

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Maynila

February 18, 1982

MEC M E M O R A N D U M
No. 53, s. 1982

ABSTRACTION OF HEIGHT AND WEIGHT DATA OF SEVEN-YEAR OLD
PUBLIC ELEMENTARY SCHOOL CHILDREN

To: Bureau Directors
Regional Directors
Schools Superintendents

1. The Ministry of Education and Culture in cooperation with the National Nutrition Council will be gathering data on the heights and weights of seven-year old public elementary school children from a sample of schools from all municipalities and cities in the country as an initial step towards the establishment of a comprehensive nutrition information system. The activity will involve transferring the required data from existing records to the prescribed form, copy inclosed.
2. In this connection, all concerned grade one teachers are directed to accomplish and submit PNSS Form No. 1, School Report on Height and Weight Measurements of Seven-Year Old Grade One School Children.
3. Schools superintendents, through the members of the division working committee on health and nutrition, school nurses, district supervisors, principals and head teachers are enjoined to provide necessary technical and administrative support to ensure compliance with the April 15, 1982 deadline.
4. Immediate dissemination of this Memorandum to all concerned is desired.

(SGD.) ONOFRE D. CORPUZ
Minister

Incl.:
As stated

Reference:
None

Allotment: 1-2--(D.O.: 1-76)

To be indicated in the Perpetual Index
under the following subjects:

COUNCIL	PUPILS
FORMS	STATISTICS (Data)
NUTRITION EDUCATION	TEACHERS
OFFICIALS	

Incl.:
As stated

Reference:
None

Allotment: 1-2--(D.O. 1-78)

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PUPILS
STATISTICS (Data)
TEACHERS

PHILIPPINE NUTRITION SURVEILLANCE PROJECT
SCHOOL REPORT ON HEIGHT AND WEIGHT MEASUREMENT
OF SEVEN YEAR OLD GRADE I PUPILS:
BEGINNING OF SY 1981-82

1.0 IDENTIFICATION	CODE
1.1 Region _____	<input type="checkbox"/>
1.2 Province _____	<input type="checkbox"/>
1.3 Municipality/City _____	<input type="checkbox"/>
1.4 District _____	<input type="checkbox"/>
1.5 School _____	<input type="checkbox"/>
1.6 Section _____	<input type="checkbox"/>
1.7 Total No. of Grade I Pupils in your Section _____	<input type="checkbox"/>
1.8 Classification of Mun./City _____	<input type="checkbox"/>

INSTRUCTIONS

Required No. of Sample Pupils in your Section _____

Sampling Instruction:
 Select _____ Pupil

READ ATTACHED INSTRUCTIONS BEFORE ACCOMPLISHING FORM

2.0 GENERAL INFORMATION: Please Check One: CODE

2.1 Distance of School From Municipal Hall: 0-3 Km. 4-10 Km. More than 10 Km.

2.2 Area Topography: Upland Lowland Coastal

2.3 Main Source of Livelihood: Farming Fishing Farming/Fishing Combination

Industrial Mining Farming/Indust./Combination

Others _____

2.4 If Farming, Main Crop: Rice Corn Coconut Sugar Tobacco

Rice/Corn Combin. Rice/Coconut Combin. Others _____

2.5 If Main Crop is Rice: With Masagana 99 No Masagana 99

3.0 WEIGHT AND HEIGHT RECORDS FOR SCHOOL YEAR 1981-1982.

	Month 01-12	Day 01-31	Year
3.1 Date of Height Measurement			
3.2 Date of Weight Measurement			

No.	SEX (M/F)	DATE OF BIRTH			HEIGHT (CENTIMETERS)	WEIGHT (KILOGRAM)	OCCUPATION OF THE FATHER/HEAD OF THE FAMILY	CODE
		01-12 Month	01-31 Day	Year				
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								
13.								
14.								
15.								
16.								
17.								
18.								
19.								
20.								

Prepared by _____ Date _____
 Teacher-in-charge

IMPORTANT!
 Indicate whether you have past records of height and weight measurements for _____ 1979? _____ 1980? (Please Check if Yes)

Certified Correct:

 Principal/Head Teacher

This survey is part of the Philippine Nutrition Surveillance Project (PNSP), and is intended to provide information on the nutritional status of grade school entrants (seven year old grade one pupils). This form is to be completed by the teacher-in-charge of grade one classes only, certified correct by the Principal or Head Teacher, and submitted to the National Nutrition Council (Manila) through the District Supervisor.

INSTRUCTIONS

REMARKS: Do not write on columns marked "CODE".

1.0 Identification

This section provides a means of identifying the schools. Enter the data for items 1.6, 1.7 and 1.8.

2.0 General Information

This section generates information on the general and most predominant characteristics within the general vicinity of the school, i.e. the barangay. Check the most appropriate answer for each item.

