

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Maynila

November 17, 1981

MEC M E M O R A N D U M
No. 220, s. 1981

MEC-CARE SCHOOL SUPPLEMENTARY FEEDING PROJECT
USING FISH PROTEIN CONCENTRATE

To: Bureau Directors
Regional Directors
Schools Superintendents

1. Food assistance from CARE in the form of fish protein concentrate to augment pupils' protein intake will be introduced in the school supplementary feeding project starting December 1, 1981.
2. The fish concentrate supplements indigenous foodstuffs; hence, this food assistance is expected to encourage the production of nutritious vegetables in the school and home gardens.
3. The Division Working Committee on Health, and Nutrition will be responsible for the selection of the schools allocation of the commodity, supervision and monitoring of reports.
4. Inclosed are a list of recipient divisions with the food allocation and the approximate number of beneficiaries, guidelines for the selection of participating schools and beneficiaries and the management of the food assistance and record form for receipt and consumption of the food commodity.
5. Immediate dissemination of this Memorandum is desired.

(SGD.) ONOFRE D. CORPUZ
Minister

Incls.:

As stated

Reference:

None

Allotment: 1-2--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

NUTRITION EDUCATION/
PROGRAM, SCHOOL/
PROJECT/
PUPILS/

IMPLEMENTING GUIDELINES ON THE SELECTION OF PARTICIPANTS
AND THE MANAGEMENT OF THE FOOD ASSISTANCE

A. Eligibility for Participation

1. Schools

- a. All Paglingap schools are participants.
- b. Priority should be given to small rural schools in economically depressed areas with a large element of cultural minorities.
- c. The schools should have on-going food production projects and home gardens.

2. Beneficiaries

All pupils in Grades I to IV in the selected schools are beneficiaries.

B. Ration and Frequency of Feeding

1. Ration

- a. Each beneficiary will have a ration of 10 grams fish protein concentrate (FPC) per feeding day which provides roughly 39 calories and 7 grams protein.
- b. In household measure, one (1) cup of FPC weighs 100 grams and makes 10 rations.

2. Frequency of feeding

- a. Snacks/hot lunch supplements using fish protein concentrate will be served three (3) days a week, or a total of 42 feeding days up to the end of the school year in March 1982.
- b. Food preparations using purely indigenous foodstuffs should be served two (2) days a week or on the days that FPC is not served.

C. Preparation of FPC into Supplementary Meals

1. Use of local/standardized recipes

- a. FPC should be prepared into soups, fried or steamed viands and other local recipes, in addition to food grown in the school gardens and/or contributed by parents.

- b. The enclosed standardized recipes may be used whenever feasible or modified using locally available substitutes.

2. Food preparation and distribution

- a. The preparation of supplementary food using FPC should be done in school under the supervision of the food service teacher and/or teachers in charge of classes.
- b. The food may be prepared in a common kitchen for all the beneficiaries, or by class or group of classes.
- c. In any case, mothers and out-of-school girls should assist, by schedule, in the food preparation and distribution.

D. Records and Reports

1. Records

The following records should be kept up-to-date in all participating schools:

- a. Local recipes used; standard recipes used and modifications made; reaction of pupils to the food served
- b. Cash contributions and disbursements
- c. Contributions of foodstuffs from school/home gardens
- d. Receipt and daily consumption of FPC, using the inclosed record form; and
- e. Schedule of mothers and out-of-school girls to assist in food preparation.

2. Reports

The following reports should be submitted to the School Health and Nutrition Center by the Division Working Committee on Health and Nutrition:

- a. A list of participating schools with the number of beneficiaries, number of bags of FPC received and date when feeding started, to be submitted on or before December 15, 1981.
- b. Monthly report of FPC consumed, by school; list of operational problems encountered and solutions/recommendations for solution; reaction of beneficiaries, school personnel and parents to the food assistance.

LIST OF RECIPIENT DIVISIONS, FOOD ALLOCATION AND
NUMBER OF BENEFICIARIES

<u>Region/Division</u>	<u>Allocation No. of Bags</u>	<u>No. of Bene- ficiaries</u>
Region I		
1. Abra	40	2360
2. Benguet	40	2360
3. Mt. Province	40	2360
Region II		
1. Kalinga-Apayao	40	2360
2. Ifugao	40	2360
3. Nueva Vizcaya*	45	2655
4. Quirino	40	2360
Region III		
Zambales	40	2360
National Capital Region		
1. Quezon City	5	295
2. Caloocan City	5	295
3. Pasay City	3	177
Region IV		
Palawan	40	2360
Region V		
1. Catanduanes	40	2360
2. Masbate	40	2360
3. Sorsogon*	50	2950
4. Iriga City	15	885
Region VI		
1. Aklan	45	2655
2. Antique	45	2655
3. Guimaras	40	2360
4. Iloilo*	50	2950
5. Negros Occidental	50	2950
Region VII		
1. Negros Oriental	50	2950
2. Siquijor	40	2360
Region VIII		
1. Biliran	40	2360
2. Leyte*	50	2950
3. Leyte del Sur	40	2360
4. Eastern Samar	45	2655
5. Northern Samar	45	2655

Region IX		
Basilan*	45	2655
Region X		
Misamis Oriental*	45	2655
Region XI		
South Cotabato*	50	2950
Region XII		
1. Davao del Norte	40	2360
2. Iligan City	20	1180

*Each Paglingap school is allotted four (4) bags.

