

Republika ng Pilipinas
(Republic of the Philippines)
KAGAWARAN NG EDUKASYON AT KULTURA
(DEPARTMENT OF EDUCATION AND CULTURE)
Manila

July 8, 1977

DEPARTMENT MEMORANDUM
No. 142, s. 1977

ONE-WEEK LEADERSHIP TRAINING WORKSHOP IN BOXING,
7-MEN FOOTBALL, WEIGHTLIFTING, GYMNASTICS,
AND TABLE TENNIS

To: Bureau Directors
Regional Directors
Coordinator, State Colleges and Universities
Schools Superintendents

A one-week leadership training workshop-seminar in selected sports will be sponsored by the DEC Sports Development Program Special Committee in cooperation with some national sports associations, to train coaches and sports leaders in the promotion and conduct of amateur boxing, 7-men football, weightlifting, gymnastics and table tennis as part of the DEC Integrated Physical Fitness and Sports Development Program. This training will be held in five (5) different sites. A tentative program of the leadership training workshop-seminar is inclosed.

After the one-week leadership training workshop-seminar, the participants should be able to:

- a. Conduct one-week leadership training workshop-seminar in the division;
- b. Coach correctly and effectively amateur boxing, weightlifting, gymnastics, 7-men football, and table tennis;
- c. Interpret and implement correctly the rules of the sports;
- d. Internalize the values derived from these sports; and
- e. Plan a systematic training program of the sports for their division.

3. The schedule of this one-week leadership training workshop-seminar is as follows:

<u>Regions</u>	<u>Venue</u>	<u>Host Divisions</u>	<u>Inclusive Dates</u>
a) I, II & III	Cabanatuan City	Cabanatuan City and Nueva Ecija School Divisions	Sept. 19-22, 1977
b) IV, IV-A & V	San Pablo City	San Pablo City School Division	Sept. 12-15, 1977
c) VI-VII & VIII	Cebu City	Cebu City & Cebu School Division	Sept. 26-29, 1977
d) IX & XII	Cebu City	Cebu City School Division	Sept. 19-22, 1977
e) X & XI	Cagayan de Oro City	Cagayan de Oro City & Misamis Oriental School Divisions	Sept. 26-29, 1977

4. Each school division will send only three (3) delegates, composed by two (2) young, active and experienced male physical education teachers or coaches and the division Physical Education Supervisor who will act as the team leader. A nominal registration fee of ₱20 will be charged each participant to help defray the expenses for handouts and materials basically needed in the training. All delegates are required to bring with them rubber shoes and enough pieces of gym suits.

5. Expenses of the three (3) delegates from each division in the one-week leadership training workshop-seminar will be charged against the PEO Sports Development Program Funds set aside for this purpose. The Regional Supervisors of Physical Education will charge their expenses against the same funds. Due to very limited funds, the delegates are requested to take the third class transportation. State colleges and vocational schools under superintendents, as well as private schools, may send one (1) delegate each, all expenses to be charged against their respective school funds.

(SGD.) JUAN L. MAJUEL
Secretary of Education and Culture

Incl.:
As stated

Reference:
None

Allotment: 1-2-3-4--(D.O. 1-76)

To be indicated in the Perpetual Index
under the following subjects:

ATHLETICS /
FUNDS /
SEMINARS /
WORKSHOPS /

(Inclosure to Department Memorandum No. 142, s. 1977)

TENTATIVE PROGRAM OF THE LEADERSHIP TRAINING
IN SPORTS AND PHYSICAL EDUCATION

Sunday P. M. - - - - - Registration of delegates and physical
examination

1st Day - - - - - Presiding- Physical Development
Supervisor of the host division.

8:00-9:00 - - - - - Continuation of registration and
physical check-up.

9:00-10:00 - - - - - Host Division - in-charge of Opening
Program.

10:00-10:15 - - - - - B R E A K

10:15-12:00 - - - - - a. Introduction of delegates
b. Orientation of the objectives
and procedures of the leadership
training and physical education.
c. Grouping by sports and election
of officers.

1. Group A - Amateur Boxing
2. Group B - Competitive Gymnastics
3. Group C - 7-man Football System
4. Group D - Weightlifting
5. Group E - Table Tennis

12:00-2:00 - - - - - NOON BREAK

2:00-5:00 - - - - - Group Sessions

7:30-9:00 - - - - - Evening Sessions - Demonstrations

2nd Day; 3rd Day and 4th Day - - Presiding - One of the Consultants

8:00-8:30 - - - - - Plenary sessions and checking of
attendance, clearing of doubts.

8:30-12:00 - - - - - Group sessions, demonstrations,
discussions, all activities will
focus on development techniques.

12:00-2:00 - - - - - NOON BREAK

2:00-5:00 - - - - - Continuation of group sessions, prac-
ticum - all participants are expected
to attend the activity.

7:00-9:00 - - - - - Evening Sessions - Workouts
in boxing, gymnastics, weight-
lifting, and table tennis.

Last Day

7:30-8:30 - - - - - Plenary Sessions

8:30-12:00 - - - - - Continuation of Lectures,
Demonstration Workouts, Gather-
ing feedbacks, evaluation of
the training.

12:00-2:00 - - - - - NOON BREAK

2:00-4:00 - - - - - Submission of training programs.
Announcement of the results of
the evaluation of the training.
Reading of resolutions and
finalization of reports.

4:00-5:30 - - - - - CLOSING CEREMONIES
In-charge of the programs.