3.0 Height and Weight Records

This section provides the height and weight measurements of sample pupils using existing records. Only those measurements carried out at the beginning of school year 1981-82 should be recorded. To accomplish this section, follow these steps:

- a. Get your record of height and weight measurements.
- b. Assign a number for each grade one pupil in your list. Be sure to write the number before the name of each pupil.
- c. Refer to the instruction box found on the form to find out the number of sample pupils to be taken from your section, as well as the sampling instruction that you will use in selecting the sample pupils.
EXAMPLE: If your sampling instruction says "SELECT EVERY 2ND PUPIL", then your sample pupils are children with assigned numbers 2, 4, 6, 8, 10, 12, 14 and so on, until you complete the required number of sample pupils from your section.
EXAMPLE: If your sampling instruction says "SELECT EVERY 3RD PUPIL", then your sample pupils are children with assigned numbers 3, 6, 9, 12, 15, 18, and so on until you complete the required number of sample pupils.
EXAMPLE: If your sampling instruction says "SELECT THE FIRST 10 PUPILS", then your sample pupils are children with assigned numbers of 1, 2, 3, up to 10.
If you have reached the last child in the list and you have not completed the required number of pupils, then select any child/children from your list to complete the required number of sample pupils.
- d. Encircle the assigned number of your sample pupils.
- e. Copy the data for each sample pupil into this form. Do not record the name of the child.

4.0 Procedure for recording data for each sample pupil:

Sex. If your sample pupil is male, place M in space provided. If your sample pupil is female, place F in space provided.

Date of Birth. The codes for months are 01 for January, 02 February, 03 for March, 04 for April and so on.

Height. The unit measurement should be centimeters. There are 4 columns provided. Thus a pupil who is 125.5 centimeters should be entered as:

1	2	5	.
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Weight. The unit measurement is kilograms. There are three columns provided. Thus a pupil who is 15.7 kilograms should be entered as:

1	5	7
---	---	---

Occupation of the Father or Head of the Family. The occupational categories for purposes of this survey are: farmer, fishermen, professional (i.e. doctor, teacher, lawyer, government official, etc.), self-employed (i.e. businessman, sari-sari store owner, etc.), unemployed, casual worker, skilled worker (i.e. carpenter, mechanic, driver), laborer.

- g. Review the data that you copied, and sign the form in the portion indicated.

4.0 Submission of Completed Form

Only the completed form should be submitted. Forward the form to the principal or head teacher for certification NOT LATER THAN APRIL 15, 1982.

SURVEY FOR PRINCIPAL / HEAD TEACHER

IMPORTANT

TO BE SUBMITTED TO THE DISTRICT SUPERVISOR TOGETHER
WITH SCHOOL REPORT ON HEIGHT/WEIGHT

CODE

Province _____
 Municipality / City _____
 School _____
 Barangay _____
 Population of Barangay _____
 No. of Households in Barangay _____

IMPORTANT

QUESTIONS REFER TO BARANGAY WHERE YOUR SCHOOL IS LOCATED.

1.0 Please check the programs presently operating in your barangay.

CHECK HERE

CODE

CHECK HERE

CODE

- Barangay Nutrition Scholar Project
- Mother craft Nutrition Project (MOH)
- Targetted Maternal and Child Health (BAEX-CRS)
- Supplementary Feeding (MSSD)
- Applied Nutrition Project
- School Feeding Program
- Immunization, Deworming of Pre-schooler (MEC)
- M.arihui Project (MOH)
- Malward Project (MOH)
- Malnutrition Prevention Project (BAEX)
- Deworming and Health Education (MEC)
- Medical and Nursing Services (MEC)
- School Dental Health Program (MEC)

- ANICARE-YCAP Program
- Rice-Fish Culture Program (BFAR)
- Alay Tanim (MEC)
- Backyard Food Production (BAEX)
- Seed Production Program (BAEX)
- Plant Material Production (BPI)
- Fingerling Dispersal (BFAR)
- Rural Improvement Club (BAEX)
- Rural Improvement Club Children's Center (BAEX)
- Homemakers Classes (BAEX)
- Integrated Planning for Improved Living (BAEX)
- Environment Education Program (MEC)

2.0 How many percent of the households in your barangay are covered by the above nutrition and health related programs? Please check appropriate box.

CHECK HERE

CODE

- 0-25%
- 26-50%
- 51-75%
- 76-100%

3.0 Please check the community workers operating in your barangay.

CHECK HERE

CODE

- Barangay Nutrition Scholar
- Home Management Technician (BAEX)
- Rural Health (Barangay) Midwife
- Rural Health Doctor
- Rural Health Nurse
- Barangay Health Worker
- Farm Management Technician (BAEX)
- Day-Care Worker (MSSD)
- Barangay Supply Point Officer (Population Program)
