

Republika ng Pilipinas  
(Republic of the Philippines)  
MINISTRI NG EDUKASYON AT KULTURA  
(MINISTRY OF EDUCATION AND CULTURE)  
Manila

January 17, 1979

MEC MEMORANDUM  
No. 16, s. 1979

IMPLEMENTATION OF LOI NO. 764

To: Bureau Directors  
Regional Directors  
Chiefs of Services and Heads of Units  
Coordinator, State Colleges and Universities  
Schools Superintendents  
Heads of Private Schools, Colleges  
and Universities

1. Inclosed are the implementing guidelines of LOI No. 764, "Relative to the School Health Guardian Program."
2. The School Health Guardian Program aims to educate teachers and school children in the use of medicinal plants and herbs and simple remedies for common ailments.
3. In rural and in many urban areas where there are no physicians nor other health officials and medical supplies, there is a need to develop the competencies of the school population in the use of available common medicinal plants and herbs.
4. Attention is called to the salient points of the implementing guidelines as follows:
  - a. A region/division training schedules should be prepared and submitted to the School Health and Nutrition Center, Ministry of Education and Culture, Manila.
  - b. All regions, divisions and schools are requested to keep, for easy reference, an album or scrapbook of medicinal plants/herbs showing among other things: name of plant/herb, if possible its scientific name; use(s); how to use and the dosage; and a picture or pressed specimen of the medicinal plant/herb.
  - c. All schools are encouraged to maintain herb gardens/plots, with plants properly labeled.







- d. A tie-up or linkage with a college or university to study medicinal plants/herbs, particularly their use and dosage, should be encouraged.
  - e. Each region/division should enrich its curricular offerings through an integrated Health Guardian Program approach that suits the school capability and local conditions.
  - f. In case teacher training is held on Saturdays, teachers are entitled to service credit.
  - g. Deadlines of the different phases of the regional/division seminar-workshops as given in the inclosed guidelines should be adhered to strictly.
5. In this connection, a one-day orientation seminar of regional directors and/or assistant regional directors, who will act as project directors of the School Health Guardian Program in the regions, will be held at the University of Mindanao, Davao City, on January 27, 1979.
6. The purpose of the seminar is to discuss the aforementioned LOI and the reports on the fulfillment of plans and programs prepared in the first national planning conference held in Cebu on November 20-22, 1978.
7. Immediate dissemination of this Memorandum is desired.

(SGD.) JUAN L. MANUEL  
Minister of Education and Culture

Incl.:

As stated

Reference:

MCC Memorandum No. 327, s. 1978

Allotment: 1-2-3-4--(D.O. 1-76)

To be indicated in the Perpetual Index  
under the following subjects:

✓HEALTH EDUCATION	✓SCHOOLS
✓LEGISLATION	✓SEMINAR
✓OFFICIALS	✓TRAINING PROGRAM
✓PROGRAM, SCHOOL	✓WORKSHOP









(Inclosure to MEC Memorandum No. 16, of 1979)

**GUIDELINES IN THE IMPLEMENTATION OF LOI 764**

1. Four-day regional/division seminar-workshop to train division trainers shall be completed by April 30, 1979.

a. **Expected Outputs:**

By this date participants should be able to:

- 1) Prepare a training design and implementation activities of the School Health Guardian Program for their respective region/division taking into consideration the existing situation/present status of the different activities.
  - 2) Formulate an evaluation design for the School Health Guardian Program to include:
    - a. Gathering baseline data
    - b. Analysis and interpretation of findings
    - c. Recommendations
  - 3) Identify ailments/diseases common among school children and community.
  - 4) Identify local medicinal plants/herbs.
  - 5) Utilize local medicinal plants/herbs commonly used in the community.
- b. Participants to these seminars/workshops shall be the coordinators/supervisors of health, nutrition, environmental education, adult literacy, non-formal education, the Senior Dental Supervisor and the School Division Medical Officers who are entitled to twenty pesos (P20) daily allowance for board and lodging, also transportation expenses from division to the region and return.
- c. Resource persons, lecturers may be invited from strong practitioners or knowledgeable persons in the community, particularly members of professional associations and civic organizations, and the army (jungle survival instructors).
- d. The regional seminars/workshops shall be schoed in the local level.

2. Three-day district (or cluster of districts) seminar/workshop

a. **Expected Outputs:**

At the end of the seminar/workshop the participants should be able to:







~~1) Identify ailments/diseases common among school children and community.~~

2) Identify local medicinal plants/herbs.

3) Utilize local medicinal plants/herbs commonly used in the community.

4) Use an evaluation instrument.

5) Analyze and interpret findings.

6) Implement programs/projects.

b. Division trainers who attended the regional seminars/workshops may be divided into ~~two~~ <sup>three</sup> (3) teams to be able to conduct seminars/workshops simultaneously.

c. Trainers shall be given flat allowance ranging from ₱75 to ₱150 depending upon area of coverage.

~~d. District training shall have been completed by June 30, 1979. If training of teachers will be on a Saturday, teachers will be given service credit.~~





