

Republika ng Pilipinas
(Republic of the Philippines)
MINISTRI NG EDUKASYON AT KULTURA
(MINISTRY OF EDUCATION AND CULTURE)
Manila

January 23, 1979

MEC MEMORANDUM
No. 24, s. 1979

1979 SUMMER CLASSES IN PHYSICAL EDUCATION

To: Bureau Directors
Regional Directors
Coordinator, State Colleges and Universities
Schools Superintendents
Heads of Private Schools, Colleges
and Universities

1. The Institute of Physical Education and Sports of the Polytechnic University of the Philippines will offer a program leading to a Certificate in Physical Education, during the summer term of 1979. The aims of the Institute are to assist the government in the attainment of its physical fitness and sports objectives and to help meet the country's need for training centers in physical education, for teachers, sports coaches and recreation leaders.

2. The summer classes will be held from April 16 to May 26, 1979 for teachers in both public and private schools and college students majoring in physical education. Those desiring to enroll may send their application to the Director, Institute of Physical Education and Sports or the Registrar, Polytechnic University of the Philippines, Sta. Mesa, Manila.

3. Inclosed is a detailed information on the course and a list of subjects to be offered.

(SGD.) JOSE L. MANUEL
Minister of Education and Culture

Incl.:
As stated

References:

N o r e

Allocation: 1-2-3-4--(D.O. 1-75)

To be indicated in the Formal Index
under the following subjects:

✓ATHLETICS
✓CLASSES
✓Course of Study, COLLEGIATE
✓CURRICULUM
✓STUDENTS
✓TEACHERS
✓VACATION CLASSES

(Inclosure to MEC Memorandum No. 24, s. 1979)

Polytechnic University of the Philippines
INSTITUTE OF PHYSICAL EDUCATION AND SPORTS
Sta. Mesa, Manila

1979 SUMMER CLASSES IN PHYSICAL EDUCATION

1. Summer classes in Physical Education will be held at the Institute of Physical Education and Sports, Polytechnic University of the Philippines, from April 16 to May 26, 1979, for teachers in both public and private schools and college students majoring in Physical Education.
2. Registration for the summer classes will be held at the Institute of Physical Education and Sports, Polytechnic University of the Philippines, Sta. Mesa, Manila from April 2 to 15, 1979 at 8:00 a.m.-5:00 p.m.
3. Classes will open on April 16 and close on May 26, 1979. One period of 90 minutes will be scheduled for each class six days a week. Enrollment in each class will be limited to 40 students.
4. The maximum load in which summer school students in Physical Education will be permitted to enroll is ten units (six theoretical and four practical).
5. The courses to be offered are listed on the next page together with the financial information. Completion of each course will be credited toward the earning of a Certificate in Physical Education for which 40 units will be required.
6. Students of the summer classes are required to provide themselves with the following personal equipment:

MEM

White T-shirts
Maroon shorts
Tennis shoes

WOMEN

2 piece maroon gym-suit
Dance or tennis shoes

CERTIFICATE IN PHYSICAL EDUCATION

The Institute of Physical Education and Sports offers Certificate in Physical Education (C.P.E.) for those who are holders of baccalaureate degrees. It is open to graduates of:

1. B.S.R.
2. B.S.E.M.
3. B.S.P.E.
4. A.B. or B.S.C. who have taken at least 10 units of professional education courses.

COURSES

FIRST TERM

UNITS

Foundations of Physical Education and Sports	3
Health and Safety	3
Gymnastics	2
Team Sports I	2
	10 Units

SECOND TERM

Autonomy and Kinesthology	3
Recreation Leadership and Maytag Program	3
Individual/Dual/Cooperative Sports I	2
Sports/Dance/Aquatics (Elective)	2
	10 Units

THIRD TERM

Physiology of Physical Activity	3
Management of Athletic Competition	2
Sports/Dance/Aquatics (Elective)	2
Sports II - Advanced Sports (Elective)	2
	9 Units

FOURTH TERM

Measurement & Evaluation in Physical Education and Sports	3
Teaching Methods in Physical Education and Sports	3
Administration of Physical Education and Sports	3
Sports (Specialization)	2
	11 Units

FINANCIAL INFORMATION

Tuition Fee	P40.00/subject	P160.00
Medical & Dental		6.50
Library		10.00
Physical Education		4.00
Registration Fee		5.00
T O T A L	-----	P185.50



