

Republika ng Filipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Manila

February 7, 1980

MEC M E M O R A N D U M
No. 33, s. 1980

SURVEY ON THE NUTRITIONAL STATUS OF FILIPINO
PUBLIC SCHOOL CHILDREN

To: Bureau Directors
Regional Directors
Schools Superintendents

1. As follow-up of the study on the nutritional status of Filipino public school children throughout the country conducted in June 1979, the School Health and Nutrition Center will make a progress survey on the nutritional status of the same school children involved in the initial study.
2. The general objective of the progress survey is to assess the nutritional impact of the School Health and Nutrition Program, particularly the supplementary feeding aspect. The specific objectives are:
 - a. to compare percentage distribution in the different nutritional levels by age and sex of public elementary school children before feeding in June 1979 and after supplementary feeding in March 1980, using height and weight standards for Filipino children; and
 - b. to determine the percent standard gain in the mean heights and weights of school children by age, sex, number of feeding days and feeding scheme.
3. The progress survey will be conducted on March 3-14, 1980 by the same data collectors in the initial study. Original copies of the data gathered should be submitted to MEC, attention: School Health and Nutrition Center, Manila, on or before March 31, 1980.

4. In lieu of transportation expenses and per diems, data collectors will be given flat allowance based upon the area of coverage chargeable against School Health and Nutrition Center funds, MEC, Manila subject to the usual accounting and auditing regulations.

5. Inclosed are samples of height and weight record form for the progress survey with accompanying instructions. Forms will be reproduced by the four Applied Nutrition Centers and will distribute adequate copies to the divisions within the area coverage of each center.

6. Full cooperation of those concerned is requested.

(SGD.) ONOFRE D. CORPUZ
Minister of Education and Culture

Incl.:

As stated

Reference:

MEC Memorandum: No. 130, s. 1979

Allotment: 1-2--(D.O. 1-75)

To be indicated in the Perpetual Index
under the following subjects:

EXPENSES
FORMS
NUTRITION EDUCATION
PROGRAM, SCHOOL
PUPILS
SURVEY

(Inclosure to MEC Memorandum No. 33, s. 1960)

HOW TO ACCOMPLISH THE HEIGHT AND WEIGHT RECORD FORM
PART B - PROGRESS SURVEY

Important: Please write legibly

1. Fill in the blanks at the left hand corner of the form which are self-explanatory.
2. Under Feeding Scheme, write the type of feeding given to the participants, whether Nutribun, CSM or purely indigenous food, or any combination, including the number of calories per feeding. For example, 250-calorie nutribun with at least 50-calorie filling, vegetable soup or fruit juice.
3. Under Frequency of Feeding, write the number of feeding times conducted during the week. For example, daily or average 2 to 3 times a week.
4. Under Number of Feeding Days, write the total number of feeding days conducted during the school year.
5. Write the names of pupils whose measurements were taken last June in the same order as found in Part A. Use separate sheets for each sex.
6. Write the date when measurements were taken on the appropriate space. The height and weight of a pupil should be taken on the same day.
7. Determine the pupil's age using Tables of Age Computation and record this in the appropriate space.
8. Record pupil's height in centimeters (up to 0.5 cm.) under column CM and his weight in kilograms (up to 0.1 kg.) under column KG.
9. Record total number of days each pupil was actually fed during the school year in the last column.

