

Republika ng Pilipinas
(Republic of the Philippines)
MINISTERI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Manila

July 11, 1980

MEC MEMORANDUM
No. 150, s. 1980

1980 SIGHT SAVING WEEK

To: Bureau Directors
Regional Directors
Chiefs of Services and Heads of Units
Schools Superintendents
Presidents, State Colleges and Universities
Heads of Private Schools, Colleges and Universities

1. This year's Sight Saving Week will be observed from August 4 to 10.
2. Research studies on children have shown that in many cases good eyesight results in better learning, better motor and physical control, and better growth and development. Hence, the importance of the theme "Eyesight Consciousness" to both the home and the school cannot be overemphasized.
3. The general objectives of this Week's celebration are to:
 - a. recognize the value of good sight to children and youth.
 - b. identify the nature and magnitude of the problem of poor sight in school children.
 - c. assess the status of current sight saving programs with regard to proper care of the eyes of children and youth.
 - d. establish and/or improve the sight-saving services of various agencies.
4. Suggested Activities of the week are:
 - a. Eye examination/vision testing of all school children and youth using the Snellen Chart. (A follow-up of the result of the vision test/eye examination will be necessary).

- b. Working out practical ways of integrating lessons on the proper care of the eyes in the different subject areas in the regular schools and in adult education and in out-of-school youth classes.
 - c. Inviting competent speakers to community assemblies or to local radio/television programs to talk on topics geared to the theme, preferably an eye specialist or a health officer.
 - d. Inviting eye specialists to render free services to school children, out-of-school youths, those attending adult education classes, and other patients from indigent families.
 - e. Staging plays or playlets in programs/convocations during the week's celebration.
 - f. Conducting contests on:
 1. Slogan depicting ideas on the values of good eyesight
 2. Essay writing on "The Value of Good Eyesight"
 - g. Creating rhymes, acrostics, poems, stories or anecdotes.
 - h. School health personnel, especially the school physicians and teacher nurses are encouraged to devote their services during the period of observance to the examination of the eyes, vision testing and/or treatment of eye diseases.
5. The appraisal/evaluation of the activities undertaken in connection with the celebration will be done by the standing committee in charge of the observance of the Sight Saving Week.
6. Immediate dissemination of this Memorandum is desired.

(SGD.) ONOFRE D. CORFUZ
Minister of Education and Culture

Reference

N o n e

Allotment: 1-2-3-4 (D.O.- 1-76)

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS & FESTIVALS PUPILS SCHOOLS