

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Manila

May 17, 1979

MEC MEMORANDUM
No. 130, s. 1979

A STUDY OF THE NUTRITIONAL STATUS OF FILIPINO
PUBLIC SCHOOL CHILDREN

To: Bureau Directors
Regional Directors
School Superintendents

1. The School Health and Nutrition Center will conduct a study on the nutritional status of Filipino public elementary school children throughout the 13 regions as basis for the evaluation of the impact of the School Health and Nutrition Program.

2. The general objective of the study is to assess the nutritional status of Filipino public elementary school children using height and weight standards for Filipino children. The specific objectives are:

- a. Determine the percentage distribution of public elementary school children in the different nutritional levels using height and weight standards for Filipino children by age and sex;
- b. Compare both sexes at the different nutritional levels based on height and weight;
- c. Compare regional profile at the different nutritional levels;
- d. Compare the nutritional levels of school children in remote-rural, rural, semi-urban and urban communities.

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3. The list of divisions included in the study, the sample size and number of data collectors per division, together with the schedule of activities are inclosed. A division supervisor should be designated by the division superintendent to coordinate the data collection. The data collectors will likewise be designated by the superintendent from among the nurses and dentists or qualified personnel. They will gather data in June 1979 and March 1980.
4. In preparation for the study, three-day training courses for data collectors will be conducted as per inclosed schedule.
5. In lieu of transportation expenses and per diems, data collectors shall be given a flat allowance of P75 to P150 for the duration of training and data collection, depending upon the area of coverage.
6. The full cooperation of those concerned is requested.

(SGD.) JUAN L. MANUEL
Minister of Education and Culture

Incls.:

As stated

Reference:

K o n e

Allotment: 1-2--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

NUTRITION EDUCATION
PUPILS
RESEARCH or STUDIES
TRAINING PROGRAMS

(Inclosure No. 1 to MEC Memorandum No. 130, s. 1959)

DISTRIBUTION OF SAMPLES BY DIVISION

REGION	DIVISION	SAMPLE SIZE AGE/SEX	SAMPLE SIZE PER CATEGORY:				NO. OF COLLECTORS
			REMOTE RURAL	RURAL	SEMI-URBAN	TOTAL PROV. SAMPLE	
	PROVINCIAL						
I	Abra	6	96	96	96	288	1
	Iloca Norte	14	224	224	224	672	2
II	Cagayan	30	480	480	480	1440	3
	Nueva Vizcaya	10	160	160	160	480	1
III	Pampanga	46	736	736	736	2208	4
	Bulacan	50	800	800	800	2400	4
IV-A	Aurora	6	96	96	96	288	1
	Romblon	10	160	160	160	480	1
	Occ. Mindoro	10	160	160	160	480	1
V	Cam. Norte	16	256	256	256	768	2
VI	Negros Occ.	60	960	960	960	2880	3
VII	Bohol	36	576	576	576	1728	3
VIII	Samar	20	320	320	320	960	1
IX	Zambo. Sur	36	576	576	576	1728	3
X	Misamis Cr.	18	288	288	288	864	1
	Siargao	4	64	64	64	192	1
XI	Davao Cr.	16	256	256	256	768	1
XII	Maguindanao	12	192	192	192	576	2
	T o t a l	400	6400	6400	6400	19,200	40
	CITY						
I	Sax. Carlos	16				256	1
III	Olongapo	22				352	1
IV (NCR)	Manila	202				3232	2
IV-A	Lipa	18				288	1
V	Iligan pi	16				256	1
VI	Roxas	14				224	1
	La Carlota	10				160	1
VII	Lapu-Lapu	14				224	1
VIII	Ormoc	16				256	1
IX	Dipolog	10				160	1
X	Butuan	28				448	1
XI	Davao	20				320	1
XII	Colabato	14				224	1
	T o t a l	400				6,400	14
	Grand Total					25,600	54

TRAINING SCHEDULE BY REGION AND DIVISION

Region	Division	Training Site	Date of Training	Trainer/Coordinator
I	1. Abra	D.C. Pangasinan	June 18-20	Miss S. Manlongat
	2. Ilocos Norte	D.O. Laoag City	June 13-15	
	3. San Carlos City	D.O. San Carlos	June 13-15	
II	4. Cagayan	D.O. Tuguegarao	June 13-15	Miss L. Deogracias
	5. Nueva Vizcaya	D.O. Bayombong	June 18-20	
III	6. Pampanga	Regional Office	June 13-15	Mrs. Thelma G. Santos
	7. Bulacan	San Fernando		
	8. Olongapo City			
IV-A	9. Aurora	D.O. Baler	June 13-15	(CARE) Mrs. L. Salaysay
	10. Romblon	D.O. Romblon	June 13-15	
	11. Occ. Mindoro	D.C. Mamburao	June 18-20	
IV (NCR)	12. Lipa City	D.O. Lipa City	June 18-20	Miss R. Fontanilla
	13. Manila	D.C. Manila	June 13-15	
V	14. Camarines Norte	D.C. Daet	June 18-20	CRS Staff Dr. A. Simon
	15. Legazpi City			
VI	16. Negros Occidental	D.O. Bacolod	June 13-15	Miss Rubic
	17. La Carlota City			
	18. Roxas City	D.O. Roxas City	June 18-20	
VII	19. Bohol	D.O. Tagbilaran	June 13-15	Miss Aida Atencia
	20. Lapu-Lapu City	D.O. Lapu-Lapu City	June 18-20	
VIII	21. Ormoc City	D.O. Ormoc City	June 13-15	Mr. M.T. Manuel
	22. Samar	D.C. Catbalogan	June 18-20	
IX	23. Zamboanga del Sur	D.C. Pagadian City	June 13-15	Dr. M. Ayllon
	24. Dipolog City	D.O. Dipolog City	June 18-20	
X	25. Misamis Oriental	D.C. Cagayan de Oro	June 13-15	Miss C. Cabucan
	26. Butuan City	D.O. Butuan City	June 18-20	
	27. Siargao			
XI	28. Davao Oriental	D.O. Davao City	June 13-15	Dr. R. de Guia
	29. Davao City			
XII	30. Maguindanao	Regional Office	June 13-15	Mr. Abo Manuel
	31. Cotabato City	Cotabato City		

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