

Republika ng Pilipinas  
(Republic of the Philippines)  
KAGAWARAN NG EDUKASYON AT KULTURA  
(DEPARTMENT OF EDUCATION AND CULTURE)  
Manila

February 12, 1976

DEPARTMENT MEMORANDUM  
No. 44, s. 1976

FIFTH NATIONAL SEMINAR-COORDINATOR OF THE PHILIPPINE  
ASSOCIATION OF PHYSICAL EDUCATION AND  
SPORTS FOR GIRLS AND WOMEN (PAESGAW)

To the: Bureau Directors  
Regional Directors  
Coordinator, State Colleges  
and Universities  
Schools Superintendents

1. The Philippine Association of Physical Education and Sports for Girls and Women is sponsoring its Fifth National Seminar-Workshop on Physical Education to be held at the Far Eastern University P.E. Annex, Manila, from March 29 to April 2, 1976 with the theme: "Better Physical Education through Effective Supervision."

2. This year's seminar will be exclusively for physical education supervisors/coordinators on the division and regional levels, and for heads of physical education departments of teacher-training institutions offering professional physical education courses.

3. Considering the vital role played by the physical education supervisors and the heads of P.E. departments of teacher-training institutions in improving the physical fitness of the youth and accelerating the sports development of the country, it is desired that attendance in the seminar on official time be encouraged.

4. It is requested that this Department Memorandum be given wide publicity in the divisions and the teacher-training institutions concerned.

(SGD.) JUAN L. MANUEL  
Secretary of Education and Culture

Incl.:

As stated

References:

General Letter No. 15, dated February 9, 1975

Allocations: 1-2-3—(D.O. 1-78)

To be indicated in the Perpetual Index under the following subjects:

ATHLETICS

Course of Study, COLLEGE

OFFICIALS

SCOUTS

CRISIS

(Inclosure to Department Memorandum No. 44, s. 1976)

PHILIPPINE ASSOCIATION OF PHYSICAL EDUCATION  
AND SPORTS FOR YOUTH AND WOMEN, INC.  
Manila

59TH NATIONAL SEMINAR-WORKSHOP TENTATIVE PROGRAM

Date : March 26 to April 2, 1976  
Place : Far Eastern University, F.E. Annex, Manila.  
Theme : Better Physical Education through effective Supervision

A. Objectives of the Seminar-Workshop:

General:

Evolve a commitment to physical education and sports as a vital tool in human resources development.

Specific:

Gain skills in synthesizing into the various aspects of supervision or better teaching in physical education and sports.

Encourage discovery, active inquiry, high degree of involvement, critical thinking and creativity, through an open-ended approach to supervision.

Construct evaluative tools for measuring staff development and pupil progress in physical education

B. Program of Activities:

First Day

|                    |       |  |
|--------------------|-------|--|
| 8:00 - 9:00 A.M.   | ..... | Registration   |
| 9:00 - 10:00 A.M.  | ..... | Opening Ceremony   |
| 10:00 - 10:30 A.M. | ..... | B r e a k  |
| 10:30 - 11:30 A.M. | ..... | Free Time  |
| 11:30 - 12:30 P.M. | ..... | L u n c h  |
| 12:30 - 1:00 P.M.  | ..... | Getting-to-Know You Hour   |
| 1:00 - 2:30 P.M.   | ..... | Plenary Session<br>Report of the President<br>Mechanics of the Seminar |
| 2:30 - 3:00 P.M.   | ..... | B r e a k  |
| 3:00 - 4:30 P.M.   | ..... | Talk - Working with People<br>and Understanding<br>Human Motivators    |
| 4:30 - 5:00 P.M.   | ..... | Group Sessions   |

Second Day

8:00 - 8:15 A.M. .... Warm Up Exercises  
8:15 - 10:00 A.M. .... Panel Discussion - Orientation and Introduction to Effective Supervision  
10:00 - 10:30 A.M. .... B r e a k  
10:30 - 12:00 A.M. .... Reaction from Panel and Open Forum  
12:00 - 1:00 P.M. .... L u n c h  
1:00 - 1:30 P.M. .... Recreation Hour  
1:30 - 2:30 P.M. .... Panel Discussion - Gateways and Barriers to Effective Communication  
2:30 - 3:00 P.M. .... B r e a k  
3:00 - 4:30 P.M. .... Reaction from Panel and Open Forum  
4:30 - 5:00 P.M. .... Group Sessions

Third Day

8:00 - 8:15 A.M. .... Warm Up Exercises  
8:15 - 10:00 A.M. .... Lectures - Programming in Physical Education  
10:00 - 10:30 A.M. .... B r e a k  
10:30 - 12:00 A.M. .... Practicum - Preparing Physical Education Programs  
12:00 - 1:00 P.M. .... L u n c h  
1:00 - 1:30 P.M. .... Recreation Hour  
1:30 - 3:00 P.M. .... Lecture - Planning and Programming of Athletics  
3:00 - 3:30 P.M. .... B r e a k  
3:30 - 4:30 P.M. .... Practicum - Planning and Programming of Athletics  
4:30 - 5:00 P.M. .... Group Sessions

Fourth Day

8:00 - 8:15 A.M. .... Warm Up Exercises  
8:15 - 10:00 A.M. .... Lecture with Open Forum - Developing Leadership Behavior; Leadership Style and Patterns of Behavior Innovation  
10:00 - 10:30 A.M. .... B r e a k  
10:30 - 12:00 A.M. .... Lecture with Open Forum - Evaluation as a Tool of Supervision  
12:00 - 1:00 P.M. .... L u n c h

|                  |       |   |
|------------------|-------|---|
| 1:00 - 1:30 P.M. | ..... | Recreation Hour   |
| 1:30 - 2:45 P.M. | ..... | Lecture with Open Forum -<br>Evaluative Tools in<br>Physical Education  |
| 2:45 - 3:15 P.M. | ..... | B r e a k   |
| 3:15 - 4:30 P.M. | ..... | Practicum - Development of<br>Evaluative Tools in<br>Physical Education |
| 4:30 - 5:00 P.M. | ..... | Group Sessions  |

Fifth Day

|                    |       |  |
|--------------------|-------|--|
| 8:00 - 8:15 A.M.   | ..... | Warm Up Exercises  |
| 8:15 - 9:15 A.M.   | ..... | Critique: Pre-Service Pro-<br>gram in Physical Education |
| 9:15 - 10:00 A.M.  | ..... | Open Forum   |
| 10:00 - 10:30 A.M. | ..... | B r e a k  |
| 10:30 - 12:00 A.M. | ..... | Lecture Demonstration on Dance                           |
| 12:00 - 1:00 P.M.  | ..... | L u n c h  |
| 1:00 - 2:00 P.M.   | ..... | Recreation Hour  |
| 2:00 -             | ..... | Closing Ceremony   |