

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Manila

November 26, 1980

MEMORANDUM
No. 226, s. 1980

PROMOTING EYE HEALTH CARE FOR BETTER VISION
AND PREVENTION OF EYE PROBLEMS

To: Bureau Directors
Regional Directors
Schools Superintendents
Heads of Private Schools, Colleges
and Universities

1. The School Health Guardian Program with the support of Letters of Instructions Nos. 586, 644, 764 and 1023, contributes to the development of a sound and healthy, useful and effective citizenry, a goal of the Ministry of Education and Culture.
2. Towards this goal, the SMGP aims to promote better vision and prevent eye problems of school children through its on-going health and nutrition projects.
3. Since most visual impairments start as simple eye problems which can easily be prevented or cured at the early stage, there is a need to reinforce and vitalize eye health education and services in all schools at all levels. All schools, therefore, should plan and implement activities geared towards intensive health care for better vision and eye protection.
4. As basis for planning functional activities and for subsequent evaluation, a baseline survey should be conducted on eye defects of pupils and students in every school.
5. The cooperation of other government and private health personnel and associations may be solicited in conducting the survey as well as in planning, implementing and evaluating the activities.

6. Inclosed are a sample consolidated report form for the survey and some suggested activities to be conducted at the regional, division and school levels wherever they are feasible, including the community, which may be helpful to the planners.

7. A statistical and brief narrative report on the activities undertaken relative to the promotion of eye health care should be included in the division and regional reports.

8. Preferential attention in the immediate implementation of this Memorandum is desired.

(SGD.) ONOFRE D. CORPUZ
Minister of Education and Culture

Incls.:

As stated

Reference:

None

Allotment: 1-2-3-4--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

Course of Study, ELEMENTARY
" " " SECONDARY
PUPILS
SCHOOLS
STUDENTS

CONSOLIDATED REPORT ON THE SURVEY OF VISUAL DEFECTS

Region _____ Division _____ School _____ Public/Private

Number of divisions/schools included in this report:

Divisions _____ Schools: Public _____ Private _____ Total _____

GRADE LEVEL	CATEGORY OF SCHOOLS	NO. EXAMINED	NO. WITH DEFECTS	INCIDENCE OF DEFECTS							
				Near-sightedness	Far-sightedness	Astigmatism	Squint	Night blindness	Conjunctivitis	Granular Eye-lid	Other eye Defects (specify)
I	Public										
	Private										
II	Public										
	Private										
III	Public										
	Private										
IV	Public										
	Private										
V	Public										
	Private										
VI	Public										
	Private										
1st Yr.	Public										
	Private										
2nd Yr.	Public										
	Private										
3rd Yr.	Public										
	Private										
4th Yr.	Public										
	Private										
1st Yr. Coll.	Public										
	Private										
Totals	Public										
	Private										
GRAND TOTAL											

Note: The division consolidated report on the survey should be submitted to the regional office, copy furnished the School Health and Nutrition Center (SHNC), MEC, Manila, by the Superintendent, not later than March 15, 1981. The regional consolidated report should be submitted to the SHNC not later than April 15, 1981.

(Inclosure No. 2 to MEC Memorandum No. 226, s. 1980)

SUGGESTED ACTIVITIES ON THE PROMOTION
OF EYE HEALTH CARE.

1. Survey of eye defects of school children in both public and private schools and colleges.
2. Periodic eye examination and inspection of all pupils and students.
3. Immediate treatment of eye infections and deficiency diseases of the eyes.
4. Integration of nutrition and health education concepts relative to eye health care in various subject areas.
5. Serving of green leafy and yellow vegetables for snacks and hot lunch supplements in school.
6. Increasing the production and consumption of green leafy and yellow vegetables and fruits in the schools and homes.
7. Classroom daily eye relief exercises.
8. Referral of cases needing corrective measures to ophthalmologists and optometrists.
9. Community campaign on eye health care.
10. Conducting simple research on causes, prevention and treatment of eye problems and use of medicinal plants.
11. Production and dissemination of instructional materials on eye health care.
12. Establishing linkages with other government and private health personnel and associations involved in eye health care.
13. Intensive training of teachers and health personnel on eye health care.
14. Vitalizing instruction on eye health education and services in teacher training institutions and in colleges and universities with teacher education component.