

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Manila

August 14, 1981

MEC M E M O R A N D U M
No. 148, s. 1981

SEMINAR-WORKSHOP IN PHYSICAL EDUCATION AND CLINIC
FOR SEPAK TAKRAW, FOOTBALL, AND GYMNASTIC COACHES

To: Bureau Directors
Regional Directors
Schools Superintendents
Presidents, State Colleges and Universities
Heads of Vocational and Private Schools Colleges
and Universities
Vocational School Superintendents/Administrators

1. A four-day national seminar-workshop on strategies and techniques in teaching physical education in all levels and clinic for coaches of sepak takraw, football and gymnastics shall be held in the following places and dates:

<u>Region</u>	<u>Venue</u>	<u>Date</u>
I, II, III	Ilocos Sur Sports Center Vigan, Ilocos Sur	Sept. 15-18, 1981
IV, V, NCR	Legazpi Central School Legazpi City	Sept. 22-25, 1981
VI, VII, VIII	People's Center Tacloban City	Sept. 29- Oct. 2, 1981
IX, X, XI, XII	Zamboanga School of Fisheries	Oct. 6-9, 1981

2. The theme of the seminar-workshop and the sports clinic is: "Strong Nationhood through Physical Education and Sports." After the seminar-workshop, the participants should be able to:

- a. help improve instruction in physical education in the elementary, secondary and tertiary levels;

- b. echo what they have learned and lead in preparing a viable physical education program suited to their respective divisions/regions; and
 - c. help meet the physical education needs of the teachers, students and the people of the community.
 3. After the sepak takraw, football and gymnastics clinic, the participants should be able to:
 - a. echo what they have learned from the clinic and help the teachers concerned and other coaches to:
 - (1) develop among the students and athletes a better appreciation for said sports through a knowledge of the history, development and how they are played;
 - (2) train students and athletes to interpret, apply and execute the rules and regulations of the game correctly and effectively;
 - (3) develop the right values and attitudes among students and athletes through sports;
 - b. prepare and implement workable programs for effective coaching and training of athletes; and
 - c. officiate and assist effectively and efficiently in sports meets.
 4. Each school/division may send the following participants to the seminar-workshop and sports clinic: one (1) coach for sepak takraw; one (1) coach for football; two (2) coaches for gymnastics (one for boys and one for girls); three delegates for Service P.E. (one for elementary level, one for secondary level, one for tertiary level). Regional and division physical education supervisors are enjoined to attend the seminar-workshop and clinic. State colleges and universities as well as vocational private school colleges and universities may send their delegates, too.
 5. Inclosed are the Tentative Program of the Workshop-Seminar and the List of Consultants.

6. Each participant shall be charged two hundred fifty pesos (P250) registration fee to defray expenses particularly for handouts. All expenses of delegates shall be charged against local funds or local school board funds, subject to the usual accounting and auditing regulations.

7. Immediate dissemination of this Memorandum is desired.

(SGD.) ONOFRE D. CORPUZ
Minister of Education and Culture

Incls. :
As stated

References:
MEC Order: No. 37, s. 1981
MEC Memorandum: No. 45, s. 1981

Allotment: 1-2-3-4--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

ATHLETICS	SEMINARS
OFFICIALS	TEACHERS
PROGRAM, SCHOOL	WORKSHOP

(Inclosure No. 1 to MEC Memorandum No. 148, s. 1981)

TENTATIVE PROGRAM OF THE SEMINAR-WORKSHOP
IN CERTAIN SPORTS AND SERVICE P. E.

First Day -

8:00- 9:00 a.m. Registration and Physical Examination
9:00-10:00 a.m. Opening Ceremonies

Introduction of Delegates by Region, Orientation
on the Objectives and Procedures
of the Workshop-Seminar/Clinic

Grouping and Election of Officers

Group A - Sepak Takraw
Group B - Football (Elementary and High School)
Group C - Techniques and Strategies in Service
P. E.
Group D - Gymnastics

10:00-10:15 a.m. - Break
10:15-12:00 noon - Group Session
12:00- 1:00 p.m. - Noon Break
Presiding - P. E. Supervisor, Vice Chairman
Sports Office
1:00- 3:00 p.m. - Group Session
3:00- 3:15 p.m. - Break
3:15- 5:00 p.m. - Continuation of Group Session

Second to Fourth Day -

8:00- 8:30 a.m. - Plenary and Reflections
8:30-10:00 a.m. - Group Session
10:00-10:15 a.m. - Break
10:15-12:00 noon - Group Session
12:00- 1:00 p.m. - Noon Break
1:00- 3:00 p.m. - Group Session
3:00- 3:15 p.m. - Break
3:15- 5:00 p.m. - Practicum

Closing Program -

4:00-5:00 p.m. - Evaluation and Closing Program

Note:

Sunshine Activity - Fitness Activities

LIST OF CONSULTANTS

1. Sepak Takraw Mr. Taat Bin Alias
Mr. Servillano A. Padiz, Jr.
Mr. Constancio Lapara Jr.
2. Football Mr. Alejo Gorospe
Mr. Reynaldo Reyes
3. Gymnastics Mr. Sotero A. Tejada
Mr. Rodolfo Astrologio
Miss Clarita Diñoso
4. Techniques and Strategies in Teaching Physical Education
Mr. Bernardino T. Montes
Elem. P.E.
Miss Noemi Marabut
Mr. Jeremias Jaravata
Secondary P.E.
Mr. Teodoro Senador
Secondary P.E.
Mr. Juan F. Campos
College P.E.
Mr. Servillano A. Padiz Jr.
College P.E.
Mr. Alfonso C. Perez Jr.
College P.E.

Members of the Sports Committee as
Consultants and Sponsors:

1. Mr. Romeo G. Abeleda Chairman
2. Mr. Juan F. Campos Member
3. Mr. Delfia B. Fernandez "
4. Mr. Jeremias Jaravata "
5. Mr. Bernardino T. Montes "
6. Mr. Servillano A. Padiz Jr. "
7. Mr. Jesus Lagrimas "
8. Mr. Alfonso C. Perez Jr. "

Secretariat

All local