (Local)
I. Program Committee: Local
Chairman
Members
II. Accommodation Committee: Local
III. National Secretariat:
Miss Patria Garing
Mrs. Omy Macapugay

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(Inclosure No. 2 to MEC Memorandum No. 152, s. 1982)

TENTATIVE PROGRAMME FOR THE 5-DAY BASIC COURSES ON FOOTBALL

The 5-day basic courses on football after which the participants receive the grade of 'Coach-Assistant' and get in addition the possibility to stay for examination about the "Law of the Game" comprises the following subjects:

1. Theory of soccer
2. Training of basic skills (techniques)
3. Training of basic tactical behavior
4. Law of the Game

It is expected that the 'Coach-Assistant' is able to understand and explain the above-mentioned subjects. The participants who successfully pass the examination in the 'Laws of the Game' will receive referees' licenses from the Philippine Football Association and will be allowed to officiate in all kinds of football games in the Philippines.

1. Theory of Soccer

- a. Historical background of the development of soccer as Sport No. 1 in the World
- b. General introduction into the soccer training
- c. Three major divisions of soccer training
 - physical fitness
 - techniques (skills)
 - the principles of the game in ATTACK AND DEFENSE
- d. Organization of training and football competitions

2. Training of basic skills

- a. The new theory of the comprehensive method of training skills
- b. Kicking (various forms)

with the inside of the foot
with the outside of the foot
with the instep of the foot
with the fullstep of the foot

c. Ball control

with the inside of the foot
with the sole
with the thigh
with the chest
with the head, etc.

d. Heading

while standing on the ground
in the air while jumping
while driving, etc.

e. dribbling

with the inside of the foot
with the outside of the foot
with the fullstep of the foot

f. passing

with the inside of the foot
with the outside of the foot
with the instep of the foot
with the outstep, with the fullstep of the foot

g. shooting

with the fullstep of the foot
with the instep of the foot
with the outstep of the foot

3. Training of basic tactical behaviours

- opening in the 3 x 1 game
- opening in the 4 x 2 game
- interchanges of positions in two's
- interchanges of positions in three's

4. Law of the Game

LECTURE TOPICS

Time/Day	8:00-9:30	10:00-12:00	2:00-3:00	4:00-6:00
Monday	:: Opening	::	:: <u>Soccer Theory</u>	::
	:: Historical background	:: Law of the Game	:: Physical Fitness	:: Football practice
	:: General Introduction	::	::	::
Tuesday	:: Football practice	:: Law of the Game	:: <u>Soccer Theory</u>	::
	::	::	:: Techniques (skills)	:: Football practice
	::	::	::	::
Wednesday	:: Football practice	:: Law of the Game	:: <u>Soccer Theory</u>	::
	::	::	:: The principles of the game in ATTACK and DEFENSE	:: Football practice
	::	::	::	:: Law of the Game: Free-kick and wall Ball in play and out
Thursday	:: Football practice	:: Law of the Game	:: <u>Soccer Theory</u>	::
	::	::	:: Organization of training and of competitions	:: Football practice: Law of the Game Off-side Throw-in
	::	::	::	::
Friday	:: Preview	:: Law of the Game Examination	:: Law of the Game Examination	:: Closing ceremony